

The Twickenham Tribune

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TwickerTape - News in Brief

Richmond Council extremely saddened at passing of Councillor Mona Adams

Richmond Council is extremely saddened to learn of the passing of East Sheen Councillor and former Deputy Mayor, Mona Adams and has expressed its condolences to her family and loved ones. She died of lung cancer which she fought off for long enough to complete her duties as Deputy Mayor.

Cllr Gareth Roberts, Leader of Richmond Council said:

“Mona was an absolute delight to call a friend. She was focused, dedicated and fiercely loyal to those who were lucky enough to find themselves under her protection. She was passionate, persuasive and above all fun.

Council welcomes views to help shape the future of health and care in the borough

The local NHS, Richmond Council and the voluntary sector have been working together to review the local community’s health and care needs and develop an action plan to improve services.

Following months of engagement with local people, health and care partners in Richmond have worked together to publish the Health and Care Plan ‘discussion document’, which covers the two-year period of 2019-21.

More info [HERE](#)

Funding to help make Council owned buildings more energy efficient

Buildings owned by Richmond Council are to be made more environmentally friendly following a decision to allocate Carbon Offset funding towards energy efficiency projects. The Carbon Offset Fund secures financial contributions from larger developments within the borough which do not meet the criteria of a zero-carbon home.

It is part of the Council’s wider programme to protect and improve its environment including a new climate change strategy which will be produced later this year.



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There has been much consternation on TwickerTwitter this week following the overnight appearance of a dreaded 'Yellow Box' at the infamous King Street / Cross Deep / Heath Road junction in Twickenham.

There have long been problems with this junction, possibly exacerbated by the last administration's re-working of King Street, although residents' suggestions have tended to fall on deaf ears.

Many have asked for feeder lights and the traffic lights continue to be out of sync, particularly for traffic from Heath Road.

Time will tell if this new development will improve things, but there seem to be many residents who are doubtful.



PART 128 – THE FIRST TWICKENHAM BRIDGE

This week's postcard was bought at the Woking postcard fair last weekend. I have never seen it before but know that the publisher / photographer was Richard Young and Co. of Teddington High Street. What an interesting photo!

The first thing of note is the title – “Twickenham Bridge” Today Twickenham Bridge is the one on the A316 between St Margarets and Richmond. This bridge was opened on 3 July 1933 by Edward, Prince of Wales. The future King had a busy day because he had already opened Chiswick Bridge and then went on to open the new Hampton Court Bridge.



The Bridge on our postcard is clearly not that one. It is in fact the bridge over the railway lines and river Crane at Twickenham Station. The photographer is standing at the top of Whitton Road facing what is now Twickenham Station with its surrounding of multiple tower blocks. On the top right of the photo you would now see the Exchange building. So looking at the postcard again you can see the first house in Cole Park Road very clearly while the column in the bottom right hand corner is that of the entrance to Heatham House. The bus carrying its advertising for Fry's Cocoa doesn't appear to be on tramlines which first appeared around 1904 and so I suspect that this postcard was published over 110 years ago in around 1902 ish. A bit strange because Young and Co are not known in Teddington before 1906. I welcome any comments for or against this from our readership of course.

If you want an enjoyable couple of hours on the late May Bank holiday Monday (May 27th), do consider popping along to the Postcard and Ephemera fair at Tolworth Recreation Centre. I shall have a stall there with lots of local postcards from the last 120 years along with local photos and books. Postcards will be on sale from 10 pence each so do come along and have a browse. I'm also interested in buying old postcards so bring along any you may wish to part with or contact me to arrange an appointment at your place or mine.

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My search for old postcards continues. I am always looking for old postcards and old photograph albums etc. The postcards can be British or Foreign, black and white or coloured and of places or subjects. If you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, please contact me on 07875 578398 or alanwinter192@hotmail.com I would like to see them and I pay cash!



*denotes new listing

Sunday, 9-Saturday, 15 June at 7.45 (Sun at 6pm) Studio Theatre, Hampton Hill Theatre. Teddington Theatre Club presents A VISIT FROM MISS PROTHERO and AN ENGLISHMAN ABROAD by Alan Bennett. Booking now open. Only 50 seats each night. Don't leave it too late to book your seat.

Info: www.teddingtontheatreclub.org.uk

*Saturday, 22-Saturday, 29 June. Teddington Theatre Club is proud to present the award-winning Hilary Mantel novels adapted for the stage by Mike Poulton, WOLF HALL and BRING UP THE BODIES.

Info: www.teddingtontheatreclub.org.uk

Friday 31 May-Sunday, 1 June at 7.45 Rogue Opera presents DON GIOVANNI by Mozart.

Info: www.bit.ly/DonGHamptonHill

*Tuesday, 28 May. 8.00pm. The Exchange, TW1 1BE. Richmond Film Society screen Bulgarian film GLORY.

Info: www.richmondfilmsoc.org.uk

*Thursday, 30 May at 7.00. Hammond Theatre, TW12 3HD, National Theatre Live streamed performance, ALL MY SONS by Arthur Miller.

Info: www.thehammondtheatre.co.uk/whats-on

*Thursday, 30-Saturday 8 June. 7.30 at St Edmunds Church Hall, TW2 7BB. Edmundian Players present GOOD NIGHT MISTER TOM by David Wood, based on book by Michelle Magorian.

