

The Twickenham Tribune

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Contributors

[TwickerSeal](#)
[Alan Winter](#)
[Erica White](#)
[Doug Goodman](#)
[St Mary's University](#)
[Sammi Macqueen](#)
[Bruce Lyons](#)
[TwickerGrump](#)
[Alison Jee](#)
[Shona Lyons](#)
[Mark Aspen](#)
[Rugby Football Union](#)

EDITORS

[Berkley Driscoll](#)
[Teresa Read](#)

Contact

contact@TwickenhamTribune.com
letters@TwickenhamTribune.com
advertise@TwickenhamTribune.com



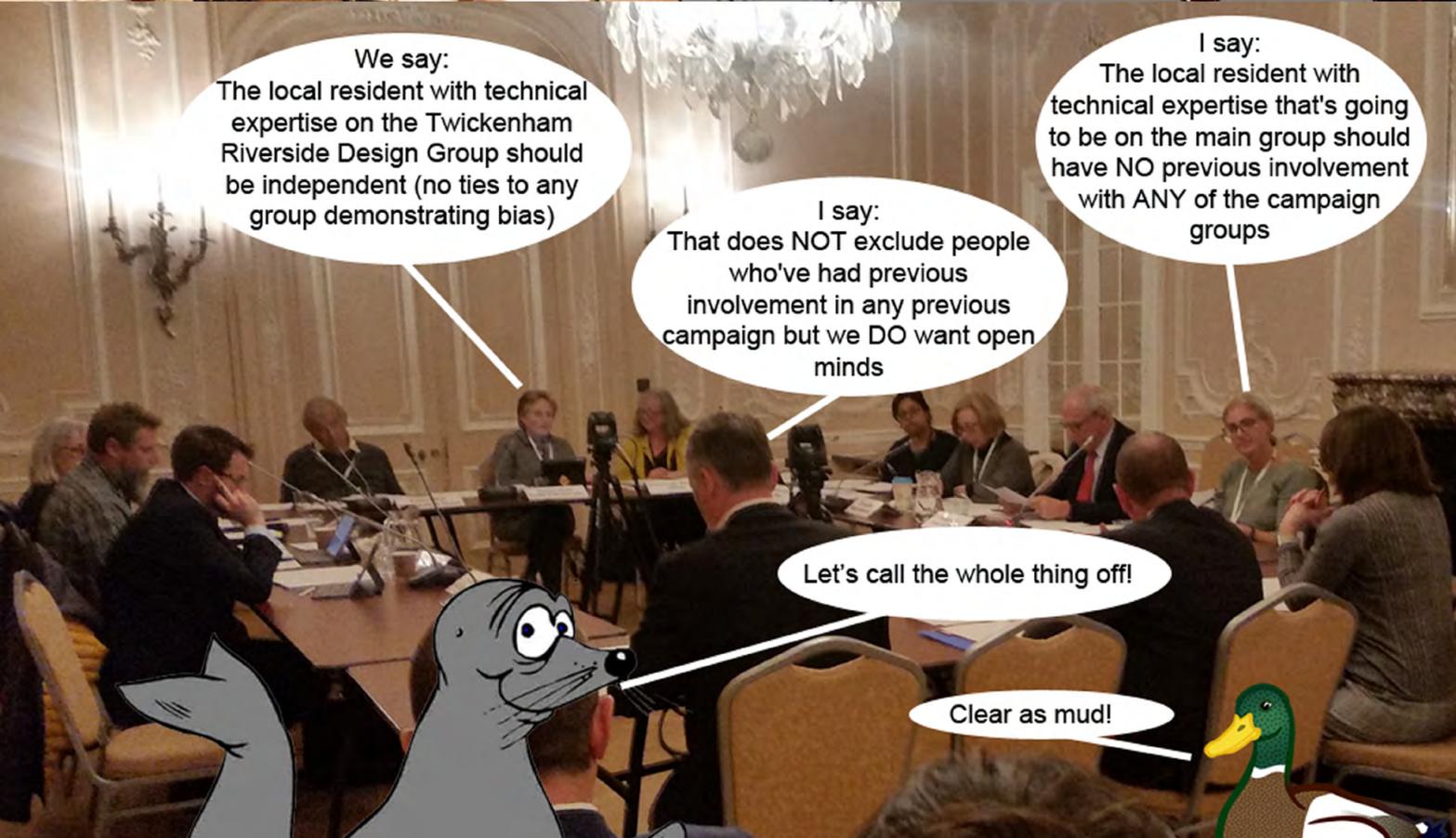
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Teddington Lock
 Photo by Berkley Driscoll

Following my piece last week, I am pleased to say that Thursday's Cabinet meeting cleared up any confusion over who could stand as the local resident with technical expertise.

You should have no ties to any group, even if you have ... in the past ... er

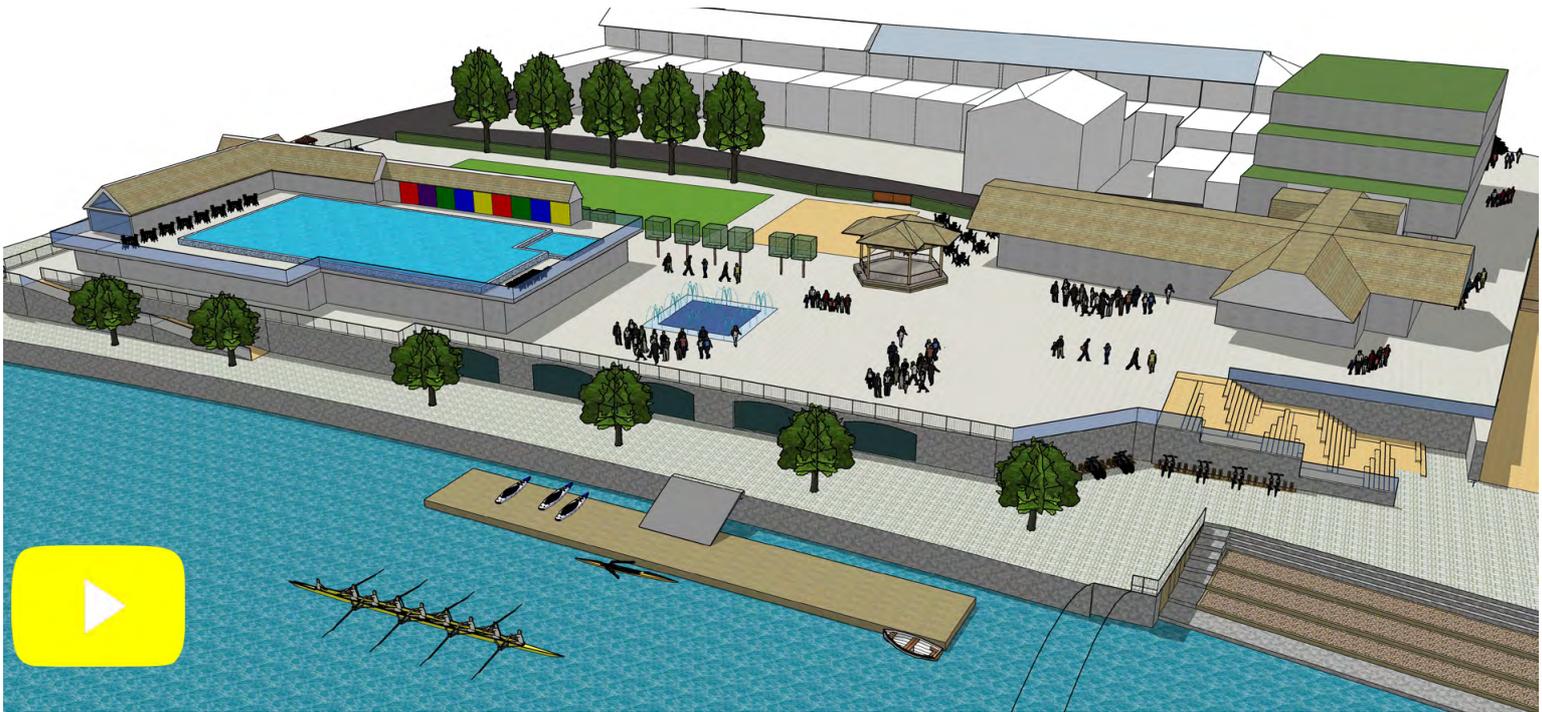


Twickenham Lido - A Concept in Progress - Watch This Space

Plan and video updated Friday 9th November

The wish to bring back an outdoor pool stems back to the 1980s following the closure of Twickenham Baths. In the decade that followed the closure of the ice rink in East Twickenham was another blow to the social life of Twickenham.

Since that time a number of concepts have been put forward, but none have gone forward. This Twickenham Lido concept not only returns the outdoor pool - a modern lido with community café and restaurant - but a large town square with plenty of space for the Christmas and New Year temporary ice rink. A ramp with steps gives easy access to the site.



Click image above to view video walkthrough

Diamond Jubilee Gardens and the children's playground remain a central feature.

The front of the site, on King Street, has a complex for retail/commercial and residential use. An indoor market reminiscent of modern markets in European cities, such as the Mercato in the Termini in Rome or Sant Antoni Market in Barcelona, flows from the units mentioned above. Mood boards will be presented which gives the flavour of such ultra-modern retail and food outlets.

Boathouses will connect the complex to the river. The SUP - Stand Up Paddleboarding - club hopes to operate from this side of the river.

There are also options for a pontoon and the bridge linking Twickenham with the other side of the river.