Info: www.edmundianplayers.com

Saturday, 1 June, 8pm. Landmark Arts Centre, Teddington. CHRISTINE COLLISTER & DAVE KELLY.

Info: www.landmarkartscentre.org

Sunday, 2 June, 7.30. Normansfield Theatre. SUMMER MUSIC'S FIRST CONCERT playing music for string quartets and quintets.

Info: www.langdowndowncentre.org.uk

Thursday, 6 June, 2-6pm at RHACC, TW9 2RE. VOLUNTEER FAIR

Info: www.richmond.gov.uk/find_out_how_to_contribute_volunteers_week

Jazz, rock, and blues music enthusiasts who head to the bars at The Cabbage Patch Pub in London Road are advised to visit the websites below to check what's on.

Sunday, 9 June, Twickfolk reopens with BILLY KEMP, singer and guitarist with songs and stories from the heart of Nashville.

Info: www.twickfolk.co.uk

Tuesday, 4 June at 8 pm Twickenham Jazz Club regulars, KELVIN CHRISTIANE ALL STARS BIG BAND.

Info: www.twickenhamjazzclub.co.uk

Thursday, 31 May, 7.45-11, Patchworks Bar, Cabbage Patch Pub, SLIM CHANCE. Evocation of the Small Faces and The Faces.

Info: www.eelpieclub.com

Remember to check alternate Thursdays at 8.00pm at The Turk's Head, Winchester Road, St Margaret's, where the Pub Choir invites you to join in or just relax and listen.

Friday evenings from 7.30 at Arthurs on the Green, TW2 Live jazz from THE BUCKINGHAM TRIO. Jazz and Italian grub. What a combo!

Saturdays and Sundays. Fun and games for all the family, at ORLEANS HOUSE GALLERY, Riverside TW1 3DJ.

Info: www.orleanshousegallery.org

Wednesdays-Sundays, 12noon-4.00 at TURNERS HOUSE Exhibition: MINIATURE LANDS OF MYTH AND MEMORY. Also wander round the garden now in full bloom.

Info: www.turnershouse.org

Monday, 27 May, 10-4.00 on Twickenham Green, HANDS FAIR. Annual Charity Fair. (Help a Neighbour in Distress). Bank Holiday all the fun of the fair. Unmissable Tombola, garden plant stalls, pet stall, hot dogs and other hot food stalls, Bric-a-Brac, crafts, tea and cakes and much, much more. Just turn up and enjoy yourself. Cross fingers for fine weather.



The Tree Agency

darryl parkin

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Chutney & Jams, Raffle, Toys, Books,
Jewellery, Silent Auction.

www.stmarywick.org.uk

Dear Twickenham Tribune

Thank you for sending me the wonderful book that I won in your competition in April ([Edition 129](#)).

It was such a surprise as I enter lots of your competitions and never win anything but actually winning the book was so lovely and I think the best one of your competitions so far anyway! It was a huge book (The Perfect Afternoon Tea Recipe Book by Antony Wild and Carol Pastor) beautifully illustrated with many pages introducing the history, art and culture of tea ceremonies and tea itself. I have not actually finished reading the whole introduction yet but what I've read so far is really lovely. One of these days I will try and make one of the recipes for you as a thank you! So be warned!

Many thanks again,
Shona Lyons

Retiring Postman

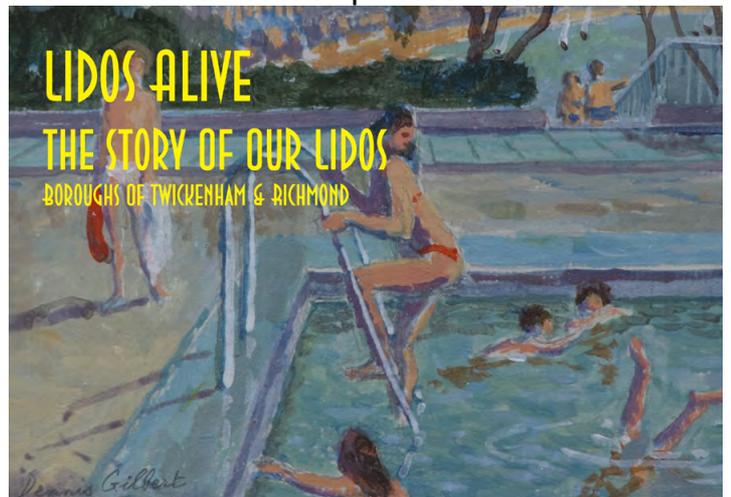
Much appreciated postman Bob Pentney was presented with a leaving gift and card on his retirement by residents of Heathfield South this week. He was delighted and surprised and declared the road 'top road in Twickenham'.



An Ideal Present for just £6

Lidos Alive – the Story of Our Lidos - is a 63-page A5 book with colour photos and illustrations full of interesting information about the history of outdoor swimming in the Borough and the rise of the lido. Contents include Mereway Bathing Place, pools in Bushy Park, Hampton Pool, Teddington Pool, Hampton Wick, Tagg's Island, Marble Hill, Twickenham Baths, Pools on the Park and other interesting stories.

Books can be purchased at Crusader Travel in Church Street, Twickenham and Premier Wines next to Strawberry Hill Station.



The Lonesome West

by **Martin McDonagh**

Directed by Fiona Smith

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at the Mary Wallace Theatre

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"God's got no jurisdiction in this town."

National Physical Laboratory (NPL) in Teddington celebrates its annual Water Rocket Challenge

On Wednesday 19th June, the National Physical Laboratory (NPL) in Teddington will celebrate its annual Water Rocket Challenge. Teams taking part build their rockets around 2-litre drinks bottles, and propel them using water pressure. Would you be interested in featuring this as an upcoming local event?

It is open from 6pm for teams of up to six wanting to join in the fun and build their own rocket – more information and tickets can be found here: www.npl.co.uk/wrc



NPL's Water Rocket Challenge is a super-easy and fun way for adults and young people to get involved in science, learn a thing or two about the laws of gravity, as well as raise money for the Shooting Star Chase children's hospice charity.

This year, to mark 20 years of the Challenge, NPL will be attempting to construct the largest water rocket ever built. The current record included 140 2-litre bottles, and stood at 3.4 m tall, and NPL is hoping to build one even bigger.

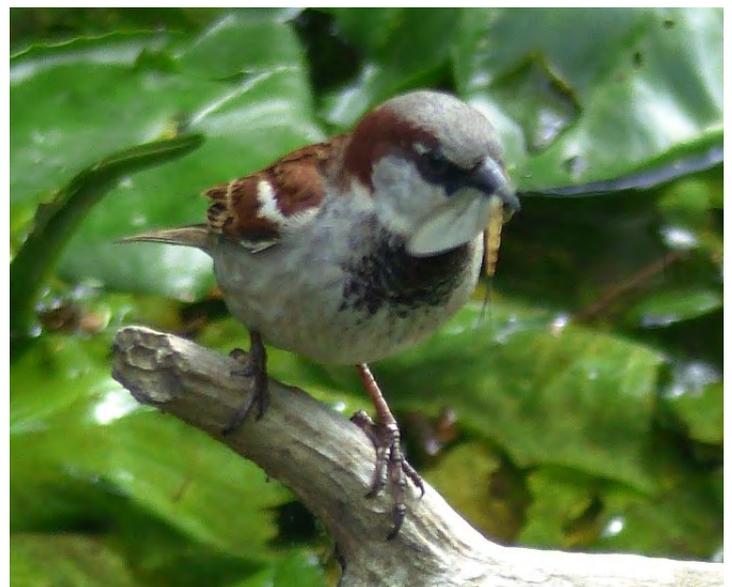


River Crane Sanctuary



Butterflies Bats Birds Blooms Beetles Bees

The sun has brought out all the usual suspects and some not so usual anymore: e.g. We have recorded swifts, stag beetles, bats and song thrushes last week. Have you seen any of these in your garden or on your walks? Chelsea flower show along with Countryfile is now acknowledging the need for more attention to 'wilding' and endangered flora and fauna issues. Wildflowers and grasses are so beautiful and attract pollinators such as the Orange Tip butterfly seen feeding on Herb-Robert photograph taken in the Sanctuary last Wednesday. Gorgeous Red Campion, in the Meadway Orchard below, is worth a place even in the most manicured garden and also helps insects to flourish which in turn feed other species. Mayflies are abundant and watching the house sparrows play and feed in the River Crane by Meadway Bridge was a joy.



Little changes make big differences if enough of us decide it is worth our effort to green our urban spaces where we can do so or give our support to others fighting to save our environment.

The River Crane Sanctuary website <http://e-voice.org.uk/rcs/>

St Mary's University Update

St Mary's Academic Publishes New Book on Psychology of Endurance Sport

Senior Lecturer in Applied Sport Psychology at St Mary's University, Twickenham, Dr Carla Meijen has published a new book on psychology in endurance sport.

The book entitled *Endurance Performance in Sport: Psychological theory and interventions*, was edited by Carla and provides readers with a background to the main theoretical models and covers practical strategies to use in endurance performance.



Endurance athletes from all levels can relate to the psychological aspects of endurance activities, whether these are thoughts around the urge to stop or slow down, concerns about pacing, managing pain and discomfort, motivation, or the emotional rollercoaster that endurance events can present.

Bringing together experts in the field from around the world, Carla's book is the first text to provide a detailed overview of the psychology of endurance performance which balances a research and an applied focus, looking at both main theoretical models as well as how interventions can support an athlete's efficacy and well-being.

The authors look at regulatory processes around pain, decision-making, self-belief,

emotions, and meta-cognition, before examining a range of cognitive strategies, including the use of imagery, goals, self-talk, and mindfulness techniques. With a final section of the book outlining issues related to mental health that are relevant to endurance performance, the book shows that the future of research and application of psychological theory in endurance performance in sport is bright and thriving.

Speaking of the book, Dr Meijen said, "Bringing together international experts, readers get to learn more about how psychological factors feature in endurance performance, and how psychological techniques can be used in a practical way. I like how the book focuses on combining theory and practice, and there should be something of interest for coaches, athletes, practitioners, and researchers alike!"

The book will be launched at an event on St Mary's campus on 26th June. The event will feature a panel discussion, where attendees can hear from an expert panel who will explain the psychological impact on endurance performance, as well as providing suggestions for psychological strategies to help deal with the psychological demands of endurance performance.

The event is suitable for endurance athletes (all levels, beginner and experienced), coaches, students, sport psychologists, and researchers, and is free to attend, find out more and [book your place here](#).



St Mary's
University
Twickenham
London

The Al Fresco dining season in Church Street Twickenham

By Shona Lyons

Yesterday (Thursday) saw the start of the Al Fresco Dining season in Church Street Twickenham.