Underground parking will be provided.

Proposal and Plan www.twickenhamlido.com

Drawings by Berkley Driscoll

© Berkley Driscoll

Twickenham Lido/Twickenham Alive and the Market Concept

The “Twickenham Lido”/Twickenham Alive modern market concept is an amalgamation of two widely acclaimed ultra-modern markets: food and drink in Rome <http://www.mercatocentrale.it/roma> and a modern take on a traditional market in Barcelona <https://www.mercatdesantantoni.com> – both markets have considerable style and enormous variety.

The Mercato Centrale in the Termini in Rome is a feast of food and drink: Mediterranean, European, street food and good wines – an extravaganza for the foodie. And on top of all this – literally – there is a first class restaurant where you can watch the world go by, on the floor below.



The San Antonio market in Barcelona was originally built in 1882 and a refurbished version was opened earlier this year; an Aladdin’s cave of fresh food and an eclectic mix of everything you might want to buy. In true continental style, food and drink is available for those who might want to just sit and enjoy the life around them.



As with the lido concept, regeneration and social interaction is our theme for introducing the market - an addition to the sport and leisure on the site; something for everyone.

Key words: open up the riverside, economic growth, job creation, income generation, regeneration, pedestrianisation, easy access, social hub, market, community café, good food, sport and leisure, history (lido, ice rink, Richmond House).

<http://lidosalive.com/> LIDOS ALIVE

<http://icerinx.com/index.html> ICERINX

– a social hub: a lido, ice rink, sport and leisure, good food, a new shopping experience.

TwickerTape - News in Brief

Council agrees firmer enforcement approach on unauthorised encampment

On 15th November Cabinet agreed a new approach to enforcement against unauthorised encampment on Council owned parks, open spaces, and highways.

In recent months there have been a number of unauthorised traveller camps on Council land. Under present practice it can take between two to three weeks to secure a Removal Order and this does not stop evicted travellers moving to nearby borough property.

At last night's Cabinet members agreed to streamline and improve the process by seeking a borough-wide preventative injunction to protect all the Council's parks, open spaces and highways. This will expedite matters and prevent encampments relocating to other Council land. The proposed new injunction, if granted, will speed up the process, apply across all Council land and act as a deterrent to future would-be campers.

Council to launch litter squad

Cabinet members agreed proposals to trial a new Environmental Enforcement Service and increase the current littering Fixed Penalty Notice value from £100 to £150.

Reducing fly-tipping and littering and ensuring the borough's streets are clean, green, and safe, is one of the key priorities for the Council. Earlier this year the Council carried out a campaign to reduce the amount of fly-tipping and littering across the borough.

Despite a drop in reported issues, littering continues to be a problem. Therefore, the Council is proposing to procure a new, external, uniformed environmental enforcement service to further discourage offenders.

In addition, it is proposed to increase the littering fine from £100 to the maximum permitted amount of £150.

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TWICKENHAM RIVERSIDE: LBRUT CABINET 15 NOVEMBER 2018

Last night at Cabinet Cllr Roberts put forward the scrutiny committee's recommendation regarding the 'resident with relevant technical experience' (see below), he said that a local resident ***"should be independent, ie no ties to any group which has demonstrated bias, they may have in the past, but now really we are looking for someone who is going to be open minded and is going to help drive something good for Twickenham forward."*** This was carried by the Cabinet;

The following process was agreed as a way forward for TWICKENHAM RIVERSIDE.

RIBA competitions to run the Design Competition route to appoint an architect for the Twickenham Riverside site. (NOVEMBER)

Establish a LOCAL STAKEHOLDER REFERENCE GROUP, to be made up of those with an interest in the Riverside regeneration. Cllr Roberts will chair meetings. (NOVEMBER - DECEMBER)

Establish the Twickenham Riverside DESIGN GROUP to sign off the Brief (NOVEMBER - DECEMBER) AND form the evaluation panel for the Design Competition. The group - of 7 - will require local and expert knowledge. These will include Cllr Gareth Roberts, Cllr Martin Ellengorn, Cllr Geof Acton, 1 Riverside councillor, 1 member representing the Local Stakeholder Reference Group, 1 local resident with relevant technical experience and a technical expert appointed by RIBA 'Architect Advisor'.

Notes: other consultants will be appointed as required to support the process with information which may be required. Adjacent Neighbours: the Council will work with the Twickenham Riverside Trust which has a lease on Diamond Jubilee Gardens, the owners of 3-33 King Street and the Eel Pie Island Association

Approve the resources for the above including the commission of external consultants to support the Competition process, required survey work ...

Evaluate and shortlist bidders (JANUARY - FEBRUARY)

Submission of designs (end MARCH)

Public Consultation (Mid APRIL - MAY)

Appoint architect (JUNE)

Architects will be paid an honorarium.

Cost: £210,659 from Uplift funds (in addition to the money spent by the previous administration).

PREVIOUS COSTS

Cost of the remainder of the Twickenham Riverside site (which did not belong to the Council) £6.84m Area Uplift capital programme funding.

Feasibility studies £1.15m Area Uplift fund

Up to October 2017 Cabinet had approved budgets of £2.186m for design development, consultation and engagement and site preparation works. "It is likely that similar expenditure levels can be anticipated to be required for a new scheme."

TWICKENHAM AREA ACTION PLAN: Mix of uses including town centre uses, leisure/café use, residential and open space, including a public square or other civic space, improving links between this area and the core of the town.

<https://cabnet.richmond.gov.uk/ieListDocuments.aspx?CId=163&MId=4390>

LBRuT Cabinet 15 November 2018

Twickenham Riverside - an historical note

Last night at Cabinet, before agreeing the way forward for the much-disputed Twickenham Riverside site, only one speaker came forward; to promote the idea that the riverside site had been part of a village. However, some historical clarification is needed.

The Twickenham Riverside site was not part of a village post-1662 – the history from 1662 to 2018 is well documented although there is no evidence for the site for an earlier date.

The following information is particularly for new councillors - many of whom will not know the history of the site although Cllr Ellengorn did make clear that towns which have grown up along the Thames were once villages.

The building on the Twickenham riverside site was one of the great houses along the river, the first occupant was Edward Birkhead who married Ellen Middleton – whose surname is known to many of us today.

In 1682 Francis Newport, the First Earl of Bradford, lived on the Twickenham Riverside site and an amazing art collection was housed in Richmond House - since moved from Twickenham; work by Van Dyck, Michelangelo and Holbein.

Other inhabitants in Richmond House on the Twickenham Riverside site include Lord and Lady Torrington, the Sixth Viscount Montague, Sir Anthony Tracy-Keck, Sir Stephen Janssen, the Countess of Shelburne, the Countess of Elgin, Lord Montague and many more. The last well-known owner was Joseph Mears, probably remembered as a founder of Chelsea Football Club. Towards the end of its history Richmond House was replaced by a smaller Richmond House.

Thus, there is no evidence of a “village” on the site post 1662.

One well known inhabitant adjacent to Richmond House was Charlie Shore who was born in Bell Lane in 1873. Charlie was a “waterman” and remembered for the Charlie Shore Boys and Girls Regatta.

This history is the result of primary research funded by the Heritage Lottery Fund. Thus, from the late seventeenth century the Twickenham Riverside site was occupied by a grand house – not a village.

Following the sale of the Richmond House site Twickenham Baths occupied the site and was finally replaced by Diamond Jubilee Gardens. The history of Twickenham [outside] baths was the subject of a second Heritage Lottery funded grant, also involving primary historical research. Publications have been produced for research findings for the history of the site from 1662 until the present day.

The True History of the Twickenham Riverside site:

Richmond House <http://www.memoriesoftwickenhamriverside.com/PDF/RichmondHouse.pdf>

From the HLF project, Memories of Twickenham Riverside

<http://www.memoriesoftwickenhamriverside.com>

Further Reading:

<http://www.worldinfozone.com/features.php?section=StrawberryHillNeighbours>

Council to fine Thames Water for unacceptable delays to water works

Thames Water will be fined for any ongoing delays to the completion of sewer main repairs at 391 Richmond Road, adjacent to Richmond Bridge.

The emergency works are as a result of someone pouring a substantial amount of concrete into the sewer. This caused a blockage over 35 metres long. Whilst the pipe is being replaced, Thames Water has had to install two tankers to pump out waste 24 hours a day, to protect the environment and ensure nearby properties and businesses are not flooded with sewage. This work has taken a lot longer than the three weeks originally anticipated by Thames Water and the delays have caused significant disruption to nearby businesses and residents. Whilst the Council is supporting the investigation into the culprit of the concrete, the repair works have clearly taken too long.

Therefore, the Council will now be fining Thames Water (under section 74 of The New Roads & Streetworks Act) for prolonging completion of these works. Daily fines will be applied from today (Tuesday 13th November).

To enable works to be completed as soon as possible the Council has approved 24-hour working however, if residents or businesses have any issues with noise attributed to these activities, please file a complaint on the Council's website.



Thames Water are continuing their investigation into the cause of this serious incident and all enquiries from affected businesses should be directed to them in the first instance.

Cllr Alexander Ehmann, Cabinet Member for Transport, Streetscene and Air Quality said: "Clearly the blame for these works lies with those who were responsible for the concrete entering the sewer. We have been pressing Thames Water to conclude their investigation into the cause and we hope they will ensure appropriate fines and compensation for local businesses will follow.

"However, Thames Water have taken far too long to repair the problem and weeks of proposed work have turned into months of disruption. That is why Richmond Council have begun daily fining Thames Water for non-completion of the repairs.