A google on line dictionary refers this as a casual dining experience, often party-like in atmosphere when food and beverages are served at pavement tables late into the night. This encapsulates perfectly the Al Fresco atmosphere in Church Street during the summer months and yesterday was no different. We have 3 months of this to look forward to! This year we have a new addition to our many eateries, Tsaretta Spice, an Indian Tapas and fine-dining restaurant at 55 Church Street, bound to be a very enjoyable experience if their other sister boutique restaurants in Meribel are anything to go by as well as the much loved Italian's; Pulcinella, Masaniello, Sorrento & Corto. Our long standing Indians; Twickenham tandoori and Naz Balti. Mediterranean and Persian; Rosie Chai and also our popular two pubs The Eel Pie known for its great pub food and the Fox which is making quite a name for itself on the music scene.



AL FRESCO SUMMER DINING IN CHURCH STREET TWICKENHAM Thursday 23 May - Sunday 01 September



Thursday 6pm until 11pm

Friday and Saturday 6pm until 11.30pm

Sundays and Bank Holidays 10.30am until 10pm



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www.ttba.org.uk

The Anglers, Teddington Launch Evening

On Thursday The Anglers held a launch party to celebrate their reopening following a substantial refurbishment. Manager Ben Walton welcomed guests including Deputy Mayor James Chard. A blessing was given by Rev Joe Moffatt.



144 - MORE THAN JUST A NUMBER



The Richmond Hill Hotel has recently had a massive refurbishment, and as well as upgrading the bedrooms and other amenities, has remodelled its food and drinks facilities. The hotel interior is dramatically different – and far better than before. It has a relaxed, contemporary feel and a plethora of design details influenced by famous poets, writers and artists associated

with the area. In line with many hotels currently, the atmosphere is relaxed and somewhere to enjoy refreshments all day. I was worried that the dreadful fire recently at the spa that adjoins it to the hotel next door might have affected the restaurant, but thankfully it is fine and luckily nobody was hurt in the fire.



I met a friend there for lunch recently, and although I arrived embarrassingly late, the restaurant and bar was very quiet for a weekday lunchtime. The restaurant is behind the central bar feature, is light and airy but of course lacks a view of the river. I was surprised that there is no set menu available – particularly at lunchtimes – as this, to me anyway, is a given for an hotel in a rather remote location with lots of local competition. There is however, a 144 Specials menu with prices similar to the a la carte. And that said, prices aren't particularly high: starters £6-9; mains averaging around £14-15 and desserts £6-9. There are 13 wines available by the glass and bottles are from £21.



We started with Brixham Scallops with chorizo, leeks and crispy seaweed dust (from the specials) and Burrata with baby spinach, horseradish and cured heritage beetroot. My companion's scallops were attractively served - in scallop shells. He felt they were slightly over salted, but otherwise proclaimed good. My burrata was lovely and the cured beetroot accompaniment particularly good, and beautifully balanced.





Our mains were chosen from the specials menu: Seabass, samphire, crispy royal kombu, tomato beurre blanc for my companion and for me the vegan Pea and Asparagus salad (quinoa, sea kale, chilli, peas, asparagus, mint, lemon & poppy seed dressing) with which I opted for the grilled salmon addition (chicken or goat's cheese also available). The seabass was declared excellent, with the fish cooked to perfection, with crispy skin and a generous portion of samphire - again perfect and not at all stringy. Other than the beurre blanc (felt to be a little lacking in flavour) altogether a good dish. My salad was



prettily presented. There was plenty of asparagus (white and green, and cooked al dente) and a good piece of salmon, again cooked perfectly, but there was a lack of seasoning. I wasn't really aware of mint in my salad and my salmon would have benefitted from a good squeeze of fresh lemon. The dish rather lacked 'oomph', which was a great shame as it was otherwise very good and most acceptable.

Our desserts were Bakewell Tart (made with blueberry jam) and served with clotted cream, and Valrhona Chocolate Mousse with honeycomb crunch. The tart was judged to be very tasty and blueberry a nice alternative jam, but rather light on the filling and jam in comparison to the thickness of pastry base. My chocolate mousse was beautifully presented, with fresh flower decoration. It was fabulous, but very rich and deliciously chocolatey... so much so that I was embarrassed not to be able to do it justice.



A couple of glasses of Nederburg The Manor Sauvignon Blanc went down a treat with our meal and I was pleased to see prices for wines by the glass not being out of kilter with the bottle price. So, if you do decide to relax a bit more and have a few extra glasses you won't feel cheated by not having ordered a bottle in the first place!

The revamped Richmond Hill Hotel is a great success. The restaurant no doubt has a good deal more atmosphere in the evenings, and its 'Turf to Table' inspired menu, changing seasonally and serving a range of dishes ranging from vegan to classic British, looks set to be a great addition to Richmond Hill.

PINOT GRIGIO VS SOME OTHERS



Veneto vineyards

Pinot Grigio. Probably the most popular white wine in the UK today. It's a mutation of the red grape Pinot Noir. The Italian Grigio is actually the French Gris, where it is quite a different beast; bigger, fruitier and more full bodied, whereas the Grigio is crisp, light and super summery. And this is why everybody's buying it. However, beware! There is now so much contrived, characterless Pinot Grigio available that there's a risk of ending up with flavoured water.