"We hope that this will act as a necessary impetus to complete the works at the earliest opportunity and return the area to normality."

All queries from affected businesses should be addressed in the first instance to Thames Water on 0800 316 9800 quoting your address and reference number BB971876.



Freedom Of Information Request

Thames Bridge Feasibility Report

On 14th October The Twickenham Tribune submitted a Freedom Of Information request to Richmond Council as follows:

Dear Richmond upon Thames Borough Council,

RE: Pedestrian and Cycle Bridge Feasibility Study - WSP Report

Could you please confirm the following:

1. What date was this report commissioned?
2. Which Councillor or officer commissioned this report?
3. What is the TOTAL cost of this report to the council (including amounts paid and amounts due)?
4. Have there been any other associated costs other than those due to WSP?

On 16th November we received the following answers:

1. The consultants were commissioned in November 2017
2. The London Borough of Richmond Upon Thames Infrastructure Delivery Plan April 2017 references requests/ideas for bridges and the commitment to undertake studies. The budget holder was John Stone (Head of Planning and Transport Strategy).
3. The total final cost of the contract is £52,385.25, funded by Transport for London grant
4. No

Not sure that question 2 is really answered!

You can see the FOI requests at the following website:

https://www.whatdotheyknow.com/request/thames_bridge_feasibility_report?noca

PART 101. AILSA TAVERN – ST MARGARETS ROAD

We travel to one of the boundaries of the old Borough of Twickenham this week to quench our thirst. The Ailsa Tavern at 263, St Margarets Road is the last public house before the boundary with Isleworth.

The two postcards shown date between 1907 (the coloured one) and 1920.

The pub is first shown as being licenced in 1856. The original owner / licensee was Benjamin Burtenshaw who held the licence until 1890. It was named after the twelfth earl of Cassilis who became the first Earl of Ailsa and who owned the Scottish Island, Ailsa Crag. The Earl lived in the area for a while and Cassilis Road was named after him. Lord Ailsa died in 1846, probably in St Margarets House and it is certain that the Ailsa Tavern, Ailsa Road and Ailsa Avenue were named in his honour.



Today the Ailsa Tavern is owned by the Kent brewers Shepherd Neame who claim to be Britains oldest brewer established in 1698. The pub has a quiz night every Wednesday and an open Mic night every second Sunday in the month

On Thursday 29th of this month (November), I shall be giving an illustrated talk on 'Twickenham through 100 years of postcards' to members and

friends of the Twickenham Society. The venue is the Twickenham Club at 7, Church Street, Twickenham and the evening starts at 7.30. We shall take a wander around Twickenham via a backdrop of postcard images that reach back to Edwardian days and cover most of the 20th Century.

I am always looking for old postcards, so if you have any that are sitting unwanted in a drawer, in a box in the loft or the garage or under a bed, do contact me on 07875 578398 or by email to alanwinter192@hotmail.com I would like to see them and I pay cash!

Arts and Entertainment

By Erica White



Wednesday, 14-Saturday, 17 November, Teddington Theatre Club presents a short week of homage to the end of WW1 with two short, tender plays by J.M.Barrie in ECHOES OF WAR at The Studio at Hampton Hill Theatre, TW12 1N2, at 7.45pm.

Info: www.teddingtontheatreclub.org.uk

Wednesday, 21-Saturday, 24 November, Youth Action Theatre presents THE TRIAL by Franz Kafka, adapted by Stephen Berkoff at Hampton Hill Theatre, Main Auditorium at 7.45pm.

Info: as above.

Saturday, 24 November, Concordia Voices, in collaboration with Richmond Shakespeare Society, present A CONCERT FOR PEACE performing Durable's REQUIEM along with pieces by Barber, Harris, Petter, Rachmaninov and Rheinberger, with readings by RSS. At St John the Divine, RICHMOND TW9 2NA at 7.30pm

Info: concordiavoices.org

Wednesday, 21 November, at 8.00pm at The Exchange, RORY BREMEN & JAN RAVENS become Angela Merkel and Donald Trump, Theresa May and Boris Johnson. Brett means Brexit!

Info: www.exchangetwickenham.co.uk

Sunday, 18 November at 11am and 2pm, at The Exchange, CAPTCHA Theatre presents: LITTLE GOATS Classic tale of Billy Goats Gruff retold in interactive show featuring puppets, music and mayhem!

And on Thursday, 22 November, CAPTCHA return with GOLDILOCKS AND THE THREE POLAR BEARS at 11.30am and 2.30pm.

Info: as above.

Friday, 23 November at 8pm at The Exchange, EMILY SAUNDERS and Friends present an evening of jazz as part of the London Jazz Festival.

Info: as above.

Folk, Jazz and Rock followers are catered for at The Cabbage Patch pub, TW1 3SZ.

Sunday, 18 November at 7.45pm TWICKFOLK feature KIM RICHEY(US), musical anger and "roots" traveller.

and on Sunday, 25 November at 7.45 TWICKFOLK'S guest is MARTIN CARTHY.

Info: twickfolk.co.uk

Apologies to Twickenham Jazz Club followers. I wrongly placed a December date in a November slot last week. I hope I get it right this week.

Tuesday, 20 November, at 8pm TWICKENHAM JAZZ CLUB plays host to SARA DOWLING, with Gabriel Latching/Steve Brown and Dario De Lecce.

And on Tuesday, 27 November VASILIS XENOPOLOUS is supported by Nigel Price, Steve and Dario.

Info: twickenhamjazzclub.co.uk

Thursday, 29 November at 9.00pm EEL PIE CLUB presents PAUL LAMB & THE KING SNAKES.

Info: seetickets.com/venue/eel-pie-club-twickenham/531

Craft Fairs:

Friday, 16-Sunday, 18 November at Landmark Arts Centre, TW11 9NN, SPARKLE: CONTEMPORARY CRAFT AND GOURMET FOOD FAIR, with Surrey Sculpture Society Showcase.

Info: www.landmarkartscentre.org

Saturday, 24 November, 11-4.30. NORMANSFIELD CHRISTMAS CRAFT FAIR. All proceeds go to Down's Syndrome Association.

Info: langdondowncentre.org.uk

Hampton Choral Society

Tolga Kashif's THE QUEEN SYMPHONY with KEW WIND ORCHESTRA

Sunday 18 November 2018 – St John's Smith Square

Also featuring

Igor Stravinsky's Symphony of Psalms

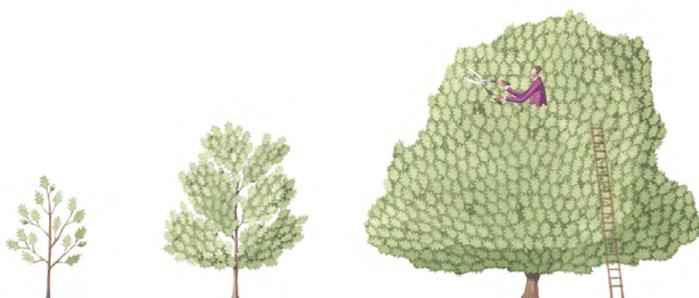
Percy Grainger's Marching Song of Democracy

Info: www.hamptonchoral.org.uk/concerts

Twilight Tour of Pope's Grotto - Thursday 29th November from 6: 30 to 8:30pm

Join a small group of visitors for our very first twilight tour of Pope's Grotto. Spend the evening exploring Alexander Pope's famous grotto, including the recently-restored South Chamber. Listen to readings of Pope's literary works and letters by a professor of 18th English literature. Enjoy a glass of wine while chatting to the trustees and Pope specialists about the Grotto and the conservation project.

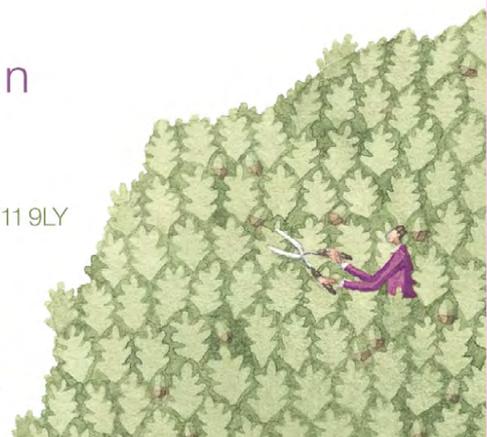
Info: www.popesgrotto.org.uk/events



The Tree Agency

darryl parkin

The Treehouse
25 King Edwards Grove
Teddington, Middlesex TW11 9LY
Telephone 020 8274 0107
Mobile 07960 123580
Fax 020 8274 0119
info@thetreeagency.co.uk
www.thetreeagency.co.uk



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Community Consultation: The Hard to Reach

At the Community Conversation for Twickenham councillors spoke about the problem of consulting with the “Hard to Reach”.

Who are the “Hard to Reach” and how do Councils go about reaching them?

Of course, those engaged in consultation in the planning system have come across this issue before and it is well documented.

www.nottinghamshire.gov.uk/media/107188/4consultingwithpeoplewefindhardtoreach.pdf

However, it has been suggested that LBRuT is ignoring a large proportion of the electorate on independent and spontaneous platforms such as the widely used Change.org website.

In the case of the Twickenham Lido Change.org petition over 4,000 people have been consistently ignored. Of course, there will be some people from outside the borough who sign such petitions but anyone with knowledge of Twickenham and the surrounding areas can recognise many who have participated in this method of consultation and surely this could be assessed by one of the many consultants used by the Council.