The best winemaking areas are in Italy, mainly Veneto and Friuli. A great example is the Villa del Lago Pinot

Grigio from Veneto at £7.99, or 3 for £20. Fresh, vibrant, crisp and clean, it ticks all the boxes; a perfect wine for all occasions. But is that enough? Is such an all rounder really going to provide an interesting experience?

Don't panic; read on. If you're looking for good Italian summer wine, if you're a fan of Pinot Grigio but want something a little more autentico, then you have to try the Verdicchio from Monte Schiavo in the Marche region. Fresh and zesty with apricot and orchard fruit aromas, and a hint of white flower and citrus. Ripe stone fruit and grapefruit characters, refreshing lemon citrus acidity, and a crisp finish. All for £9.49. And the vineyard will be organic next year.

Talking of organic production, there's a lovely little wine from Sicily called Da Vero. Made from the Catarrato grape, sourced from the north-west corner of Sicily, at Calatafimi, between Marsala and Palermo. The vineyards were converted to organic viticulture in 2005. Bright, appealing aromas of citrus and fennel. The palate is fresh and incisive with more citrus notes, hints of stone fruit and crisp acidity. Really good for £8.99!

There are many more interesting Italian whites perfect for the summer: Soave, Frascati, Pecorino; but I must mention Gavi. Made in Piedmont from the Cortese grape, this delicious wine is a step up in quality. Alasia Gavi (£10.99) is named after the medieval Princess Alasia, who eloped with a young Saxon knight and hid out in the Monferrato region, presumably consuming Gavi. Anyway, this wine has gorgeous aromas of citrus fruit and white flower with a touch of white spice. Hints of orchard and stone fruits. Crisp, refreshing acidity. Brilliant with fish.

Pinot Grigio in your deckchair, but Gavi at the table, per favore!



Premier Wine

Handbagged

by Moira Buffini

Teddington Theatre Club, Hampton Hill Theatre until 24th May

Review by Andrew Lawston

The 1980s are back. Hampton Hill Theatre's stage is littered with portable televisions and VCRs, while a single giant screen hangs above a faded Union Jack backdrop and plays Cyndi Lauper videos. Meanwhile a corner set with wonderful cut-down walls features a suitably regal tea set. The stage is set for the figure who embodies the 1980s in Britain. When Margaret Thatcher strides on stage with a triumphant wave, in trademark blue suit, the audience isn't quite sure how to react.



TTC's ambitious new production of Moira Buffini's play *Handbagged* is well aware of the iconic status of its two

central characters. The play imagines the weekly meetings between the Queen and Thatcher more or less chronologically throughout the course of the Iron Lady's premiership, with their younger and older selves standing side by side, commenting on and often

contradicting their counterparts' attitudes. It is speculative, educational, and very funny indeed.

The lead characters here are striking evocations of the real people depicted, without ever descending into caricature. Tracy Frankson and Heather Stockwell portray the older and younger Queen Elizabeth as a concerned and compassionate monarch, who seems constantly to be repressing a wicked sense of humour. The continuity between the two performances strikes a chord with Frankson's repeated observation as the older Queen that she has seen so many Prime Ministers come and go, over the long years of her reign.

There is more of a contrast between the younger "Mags" in a playful performance from Helen Geldert and the more controlled "T" played by Jane Marcus. While both make use of the same vocal mannerisms and gestures, the older Thatcher is more rigid, calcified, hard-baked into our collective image of the Iron Lady



Read Andrew Lawston's full review at

www.markaspen.com/2019/05/19/handbag

Photography by Cath Messum

TRAVELLER'S TALES 31

SIEM REAP AND THE SPLENDOUR OF ANGKOR

Doug and Celia Goodman visit Cambodia's temples.



In order to make the most of your visit to Angkor, it is best to plan your itinerary before setting out and do some homework. The Angkorian period spans from AD802 to 1432 and the Angkor Archaeological Park's temples spread over a large area, often kilometres apart. A knowledgeable guide, such as Denise Haywood, will help navigate the crowded pinch points and bring alive the history and stories of the site. The temples surviving today are the sacred remains of the vast political, religious and social centre of Cambodia's ancient Khmer empire, which at its zenith had a population of one million, when London was but a small town. Angkor Wat is the visually, architecturally and artistically breathtaking centrepiece, a perfect fusion of creative ambition and spiritual devotion. It is matched by only a few places on earth such as Macchu Picchu or Petra. Surrounded by a moat, the temple is 1km square and rises three levels with a central tower. Interior and exterior surfaces are covered with bas-reliefs and carvings, illustrating historical and mythological epic events in exquisite detail.

Sun Rise



Sunrise at Angkor Wat



Angkor Wat



Bayon

Watch the sun rise behind the temple and marvel at the silhouette of the distinctively shaped towers materialise against a coloured sky.

If you only see two temples, Angkor Wat and the Bayon should be the ones. A collection of 54 Gothic-style towers decorated with 216 coldly smiling enormous faces which glare down from every angle, exuding power, control and a hint of humanity. Bayon's 1.2km of bas-reliefs are extraordinary carvings of everyday life, market scenes, cock-fighting, chess games and child-birth interspersed with battle scenes.