Those of us who have lived in Twickenham for many years can look at the names of residents who have left their comments and immediately recognise those they know. For instance, former councillor Clare Head did this very thing but former councillor Pamela Fleming refused to consider the views of thousands of local people.

Hand written petitions are accepted by the Council but people can be cajoled into signing them, whereas with the online petition it can be completed at home.

The on-line petition scores with ease to read names and comments; handwriting can be hard to decipher.

The data of the online petition, including Change.org, can be used by the Council in the form of a spreadsheet.

But once again we seem to be in the same position with the new administration who won the last election with such a landslide precisely because the previous administration refused to acknowledge the views of thousands who elected them.

Following the Twickenham Community Conversation Cllr Michael Wilson, Cabinet Member: Equality, Communities and the Voluntary Sector said:

“I will look into the petition issue - as I said at the meeting I struggled to register for an account and also sign a petition. I realise why it has to be slightly more stringent than the change.org (and other sites) as there is a link to specific policies around the democratic services within the council.”

So, the Council petition site is not intuitive but Change.org is

Surely thousands of local residents signing an independent petition must be an indicator of public opinion? And, a way of reaching people who are just fed up with the Council.

Hard to Reach? Does this apply to the residents or to our Council?

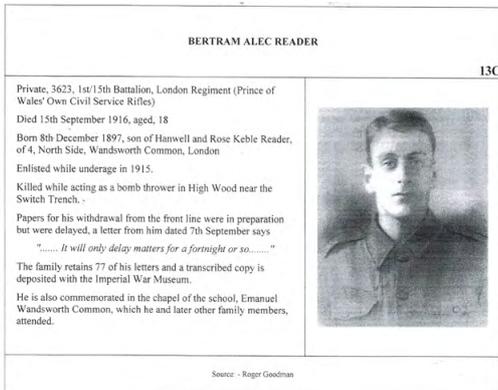
Westminster remembers the fallen

By Doug Goodman

For an hour on Friday 9th November the sound of marching boots echoed around Piccadilly Circus as the giant screens portrayed the lives of 11 WW1 participants.



Westminster City Council marked the centenary of the end of WW1 in a spectacular display of pictures and statistics. One of the chosen soldiers was Alec Reader who joined the Civil Service Rifles in 1915 at age 17. He was born in Wandsworth, trained in Richmond park and fought on The Somme . He was within two weeks of being released due to his age but died during the attack on High Wood on 15th September 1916.



Twickenham resident Doug Goodman attended the commemoration and reception hosted by Westminster's Lord Mayor and said that he felt so pleased that his uncle had not been forgotten. On Sunday 11th November, wearing his uncle's medals he marched past The Cenotaph with members of the public chosen to commemorate the fallen of WW1.

St Mary's University Update

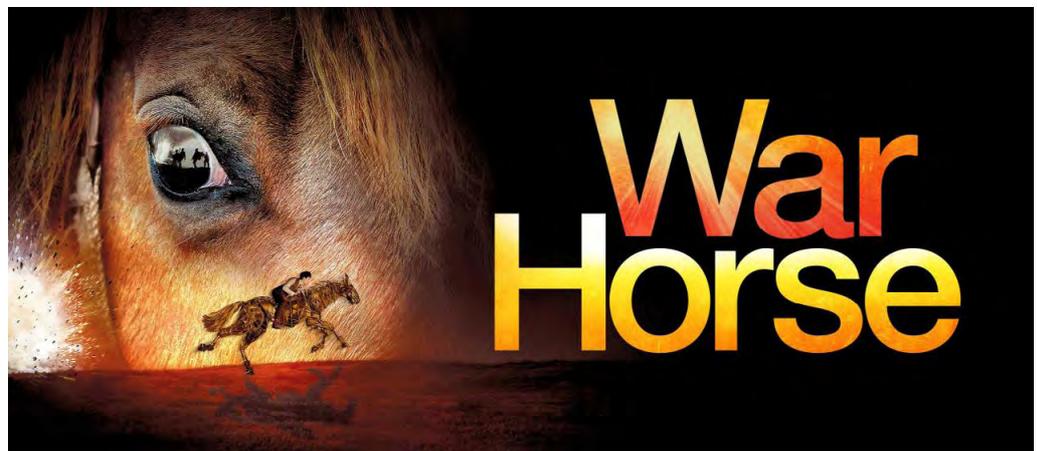
St Mary's Alumna Directs National Theatre Production

An alumna of St Mary's University, Twickenham, Katie Henry, directed the revival commemorative production of War Horse at the National Theatre. On Sunday 11th November, the performance was seen as both special and commemorative, attended by members of the armed forces and their families.

Based on the Michael Morpurgo novel, War Horse reflects both human and equine sacrifice that took place during the First World War. The production brings to light not only the ten million military personnel who died, but also the eight million horses, about a million of which were British.

The stage horses, made of gauze, bamboo, leather and plywood, are manipulated by three people, who manage to bring the story of the War Horse to life. The production is centred around the story of a spirited colt and the boy who tamed him.

Katie was previously a resident director of War Horse in the West End and associate direction on the 2013-15 UK tour, as well as the China production.



Katie initially studied at St Mary's, and started by getting an Undergraduate degree in Drama. Upon graduating, Katie went on to gain her Master's degree from St Mary's in Directing Theatre. In January 2019, Katie will be teaching a module at The University on the MA Theatre Directing course.



St Mary's
University
Twickenham
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Dear TT:

As a Richmond borough taxpayer, I resent the continuous delay tactics from council members who blatantly dismiss citizens who disagree with their proposals and keep imposing conditions to exclude views that differ with their own.

The drawings and video for the Twickenham Lido submitted by Berkley Driscoll (TT issue 104) are exquisite and embrace the true spirit of a community lido. Why doesn't the council stop wasting tax payer funds on yet another consultation and just adopt this design.

From: JBC, Richmond Borough resident
(Name and address supplied)

Sir,

As a long term resident of Twickenham who has experienced the attempts over the years by the both Administrations to enforce their unpopular schemes on the Riverside, I write after seeing the concept drawing produced by Berkley Driscoll and Teresa Read (The Twickenham Tribune). Their imaginative scheme delivers on every level – bringing a LIDO back to the Riverside, a floating pontoon to access river related activities (sadly missing in the previous unpopular schemes, despite this land fronting the River!), real boathouses (as opposed to the façade offered to us by the previous Administration), a large outdoor space for seasonal activities such as winter ice skating (bringing skating back to the Borough), and a large indoor area which could include a food and drink market, styled on the lines of the very popular European markets in Rome and Barcelona. Oh and before I hear shouts of “but what about the housing?” the obligatory (I am told) housing is also factored in, but at the top of the site behind the existing row of flats.

At the last CONSultation, the Administration refused to allow Mr Driscoll and Ms Read's proposal to be exhibited with the other schemes, despite their petition for the return of a LIDO receiving the support of over 4000 residents.

Since then, they have worked tirelessly to develop and enhance their scheme and support continues to grow.

Recreational pursuits, river-related activities, bringing people together, health, wellbeing and a focal point for residents and visitors all year round should be the starting point for development of this prime Riverside location, not housing and “oh yes, what else can we squeeze in around it?”.

I wrote to the Council ahead of the Cabinet Meeting this week at which a further £200,000 plus sum of money was committed to running a third consultation and I asked that the LIDO scheme be allowed to be brought to the table.

I understand regular updates on this scheme can be found in The Twickenham Tribune and I encourage readers to support this proposal.

J. Hill
Twickenham Resident

Richmond and Wandsworth Boroughs merging?

Recently, I was interested enough to read Richmond Council's Finance, Policy and Performance Overview and Scrutiny Committee minutes of Wednesday, 5 September 2018 – yes, I know I should get out more!

Richmond and Wandsworth boroughs are apparently on a course to integrate all services, both back office (non-strategic) and front line (strategic). I appreciate that consolidation sometimes delivers financial savings but borough residents were neither provided with information on this plan nor consulted on whether they wanted this to happen? Why not?

Did the then Tory Council of Richmond fear that we would disagree with their plans so, like many other things they did, the merger was discussed in closed groups? Interestingly, I have since discovered that, at the time, Cllr Roberts of the LibDems advocated that residents be offered a full referendum on the issue but the Tories chose to ignore that advice. So sadly, we residents were 'saved' from exercising our right to decide - perhaps for fear we came up with the wrong answer? Not everyone believes that big is beautiful and many people are even prepared to pay more council tax if that means Richmond is managed and controlled by the Councillors we elect and the officers they employ on our behalf who have knowledge of our borough, its unique culture and its long-standing values and traditions.

We do not elect Wandsworth Councillors and their service officers, so where is the democracy in this joint approach? We are told that the officers are instructed separately by the elected Councillors of the two boroughs and therefore democracy is not at issue. However, as the Boroughs' plans are not aligned, unless the pared-down group of officers, now serving both sets of Councillors, is working that much harder, how can real savings be made? Also, one might legitimately ask, if the two boroughs are essentially merging, why do we need all of Richmond's Councillors and all of Wandsworth's Councillors? Surely there are very worthwhile savings to be gained by only having a single set of Councillors for the combined borough. By eliminating half the councillors and all their expenses, we would also eliminate the need and costs for all their administrative staff – and, of course, for their really important trips abroad to liaise and fraternise with those jolly burghers of the towns of Fontainebleau in France, Richmond, Virginia and Konstanz in Germany, to which we are now linked in brotherhood and culture (apparently).