Ta Prohm is the spot where you imagine Indiana Jones or Lara Croft appearing. It has only partially been cleared from the encroaching jungle. Massive fig and silk-cotton trees grow from the towers and corridors, filtering the sunlight and casting a greenish shade. It is easy to see what the first European explorers discovered when they stumbled across the ruins. Banteay Srei is 38km from Siem Reap, but as the art gallery of Angkor, is well worth the journey. Constructed of pinkish stone and dedicated to Shiva, it has some of the finest carving seen anywhere. One of the smallest temples, the carvings are easily accessible and almost every inch is covered with decoration. Dated from AD967, the deep filigree relief work depicts male

and female divinities, delicate women with lotus flowers in hand and breathtaking recreations from the epic Ramayana.



Ta Prohm



Bantea Srei



Siem Reap Market

You must obtain an admission pass to the park, the entrance of which is 4km from Siem Reap. It is possible to rent a bike to visit the main sites. Tuk-tuks, motorcycle taxis and car taxis are options if you want to conserve energy in the heat for temple exploring.

Denise Haywood lectures on the Khmer Civilisation and guides small cultural tours to Cambodia for Cox and Kings. Her recent book is entitled 'Cambodian Dance Celebrations of the Gods.' www.denisehaywood.co.uk



Food Market



Angkor Wat



Greetings from Cambodia

Siem Reap

The city is where visitors stay to spend a few days exploring the vast temple region. Its markets, restaurants, museums, music and dance performances provide a pleasant diversion from the often strenuous sight seeing. The food market offers many colourful and strange fruits and vegetables while the meat section looked very unappealing. The clothing area, where bargaining is essential, had great value designer goods – probably some fakes! I was interested to learn about the effects of the Vietnam War on Cambodia and the country's liberation by the Vietnamese army from the terror regime imposed by The Khmer Rouge in the 70s. I visited a military museum on the outskirts of the city and spent a morning wandering around a vast park full of rusting tanks, guns, aircraft and piles of small arms. An English speaking guide described life under The Khmer Rouge's dictator Pol Pot when hundreds of thousands of the population were massacred. It was a very sobering experience.

View information on Cambodia at World InfoZone

www.worldinfozone.com/facts.php?country=Cambodia



CAMBODIA TRAVELLER

This is a trip (Land Only) that can start in Bangkok or Saigon (Ho Chi Minh City)

Cambodia Traveller; practically weekly departures from, £578 , small group escorted by knowledgeable guides travelling in private vehicle and local bus

It is one of many excellent small group tours done by Intrepid , but there are other like the ones a notch up in accommodation standards organised by Insider Journeys – and more with Exodus, Explore ,GAP . Or If you are looking for more tailored independent Indus and Inside Vietnam could be the ones for you



See below for some more on the Intrepid offering

Journey through Cambodia on an adventure from Ho Chi Minh City to Bangkok

Touchdown in Vietnam amid the chaotic streets of Ho Chi Minh City, travel through Cambodia and arrive in Thailand's vivacious capital. In Cambodia, visit the spectacular temples of Angkor Wat in Siem Reap, and reflect on Cambodia's tragic history at the sobering sites of Phnom Penh. This fascinating journey from Vietnam through Cambodia and on to Thailand provides the perfect opportunity to experience the best of South East Asia.

Why you'll love this trip

- This is our most popular trip in Cambodia, and one of the top trips from the entire Intrepid range.
- The trip may be quick but it is packed full of experiences that will give you great insight into Cambodia in a short amount of time.
- Angkor Wat. Need we say more? As well as a guided tour, you'll also have a pass to cover your whole time in Siem Reap so you can explore this incredible temple complex as much and as often as you like.
- Discover Kampong Luong and the countryside around Battambang with a visit to a floating village and a bike ride around farms and cottage industries.
- Get familiar with Khmer cuisine - here's a sample of what's in store for your tastebuds:
www.intrepidtravel.com/adventures/cambodian-food-guide
www.intrepidtravel.com/adventures/cambodia-eating-spiders
- Have expert advice on hand the whole way with an experienced local leader to help you get the best out of your time in Cambodia, like Channa:
www.intrepidtravel.com/adventures/channa-intrepid-leader-cambodia
- Travel from Vietnam to Thailand, experiencing the contrasts between three of the regions most fascinating countries.

Is this trip right for you?

- The stories and history shared at the Killing Fields and S21 are confronting and many travellers will find them upsetting. This is an important part of Cambodia's recent history that we feel is important for travellers to know. If you would prefer not to join these activities your leader can recommend some optional alternatives. Some further information on visiting the Killing Fields can be found here:
www.intrepidtravel.com/adventures/importance-visiting-cambodia-k...
- There are some long travel days by both private and public transport (up to 10 hours on the road), including the days that we cross from Vietnam to Cambodia and Cambodia to Thailand. Your leader and local guides will assist with the border crossings, but plenty of patience is advised.
- Some travellers enjoy Siem Reap so much that they decide they want to stay extra days rather than continuing with the group to Bangkok. You are welcome to sign off the trip to enjoy more of Cambodia, however we aren't able to reimburse any unused services or provide alternate onward travel arrangements.
- At times our accommodation may not have continuous hot water. Most travellers don't find this a problem however, and are often keen to cool down from the heat with a refreshing cold shower!
- We stay in hotel accommodation throughout this trip. If you would prefer a similar trip with a homestay experience, you might like to consider booking our Cambodia Express (TKSD) trip.