I am not in favour of this shared services approach and my experience to date of the shared Planning group, seemingly all Wandsworth staff, is very far from a happy one. It seems that the Planning group has no understanding of the values and traditions of our borough or of Richmond's style and flavour. Their recent recommendation to Wandsworth Council to approve the destruction of a delightfully architected three-storied 1930's mansion overlooking Richmond Park along with 21 trees, to make way for a monstrous, brutalist concrete slab of a building says it all. And yet again, the outcry from enraged neighbours, seeing the gradual demolition of their environment, has been waived aside and dismissively ignored.

It may be expensive to unpick the established Richmond and Wandsworth boroughs shared services arrangement (à la Brexit), but our borough's future and the well-being of our residents is worth it. If we had wanted to live in a borough that looks and feels like Wandsworth, we wouldn't have chosen to be in Richmond.

A LBRuT resident – Name and address supplied.

River Crane Sanctuary



Wild Poppies for Remembrance and Gratitude

Learning from the past and passing on knowledge to future generations is valuable and essential to help us all to not make the same mistakes again. It is not always easy to stand up and be counted especially in contentious issues as we have seen with the Iceland advert!

David Lindo's talk at the Recorder's Event in the Natural History Museum was highlighting the need to get more young people interested in the nature around them even in built

up environments and how his work in schools/colleges in inner London was seen to get disinterested and disengaged 'problem' students actually participating and enjoying discovering wildlife where they lived. As our wildlife and wild places are disappearing at an alarming rate it is essential that we do all we can to protect any areas of which we have awareness near us. Unfortunately, it seems more education of people who make the big decisions which affect our landscape and living conditions is still needed.

Countryfile's piece on John Clare, the People's Poet, was sad as it showed a lover of nature stopped from walking his beloved fields due to the Enclosure Act. He ended up in a 'mad house' and wrote back to a poetry lover who asked why he did not write poems anymore: "I have nothing left to communicate"

What a shame that such a talent was not nurtured and helped when he produced so much beauty for us all to enjoy in his poetry and all he needed was a field to walk in and some sustenance. How many other young John Clares are out there now which the inspirational joys of nature would help release their own talent?



Still sitting on the Fence? Blackbird



Red Admiral in November Sunshine

TWICKER GRUMP

If you have a Grump write,
in confidence, to
[TwickerGrump@
TwickenhamTribune.com](mailto:TwickerGrump@TwickenhamTribune.com)



I really hate messy streets



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Light Up At Night!!



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XMAS COMES BUT ONCE YEAR

By Bruce Lyons Freeman of Eilat.

As our streets fill with Christmas Decorations and tall Fir Trees are lit to dazzle all and traders frantically make enticing displays in a festive style, Xmas markets attract visitors from afar competing with each other, villages and towns and Schools arrange Nativity Plays, Churches host Carol Concerts and more, I am reminded of my good fortune in having spent a lifetime in travel working with the regions that are the very foundation of all these Biblical stories.



The Holy Land has captured the imagination of travellers for millennia – Egypt, Jordan and Israel and whilst much of my work doesn't embrace these times you can't ignore their presence and wonder how millions are drawn to the area year after year. Any journey in this region touches on the Bible, be it on the Dead Sea, when visiting Masada, Herod's Fortress city you will be reminded of seeing Lot's Pillar of Salt, Sodom and Gomorrah, you may reflect on Jesus Christ fasting 40 days in the Judean Desert. Travel on down past Eilat (a modern Beach Town with a wonderful Coral Sea) and you'll enter the Sinai Desert, here you are following in the footsteps of Moses and his wanderings in the Red Sea – you will find Mount Moses and of course the renowned St Catherine's Monastery deep in the Desert halfway between Eilat and Sharm el Sheik.

In Jordan, if you travel up from Aqaba, King Solomon's old port, you'll pass by Wadi Rim (Lawrence of Arabia) and Petra (The Nabatean City) and soon reach Madaba famed since Biblical times for its Mosaics and nearby Mount Nebo where Moses gazed over the Galilee, close by here is the Baptism site of Bethany, and to have reached here you will pass Crusader Castles conquered by the mighty Sal el Din.



Then, of course in Israel there is Nazareth and the Galilee and Lake Tiberias all sites of Biblical Miracles and Jerusalem the centre of three world religions and Bethlehem and the Church of Nativity, I always watch the TV on Christmas Eve when usually they show Midnight Mass from here.



Feeding of the Five Thousand

And then there is the Egypt and the Nile and the story of Moses and the tribes crossing the Red Sea - but there is also the times of the Pharaohs and the amazing journeys on the Nile, where they unfold the mysteries of Pharaonic times. I even arrange fishing on Lake Nasser in the shadow of Abu Simbel temple (world class fishing for Nile Perch)

Every journey is a delight touching history of past times and dynasties as well as embracing familiar Myths and Legends and I am really fortunate to be working with such a rich Pandora's Box of wonders that make any travel such a magical adventure.

Drop by anytime and it will be my pleasure to plan a journey for you – one you will never forget.

Twickers Foodie – By Alison Jee

Dip Into This Book – It's Brilliant!

Many of us will be familiar with the famous, award-winning Indian restaurant in Southall, The Brilliant. Dipna Anand is the third generation of the family that runs it, and she has now opened her own restaurant in Chelsea: Dip in Brilliant. This is the inspiration behind a great new recipe book that takes one on a fascinating journey of authentic Punjabi dishes.

It doesn't matter if you are new to Indian food, as this book has step-by-step guides, and an ingredient glossary depicting all the potent spices used in each of Dipna's recipes. Dipna was awarded 'Personality of the Year' at The British Curry Awards and she is now involved with Tottenham Hotspur bringing her cuisine to the club's new stadium.

Here is a recipe from the book that is great for this time of year and something that you could make as Christmas gifts or to sell at one of the many school Christmas fares next month.



Masala Tea Chocolate Orange Cookies

The warmth of chocolate orange spiced with fennel, cloves and cardamom is almost indescribable. This cookie recipe offers all of those flavours and aromas and more - it really does hit the spot. The sweetness of the chocolate and sweet mellow sharpness of the spices makes these cookies perfect in every way. Crunchy, gooey and full of flavour, these are a must-try.

Makes 20-25 cookies

Cookies:

110g butter, room temperature
100g soft brown sugar
70g caster sugar
1 large egg
1 ½ tsp vanilla extract
200g plain flour
½ tsp bicarbonate of soda
¼ tsp salt
175g Terry's Chocolate Orange, roughly chopped

Spices

½ tsp fennel powder
1 tsp green cardamom powder
½ tsp clove powder

Method:

1. Pre-heat the oven to 180°C/160°C fan/gas 4.
2. Cream together the butter and sugars in a mixing bowl until light and pale.
3. Add the egg, vanilla extract, fennel, green cardamom and clove powder and beat until well incorporated.
4. Sieve in the flour, bicarbonate of soda and salt and mix with the butter mixture until it forms a cookie dough.
5. Fold through the Terry's chocolate orange pieces.
6. Roll the dough into balls (no larger than 3 cm diameter) and place on a lined greased baking sheet. Make sure you leave a large gap around each cookie as they will spread during cooking.
7. Bake in the oven for 10-12 minutes, or until the edges begin to brown.
8. Leave the cookies to cool for about 5 minutes then lift them onto a wire rack and cool for a further 5 minutes.
9. Serve with a cup of masala tea.

Offers and Competitions

WIN A COPY OF DIP IN BRILLIANT

The publisher of this lovely hardback book is Relish Publications, and the book is available now from major retailers on online at dipinbrilliant.com, priced £20. We have a copy to be won in this week's competition.

To enter, check out the restaurant's website and then tell us which football team's stadium is a neighbour of the restaurant.

Put your answer in the subject header and email win@twickenhamtribune.com with your contact details by noon on Friday 23 November 2018. No cash alternative. Prize is as stated. Entry deems permission for the winner to be named in the paper.



The Royal Opera House presents a Cinema Festival this Christmas – kids go free!

The Royal Opera House will launch its first ever Cinema Festival on Monday 3 December in the newly refurbished Linbury Theatre in the heart of Covent Garden. Children can go free to all Saturday and Sunday cinema matinée performances and to The Nutcracker on 3 December. Launching with the live screening of The Nutcracker on 3 December and running until 6 January 2019, the Cinema Festival will feature 21 titles that celebrate the breadth of ballet and opera repertory shown in cinemas since our first broadcast ten years ago. Tickets on sale Thursday 8 November at 10am.



Specially curated, free-for-children screenings include The Nutcracker live (3 December, 7.15pm), La Fille mal gardée (8 December, 2pm), The Magic Flute (9 December, 4pm), Alice's Adventures in Wonderland (15 December, 2pm), Cendrillon (16 December, 4pm), both [Anthony Dowell's](#) and [Liam Scarlett's](#) versions of Swan Lake (22 December, 2pm, and 5 January, 2pm, respectively), The Winter's Tale (23 December, 4pm) and Romeo and Juliet (29 December, 2pm). Richard Jones's staging of La

bohème (30 December, 4pm) and Giselle which brings the cinema festival to an end on 6 January at 4pm.