FOOTBALL FOCUS

By Alan Winter



FA VASE FINAL – CHERTSEY TOWN 3 V CRAY VALLEY 1

Last Sunday at Wembley Stadium, history was made with Chertsey Town winning an exciting cup final after extra time was added on. This was Chertsey's first visit to Wembley in their 129 year history having been formed in



1890. It made it a double for the club having already won the Premier division of the Combined Counties League by 13 points this season. I was at the cup final having been



involved with Chertsey Town over 20 years ago and got to lift the FA Vase Trophy with an old team mate Terry Gazzard after the match. As you can see, the trophy is actually larger and heavier than the FA Cup which was won by Manchester City on the same pitch the previous day. Well done Chertsey Town.



BRENTFORD INTERNATIONAL CALL UPS

HENRIK DALSGAARD: Defender Henrik Dalsgaard has been included in the Denmark squad for two upcoming matches. Denmark

will play Republic of Ireland and Georgia next month in UEFA European Championship Qualification fixtures. Denmark drew their first Group D fixture against Switzerland in March and need to finish in the top two of a pool that also includes Gibraltar in order to qualify for the tournament next summer. Henrik has been named in a 22-man squad for the games, both in Copenhagen, on June 7 and June 10. He goes in to the match having scored the equaliser against Switzerland as Denmark came from 3-0 down to earn a point. The defender has 16 caps for his country and that was his first goal.

KAMOHELO MOKOTJO: Midfield player Kamohelo Mokotjo will be going to the Africa Cup of Nations in Egypt this summer having been selected to represent South Africa. They will play Ivory Coast on 24 June, Namibia on 28 June and Morocco on 1 July. The top

two teams in each of the six groups and the four best third-placed teams will then go through to the last 16. The final of the competition takes place on 19 July. Kamohelo was a regular in the South African squad that qualified for the tournament. He played as they earned their spot against Libya and now has 14 caps to his credit. He has earned eight of those caps since joining Brentford in 2017.

CANICE CARROLL: Canice Carroll has become the latest Brentford play to earn an international call-up. The Brentford B defender, who can also play in midfield, has been called up to the Republic of Ireland squad for the prestigious 2019 Maurice Revello Tournament, better known as the Toulon Tournament. Ireland are sending an Under-21 squad to the event and Canice was named in the squad yesterday. It is a first Under-21 call-up for Canice, He has represented his country at Under-17, Under-18 and Under-19 level, playing 20 games in total.

JOHN BUTTIGIEG: currently holds the record for most caps as a Brentford player – 20 for Malta.

The first fixture of the 2019/20 season when Brentford FC will be saying farewell to Griffin Park comes when Premier league side Bournemouth are the visitors on Saturday 27 July for a pre-season friendly.

Don't forget to buy your season ticket for Brentford. Many of the games are predicted to be sell-outs as the Bees play their final season at Griffin Park after 115 years while they strive for promotion to the Premier League.



Golden Bolt Ceremony held at Brentford Community Stadium

Steel frame now in place and structure complete

A major milestone was reached yesterday in the construction of our new home as a Golden Bolt ceremony was held. Brentford FC will be moving to its new stadium at the end of the 2019/20 season and construction has been underway since ground was broken in 2018. The final piece of the steel frame was completed at Brentford Community Stadium yesterday, Thursday 23 May, a moment that was marked with a ceremony on site known as a Golden Bolt ceremony.



The 17,250-seater stadium and associated development commenced in Quarter 2 of 2018 with the Club's development partner EcoWorld London, and its stadium principal contractor Buckingham Construction Group Limited. The Brentford Community Stadium development is an important part of the wider regeneration of the area known as Brentford East. It will deliver a stadium together with more than 900 new homes, a new purpose-built location for Brentford FC Community Sports Trust, and a public square with shops and cafes.

A Golden Bolt ceremony is traditionally held in the construction industry when the last steel beam is bolted into place – signifying that the build is structurally complete. At Brentford Community Stadium this came yesterday afternoon. Representatives from the Club, EcoWorld London and Buckingham Group were on site to see the pylon being bolted into position and to mark the occasion.



Jon Varney, Brentford FC Chief Executive, said: "This is a significant milestone for the development and for Brentford FC. We have all watched the stadium grow from the ground over the past year or so and to see the structure now complete is fantastic. There is still a great deal of work to do on the pitch, the mechanical-electrical infrastructure and on the internal fit-out but that is all on track.

"We are building a high-quality stadium fully equipped and ready from day one for Premier League football. The Club is focussed on making sure we fill the stadium when we move in and our fans can help with that by telling people about what we are doing. They can now tell friends and family that the structure of our stadium is complete. The next 12 months will be a very exciting time for everyone."

Cheong Heng Leong, CEO of EcoWorld London, said: "This is a significant milestone in not only the delivery of Brentford FC's new home, but in the wider regeneration of Brentford which the stadium and the surrounding development will be at the heart of. We look forward to welcoming communities both old and new, from the fans to the residents of the new homes we are building, when the stadium completes in 2020."

THE STARS OF RUGBY SEVENS FORM A RIGHT ROYAL LINE-UP AHEAD OF HSBC LONDON SEVENS

Ahead of this weekend's HSBC London Sevens event at Twickenham Stadium (25-26 May 2019), the 16 captains from the world's participating rugby sevens teams lined up for a photocall at Royal Kensington Palace today, officially launching the London leg of the tournament.

The HSBC London Sevens is the penultimate event on the HSBC World Rugby Sevens Series, which concludes next month in Paris (1-2 June 2019).

England currently stand in fifth place behind South Africa with everything to play for this weekend, as the top four teams in the series automatically qualify for inclusion in the 2020 Olympic Games in Tokyo.