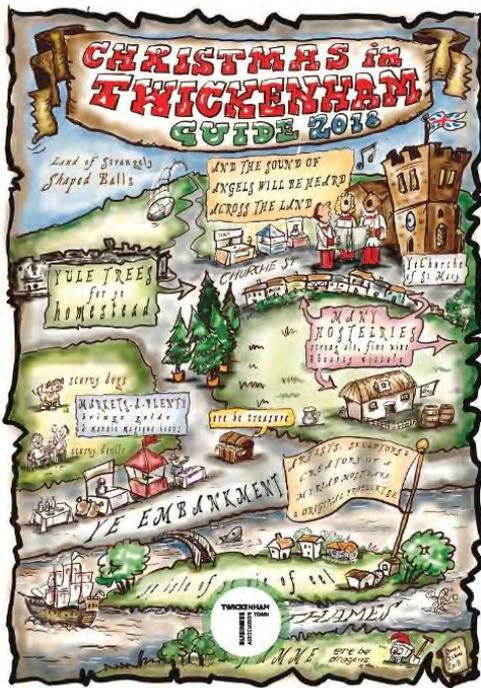
Cinema festival audiences will be the first visitors to enjoy the brand new, state-of-the-art Linbury Theatre, which opens in January 2019. The cinema festival has been thematically curated by [Kevin O'Hare](#), Director of The Royal Ballet, to showcase world-class opera and ballet at its best and to offer something special for younger audiences.

Tickets cost £10-£17 for adults and are free for children aged 5 to 15 years old for The Nutcracker on 3 December and all Saturday and Sunday matinee performances. We ask for a maximum of two children with any one adult. Tickets available from Thursday 8 November at 10am. To book tickets visit: www.roh.org.uk/cinemafestival



My Guide to Christmas in Twickenham

By Shona Lyons.



TWICKENHAM'S STREETS WILL BE BUSTLING WITH STALLS, SINGERS AND CELEBRATION. KEEP OUR HANDY LISTINGS TO HELP PLAN YOUR FESTIVE DIARY DATES.

23.11.18

twickenhamthetown.org.uk

30.12.18

This week saw the delivery of the Guide to Christmas in Twickenham that sees the culmination of many months of work for me. It all looks good to me regarding the design and printing. The features and what's on, cover and middle page spread I was more than familiar with but of course you send it all off to the designer, get it back and edit it before it goes off to the printer but you don't know how it will definitely look until it comes through the door as the finished guide.

I am really happy with it apart from the colour font used throughout was a grey which I didn't pick up on when it was sent back for editing. I wish I had as I think some with bad eye sight will find it difficult to read. I know I do! But read it is what I want. I think it contains some important features dealing with an issue that is very close to my heart and always has been. I remember as a child dissolving into tears when I saw homeless people on park benches where I lived and raiding my dad's

cupboards to find them things to wear. (he wasn't too happy with that when he found his best suit was gone!)

I think it is a terrible situation for anyone to find themselves in. I often give groceries to a man who sits outside Waitrose. Yesterday I wanted to get him a coffee but Waitrose now need you to bring a cup, I asked him if he had one but he didn't even have a cup. So I told him to come back to the office and I would give him one. He told me on the way that he sleeps in the grave yard and it's very frightening at night. He was very cold and I offered him a scarf which he immediately put round his neck. Poor man, I think of him every day now. I wonder what he does when there is a torrential downpour.

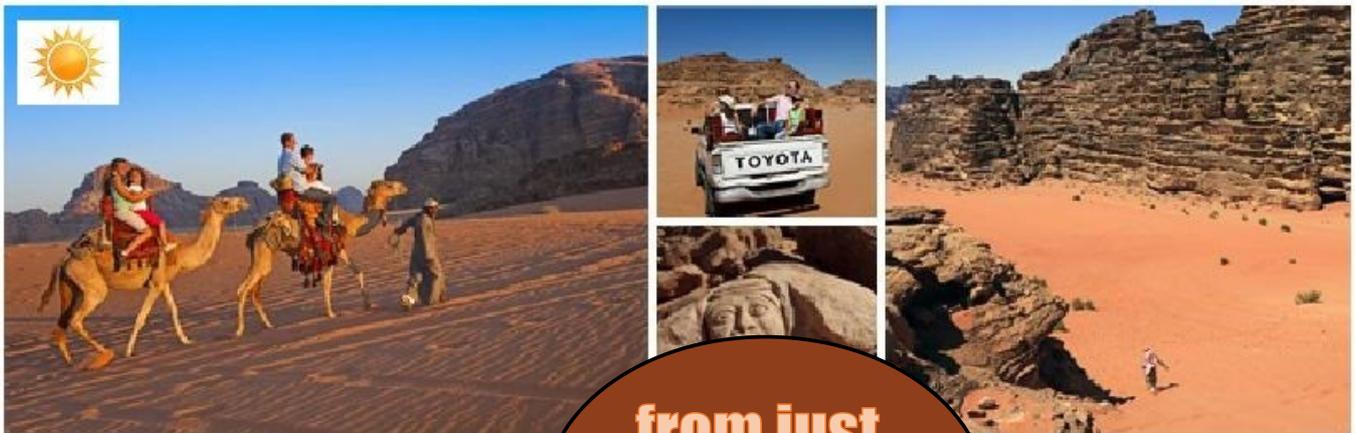
Anyway back to the guide, well it is a lot about that. But there is also a wonderful Live Advent Calendar Competition involving most of the shops, restaurants and pubs in Church Street. The idea was suggested to us by the Rev'd Jeff Hopkins Williams of our St Marys Parish Church in Church Street. He was inspired by a similar thing they had done in Kensington last year so



we adapted it and got the amazing Simon Cassini, an artist on Eel Pie Island to design the actual Competition that is in the middle pages of the guide. I knew he would do a fantastic job as he always does! And he did.... Chris Williams actually wrote the feature on Advent that goes with it which is also excellent. Anyone can take part in the competition, young and old. There are some lovely Church Street themed prizes to be won.

So put those glasses on and have a good read!!

Xmas & New Year Jordan Desert Experience



**from just
£999 p.p**



22 & 29 December Experience the Jordanian Desert, Aqaba, Petra and Wadi Rum 7 nights Half Board & all transport & Excursions for just £999 per adult and £890 per child (22 December) & £1063 per adult & £910 per child (29 December) Includes day flights from Gatwick.



Commemoration of the Armistice Centenary

Arts Richmond, Orleans House, Twickenham, 11th November

Review by Matthew Grierson

Arts Richmond's commemoration impresses by the variety of the programme. With the verse of the First World War so much part of the national imagination, the readings could easily have comprised the standard widely-anthologised poems. But the organisers have chosen an array of interesting texts to also offer fresh views and voices.



The afternoon is structured into a number of themed strands, taking us

from the romance and jingoism with which the outbreak of war was greeted, through the horrors and bleak humour of the trenches, to the memorialising and reflections that followed the Armistice. Each section is given an introduction by one of the readers, and the readings are performed clearly and engagingly by a mixture of local writers and actors, including screen stars Madeline Smith and Robert Gillespie.

The quality of readings means that familiar poems retain their bite and bitterness after all this time, but the selection ranges much more widely than that. Their tones range from the sombre and reverential to the grimly cheeky, according to the varying moods of the pieces.

Already quite moodily lit by oranges and reds behind the readers, the room is properly darkened by the time of the going down of the sun and *For the Fallen*

Read Matthew Grierson's full review at

www.markaspen.wordpress.com/2018/11/12/armistice

Photography by Pam Frazer





Echoes of the War

by J.M.Barrie

TTC at Hampton Hill Theatre until 17th November

Review by Didie Bucknall

Echoes of the War is the title for four one-act plays by J.M.Barrie. As is well known, Barrie left the proceeds of his *Peter Pan* to Great Ormond Street Hospital but other works are less well known today. He moved in aristocratic circles so it is surprising that the first of TTC's double bill was about charladies, as in those First World War days he would have had little experience how the other half lived.



In *The Old Lady Shows Her Medals*, three strong experienced actors Sue Bell, Liz Salaman and Mandy Stenhouse play Mrs Dowie, Mrs Tully and Mrs Haggerty, who are having a trifle over-the-top competition as to which of their sons was the bravest and most dutiful. Then, Mrs Dowie's son arrives unexpectedly! This little gem of a play begins with smiles and laughter, but ends with sadness and the audience leave for the interval with

lumps in their throats.

In the second play, *A Well Remembered Voice*, Grace Don (Mandy Stenhouse), a grieving bereaved mother, is trying to communicate with her dead son, Dick, by means of a séance. A short-circuiting lightbulb spells out a strange message, which doesn't make sense to the ladies present. But when they retire, her husband, Robert (Andy Hewitt) is visited by Dick, fresh faced in his cricket whites. They have a very tender exchange in a lovely performance by both men



Read Didie Bucknall's full review at

www.markaspen.wordpress.com/2018/11/15/echoes

Photography by Sarah J Carter



The Case of the Frightened Lady

by Edgar Wallace

Classic Thriller Theatre Co at Richmond Theatre until 17th November

Review by Matthew Grierson

Pitched carefully and capably between the comic and the dramatic, tonight's revival of an interwar thriller knows just how far to take the laughs before it treads back into darkness. Far from sending up the genre, the humour is staged in such a way as to help the audience connect with the characters, humanising them rather than letting them lapse into the stereotypes they could so easily have become.



The scene is the early 1930s – but you'd be forgiven for thinking it were much earlier, given that the curtain rises on a cast tumbling across the splendidly realised hallway of Marks Priory in a boisterous pageant of medieval costume. So it is apparent even before she speaks a word that Lady Lebanon (Deborah Grant in formidable form) is preoccupied by heritage, heraldry and hierarchy. Her Ladyship's concern to perpetuate the

family line is itself the through-line of the play, although not always in the ways we would expect. It is at least the main reason that her several times removed cousin Isla (Scarlett Archer), the titular frightened lady, remains in this tremulous state throughout: Lady Lebanon intends that the young woman will marry her jaunty, Bertie Woosterish son, in the person of the tremendous Matt Barber

Read Matthew Grierson's full review at www.markaspen.wordpress.com/2018/11/13/fright-lady

Photography by Pamela Raith



Don Carlos

by Friedrich Schiller

Co-production with ARA at Rose Theatre, Kingston until 17th November

A review by Mark Aspen

Shadows, moths flitting around a flame, afraid of the dark, but afraid of getting burnt. This is the atmosphere of the Rose's dark and edgy version of Schiller's tragic masterpiece.

Completed in Dresden in 1787, *Don Carlos* is loosely based on historical events in Spain in the 1560's during the reign of Philip II. History's verdict on Philip is to paint him as a tyrant, and it

was from this viewpoint that Schiller wrote his play, with some prescience as it was two years before the storming of the Bastille ignited the French Revolution.



The production invites us to draw parallels with modern times worldwide, and designer Rosanna Vize has taken a scorched-earth approach to the piece, stripping out set, costume and mannerisms that would fix it in time. Her idea is that the story can be told “with the bare bones of what is required”. In practice she has abdicated to Jonathan Samuels' lighting, whose harsh lanterns inhabit the stage like silent actors. This startlingly stark design, a minimalist and monochrome vastness, counterintuitively creates a stifling feeling of claustrophobia. The human actors, the protagonists in Schiller's dense plot, are pinned by the light of the lantern-actors, like moths to a museum display board. The *mise-en-scene* is that of the “Black Paintings” of Goya at his darkest

Read Mark Aspen's full review at www.markaspen.wordpress.com/2018/11/08/don-carlos

Photography by ©The Other Richard

FOOTBALL FOCUS

By Alan Winter



BRENTFORD FC

ROBERT ROWAN

Brentford FC have released the following statement. “Brentford Football Club has to report the sad news that Robert Rowan died at the age of 28 on Monday, 12 November. Robert had been the Club’s Technical Director since the start of February, having joined Brentford four years ago.

Robert had been with Brentford since late 2014 and was appointed as the Club’s Head of Football Operations in the summer of 2015. As well as managing the day to day football operations at Brentford’s Jersey Road Training Ground, Robert oversaw the strategic direction of Brentford B – the Club’s elite squad of players aged 17 to 21, before taking on the role of Technical Director.

All at the Club have been left devastated by the news. All our thoughts are with Robert’s wife, his family and all his friends – many of whom work at Brentford FC.”



BEES LOSE AT QPR

QPR 3 BRENTFORD 2

Three goal in ten second half minutes condemned Brentford to West London derby defeat at neighbours Queens Park Rangers. The Bees had led at half time thanks to a Neal Maupay goal and seemed to be in control of proceedings. But they conceded three times between the 50th and 60th minutes and there was no way back. Henrik Dalsgaard pulled one back with ten minutes remaining but that triple salvo had sealed the game.

All appeared to be going well for Brentford at the end of the first period. They had earned the lead that Maupay had given them at the midway point of the first half and although the later stages of the opening 45 had been more even, there was little sign of what was to come. The loss of Maupay to a head injury just before the break may have contributed but as QPR moved up a gear in the second half, Brentford had no answer and then could not fight their way back.

No game for Brentford this week due to the International break. Next Saturday (17th) they have a home game against high flying Middlesbrough. Kick off for this one is 5.30 as it is being televised. Be aware that there will be a full house at Twickenham Stadium where England kick off at 3.00 against Australia in the last of the Autumn Internationals. Allow for extra traffic and road closures.

Come on you Bees!

HAMPTON & RICHMOND BOROUGH FC

TWO MINUTES FROM HISTORY!

HAMPTON & RICHMOND BOROUGH 1 – OLDHAM ATHLETIC 2

What a night at the Beveree Stadium on Monday as Hampton held the lead over League 2 Oldham for 75 minutes before conceding a goal in the 88th minute. Just 2 minutes from entering the draw for the second round of the FA Cup for the first time in their 97 year history.

Oldham started brightly, looking determined to impose themselves in the face of a loud and lively Beveree crowd. The Beavers quickly found their rhythm and started to press, as a sharp run into the box by Tyrell Miller-Rodney saw him brought down by Callum Lang as the referee pointed to the spot, with Dickson converting the penalty to send the Beveree faithful into a frenzy. 16 minutes into the game and one goal up. That's how it was to stay until the 88th minute. Beaver's keeper Tom Lovelock was called into action twice in quick succession as Oldham started to show their quality. Firstly, tipping Ishmael Miller's shot wide before the resulting corner had Lovelock scooping the ball off the line before a fine clearance from Yado Mambo got the ball away. The Beavers did not let up however, with Dickson and Zak Joseph both firing narrowly wide. An Oldham break saw Jose Baxter through on goal, with Lovelock rushing out to the ball only for Baxter to be booked for simulation. McLaren had a fine chance to put the Beavers two up, as he headed a superb cross from Joseph narrowly wide. Oldham finished the half the stronger side, forcing Lovelock into a fingertip save, with Peter Clarke having a free header from the resulting corner, only for him to head it wide. Oldham continued their momentum into the second half, controlling the game and regularly looking to threaten.

An Oldham corner had Michael Corcoran colliding with Baxter, with Baxter falling badly and suffering a nasty looking leg injury which saw him stretchered off. Joseph provided a rare spark for the Beavers, going on two darting runs beating a number of Oldham defenders before firing both shots narrowly wide of Iversen's goal. Oldham continued to look the more threatening side, with Mambo being forced to make a number of last-ditch clearances. A rare Beavers break gave them a free kick deep in Oldham territory which fell nicely for Joseph only for him to fluff the chance, allowing Oldham to break rapidly, with some great play leaving Rob Hunt in too much space on the edge of the area, firing into the bottom corner to pull the Latics level. Oldham did not hold up, continuing to push for a winner which they found deep into injury time, as Callum Lang turned away from his man to fire a fierce shot into the net, breaking the hearts of the Beavers.

The Hampton squad gave everything in front of a 2,720 crowd. Tom Lovelock in goal made several top class saves and at the other end Hampton had some clear chances. It wasn't to be and so now the club settles back into the rest of the season where they will be looking to move back up the table.

Two home games coming up next for the Beavers. Today (Sat 17th Nov) they host Dartford in the Vanarama National League South and next Saturday (24th), league leaders Billericay Town visit the Beveree in the FA Trophy cup competition. Both games kick off at 3.00. Further info can be obtained on the Hampton and Richmond Borough FC website at

<http://www.hamptonfc.net>



HRBFC

A Traveller's Tale - Part 4

Palma for a very pleasant city break.

By Doug Goodman, a Twickenham resident, who spent 30 years in the travel and leisure industry



The Spanish Island of Mallorca is the most popular destination for British holidaymakers. It offers night life in the busy package resorts, quieter resorts for families at beachside hotels and away from the hot spots in the countryside there are beautiful, old manor houses and private villas.

Mallorca's capital Palma is perfect for a city break and yet it's ignored by so many visitors to the Island who simply want to get brown on the beach. The city is at its best outside summer high season. It gets very hot and the place is crowded with coach parties and vast numbers of cruise passengers. In Spring, Autumn and especially in Winter Palma is ideal for discovering art galleries and museums, churches, shops, tapas bars and restaurants on foot or by bike. Palma is a very clean and compact city and pedestrian friendly. It's easy to get around and hard to get lost as you almost always have the cathedral spires in view. The island's population is nearly 1 million with over 400,000 living in the capital. Bus services to all parts of the island are regular and cheap. There's a modern underground railway to the northern suburbs as well as a main line to the northern towns.



Palma Cathedral



Palma's majestic Gothic Cathedral



Port and Bellver Castle



You'll see the sails of water mills on the flight into Palma

There are over 50 art galleries and museums in Palma with the Es Baluard offering the largest collection of modern art. Its terrace café overlooking the harbour is a great spot for a cooling San Miguel beer. Don't miss the Cathedral of La Seu dating from 1230 where a mosque stood during the Moorish occupation. The Altar was designed by Gaudi. In front of the Cathedral is the Parc del Mar where concerts take place regularly in the summer. The Almudaina Palace, once the Moorish Castle is now the official royal residence and hosts visiting dignitaries. Many of the original furnishings from medieval times survive. Bellver Castle, high above the city, has amazing views over the harbour and is perfectly preserved.

Palma has many sophisticated shops along The Borne and in Jaime 3 street. Many familiar London names are to be found and the two big department stores of El Corte Ingles as well as C&A are in the centre. Wander down the small lanes that radiate from Placa Cort by the old town and find little independent shops selling local produce, craftwork, clothes, ceramics and glass items. Mallorca is well known for its leather goods. Rialto Living is a lifestyle shop selling beautiful fabrics, furnishings fashion goods and gifts. It has a delightful champagne bar too. Things to bring home include olives, cheese, Mallorcan wines and spirits, carved olive wood and leather shoes. After a hard day's shopping and sightseeing you can relax in Placa Santa Eulalia with a coffee and ensaimada and catch up on local and international news in The Mallorca Daily Bulletin.



Fishing port and Cathedral



Christmas in Palma



Palma in winter. The Almudaina Palace



The Almudaina Palace and Cathedral at Night

Palma is famous for its Tapas bars, where you can eat small morsels of meat, fish, cheese or salad with a beer or glass of wine. If you stand at the bar instead of sitting down you pay less. The Bar Bosch at the top of The Borne opposite C&A is the best café for people watching and having an aperitif before dinner. Restaurants are one of the city's greatest attractions. Around La Longa and in the Calle Apuntadores near the seafront there are dozens of superb restaurants. After dinner visit the weird and wonderful night spot known as Abaco. It's a former palace which is filled with flowers and fruit has a fountain running in the courtyard and soothes you with soft classical music.

There are dozens of boutique hotels, grand Houses and waterfront hotels. For Scandinavian minimalist design try The Hotel Tres. For 5 star splendour visit The Palacio Ca Sa Galesa and for a family run manor try Dalt Murada. One of the newest – Hotel Cort is Palma's best located establishment. All are very central and have rooftop terraces but if you want a beachside hotel within a short bus ride of Palma then visit The Hotel Bonsol Resort and Spa in Illetas.

Palma is just over two hour's flying time from Gatwick and all the London airports have frequent flights to Mallorca.

<http://worldinfozone.com/gallery.php?country=Spain>

Almost a third of UK drinkers do not recognise the link between alcohol and heart problems

Alcohol contributes to high blood pressure and regularly drinking over the Chief Medical Officers' low risk drinking guidelines increases the risk of heart disease including serious problems such as heart failure and heart attack, as well as stroke.

But new evidence from the Drinkaware Monitor 2018, a comprehensive analysis of the UK population's drinking habits from alcohol education charity Drinkaware and YouGov, has found that almost one third (31%) of UK drinkers do not recognise the link between alcohol and heart problems.

And worryingly, 70% of people drinking at increasing and higher risk levels are aware of the link but are continuing to drink at these levels.[1]

In the wake of these figures, Drinkaware is urging people to use this year's Alcohol Awareness Week (19th – 25th November) as an opportunity to assess their drinking and make simple changes, like taking several Drink Free Days each week, to reduce the amount they drink and improve their heart health.

Commenting on these findings, Drinkaware Chief Executive, Elaine Hindal, said:

“Heart disease kills nearly 160,000 men and women every year in the UK but this survey shows that too many people do not recognise the link between alcohol and heart problems.[2]

“It is also deeply concerning that those who are drinking at increasing and higher risk levels are aware of the link but are continuing to drink in harmful ways.

“Whilst there are some studies showing that drinking alcohol can have a protective effect in certain cases, everyone needs to be aware that drinking alcohol over the Chief Medical Officers' low risk drinking guidelines of 14 units a week raises the risk of developing heart problems, and that the more alcohol they drink, the greater the risk.

“Cutting back on alcohol by taking more Drink Free Days each week can improve overall health and reduce the risk of developing heart problems.

“The more you cut back, the greater the benefit, and to keep health risks from alcohol to a low level, it is safest not to drink more than 14 units a week on a regular basis.

“Alcohol Awareness Week is a great opportunity for us all to look at our drinking habits and make changes that can vastly improve our health and wellbeing.”

Following his recent successful attempts to moderate his own drinking in the TV experiment '100 Years Younger', Catchphrase legend Roy Walker is supporting Drinkaware in raising this issue.

The logo for Drinkaware, featuring the word "drinkaware" in a bold, lowercase, sans-serif font. The letter "i" in "drink" has a red dot above it.

Roy Walker said:

“A glass of wine here or a bottle of beer there might not seem like much but the units can add up.

“And as the units add up so do the risks of liver disease, some types of cancer, heart disease, high blood pressure and stroke.

“The simple fact is that the more alcohol we all drink, the greater the risks to our health.

“A simple and easily achievable way of reducing the risks is to cut down our drinking by taking more drink free days.

“Check out the Drinkaware website for a wide range of tools and resources to help you do so.”

Quilter Internationals: Jones names England men's team to play Japan

England men's head coach Eddie Jones has named his team to play Japan in their third Quilter International at Twickenham Stadium on Saturday (KO 3pm, live on Sky Sports Action and Main Event).

There are 11 changes to the starting XV which faced New Zealand last weekend with two positional switches. George Ford (Leicester Tigers) will start at fly half and captain England in his 50th match. Jack Nowell (Exeter Chiefs) and Alex Lozowski (Saracens) are the centre pairing while Saturday's try-scorer Chris Ashton (Sale Sharks) moves from right to left wing. Bath wing Joe Cokanasiga will make his England debut while the uncapped apprentice Ted Hill (Worcester Warriors) is named as a finisher. For the first time this series Danny Care (Harlequins) will start at scrum half with Richard Wigglesworth (Saracens) on the bench.

There are three changes to the front row with Exeter Chiefs' props Alec Hepburn and Harry Williams starting alongside Saracens' hooker Jamie George. England's starting front three against New Zealand are named as finishers. Charlie Ewels (Bath Rugby) will start in the second row in place of the injured George Kruis (Saracens) and will partner Maro Itoje (Saracens) who is named as vice-captain. In other changes to the forward pack, Courtney Lawes (Northampton Saints) will play blindside flanker with Mark Wilson (Newcastle Falcons) switching from number 8 to openside flanker. Zach Mercer (Bath Rugby) will make his first start for England at number 8.

Eddie Jones said: "Japan is an important game for us as we want to get back to winning ways. We have also tested ourselves in having a shorter preparation. We gave the players two days off after three weeks of intensive work. We have had a short preparation but a good preparation."

On Ford as captain, he said: "It's a wonderful moment for him and his family. Fifty caps and captaining the side is a great honour and every game he plays for England he gives his absolute best."

Jones said on the Twickenham factor: "Last week the fans were absolutely exceptional in the atmosphere they created for the players. It was the best I have seen and we are looking forward to more of that on Saturday."

England starting XV

15 Elliot Daly (Wasps, 23 caps)
14 Joe Cokanasiga (Bath Rugby, uncapped)
13 Jack Nowell (Exeter Chiefs, 28 caps)
12 Alex Lozowski (Saracens, 4 caps)
11 Chris Ashton (Sale Sharks, 41 caps)
10 George Ford (Leicester Tigers, 49 caps)
captain
9 Danny Care (Harlequins, 83 caps)

1 Alec Hepburn (Exeter Chiefs, 4 caps)
2 Jamie George (Saracens, 30 caps)
3 Harry Williams (Exeter Chiefs, 13 caps)
4 Charlie Ewels (Bath Rugby, 8 caps)
5 Maro Itoje (Saracens, 24 caps) vice-captain
6 Courtney Lawes (Northampton Saints, 66 caps)
7 Mark Wilson (Newcastle Falcons, 6 caps)
8 Zach Mercer (Bath Rugby, 1 cap)

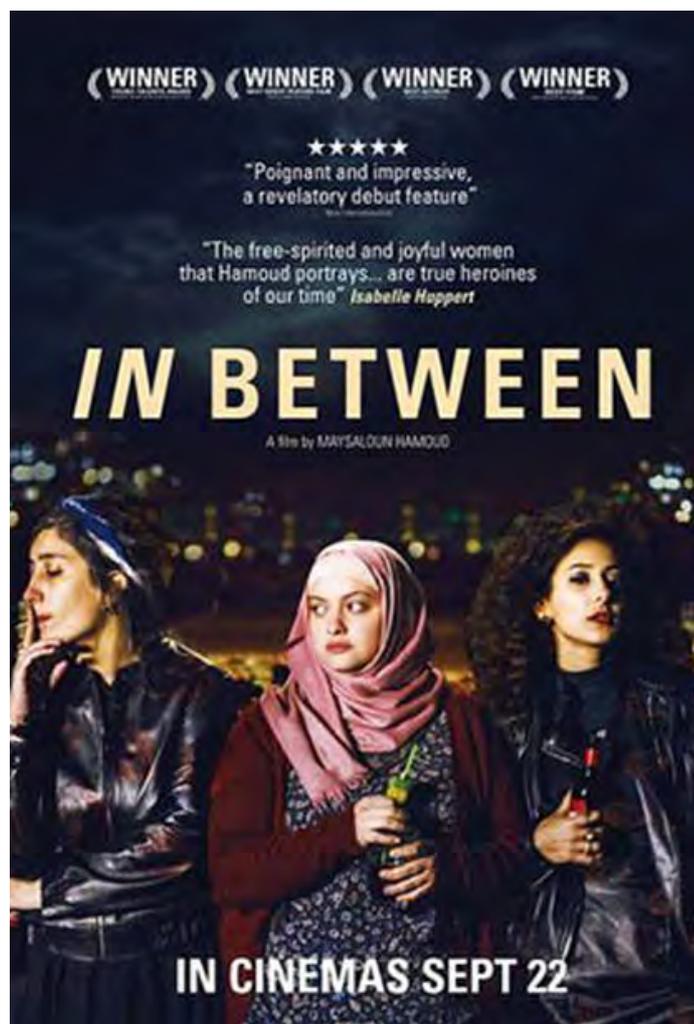
Richmond Film Society's 56th Season of World Cinema continues at The Exchange, Twickenham

27 November 2018

'In Between' (Israel)

Three young Palestinian women in Tel Aviv seek to shape their own lives away from their families and communities, although the pressures of a traditional, intolerant and patriarchal society are never far away.

Films are screened on alternate Tuesdays at The Exchange, 75 London Road, Twickenham, TW1 1BE. Facilities include a very comfortable, tiered 285-seat theatre, lifts, disabled access, a bar and a café. Films are shown at 8.00pm sharp, with no trailers and no ads. On screening nights, the Bar is open from 7.00pm and the auditorium opens at 7.30pm.



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