The HSBC London Sevens has become one of the biggest sporting events on the calendar with fans enjoying a weekend of top level sport and a huge range of entertainment.

This weekend, entertainment includes live music and DJs, headlined by renowned garage act DJ Luck & MC Neat on the opening day (Saturday 25 May), fairground rides, a street food festival, pop-up bars, garden games, chillout zones and more, delivering fun for all ages.

England Captain Phil Burgess who will make his 50th tournament appearance on Saturday, said: "The HSBC London Sevens is an incredible event for fans of all ages – there's so much to see and do, and you can witness some of the world's best rugby players in action across 45 games that are always short, fast and furious.

"The atmosphere at Twickenham is just electric, and playing for our home crowd on our home turf means that every single one of us on the team wants to give it absolutely everything we've got to make our fans proud."

England Men Sevens squad named ahead of HSBC London Sevens

England Men Sevens head coach Simon Amor has named his side to play in the HSBC London Sevens this weekend at Twickenham Stadium (live on Sky Sports Arena and Main Event on Saturday and Sky Sports Action and Main Event on Sunday).

Phil Burgess will captain the side in his 50th tournament and five players are set to make their London debuts including Jamie Barden, Tom Emery, Ben Harris, Charlton Kerr and 13th man Femi Sofolarin. England's experienced regulars Richard de Carpentier, Ollie Lindsay-Hague, Dan Norton and James Rodwell have also been included while Tom Mitchell is not available for selection due to injury. Rodwell will play in his last HSBC London Sevens tournament before retiring at the end of the season. He broke the HSBC World Rugby Sevens Series appearance record by playing his 90th tournament in Hamilton this season. The London leg is the penultimate stop on the sevens series with England drawn to play New Zealand, Scotland and Ireland in Pool C.

Simon Amor said: "The opportunity comes around once a year to play at Twickenham and everyone is buzzing about that, particularly when we have got five players in the squad who are playing there for the very first time. To make their London debuts in an England shirt will be pretty special. "Unfortunately our story this year has been of injuries with seven highly-experienced players out but what that does is provide a huge opportunity for the young ones which is really important for us as we grow this programme going forward and they will be guided by some very experienced players."

On Burgess' 50th tournament, Amor said: "Phil Burgess getting his 50th is pretty exciting and special. To do that this weekend in front of his friends and family will be so important to him and to all of us. It will be an amazing experience."

On Rodwell's final London tournament Amor added: "The word legend is thrown about too much these days but for somebody who is the world's most capped sevens player and to have played the most consecutive tournaments in the world, that word is more than apt.

"He has been absolutely instrumental in everything that the sevens programme has done over the past 10 or 11 years. For him to start to bow out at Twickenham, in particularly in this current role with so many young players coming through, his ability to guide them as a coach off the pitch but also in this situation where we have injuries to guide them on the pitch is an amazing opportunity for these young guys to learn from one of the best there has ever been."

England finished in third place at the last series event in Singapore beating USA 7s 28-7 in the Bronze Final. England currently sit fifth on the circuit leader board, 14 points behind South Africa with Paris the last tournament of the season next weekend (1- 2 June).

England Men Sevens squad for London

Jamie Barden

Tom Bowen

Phil Burgess (captain)

Richard de Carpentier

Will Edwards

Tom Emery

Ben Harris

Charlton Kerr

Ollie Lindsay-Hague

Dan Norton

Ryan Olowofela

James Rodwell

Femi Sofolarin (13th man)

Church Street Goes Digital !!!!!!!!

With Jo@joinjo.com & SavetheHighStreet.org

By Bruce Lyons, of the Church Street Association

Busy as it may look Church Street is no different to the myriad of small streets around the country battling with the “online” phenomena , except perhaps we already have some of that strange breed – traders with online business that want a “street presence”

LBRUT is keen to make us all digital savvy and to this end has been engaged with new initiatives to make this happen . Emma in Barnes has been a sort of Guinea Pig for the traders there and has had great success with her “cluster” and LBRUT is now keen to spread the word and engage with other areas keen to improve their Retail offering and we have taken up the invitation , so don’t be surprised when you walk into a shop in the street and find the assistant with her /his head in the computer – theyre in the cluster !!!

So far more than 10 of us have joined but in the coming months we hope to have more , as we discover the benefits of advice from JO the software guru who is going to “spill the beans” and tell us all the things we need to do to make you DEAR customer want to come down to Church Street and spend your hard earned cash rather than go “on line” and that has as much to do with making the street giving a better welcome as anything else!.

This week seems to be the perfect moment to get into this with our Al Fresco off to a good start yesterday and next week we should see the hanging baskets (60) which always encourages us all to improve the plantings and street scene

Coming to your high street!
Quote from Emma in Barnes Village



Over the last 18 months I have been working with Save the High Street on a digital campaign for Barnes businesses. Initially all businesses were offered access to the digital assistant Jo and within the first few weeks of the campaign 45 had signed up. The team from Save the high street came to Barnes on a number of occasions to support businesses with the new platform. In particular, dedicated advice and assistance was given to a local jeweller which has resulted in a transformation of her businesses from waiting for customers to come to her, to opening up a new customer base in a number of other countries as well as across the UK. Other businesses have

taken up the opportunity to have one to one support to help them grow their sales. The team from Save the High Street has provided support with anything from setting up social media to introducing new payment platforms. Barnes was recognised as a runner up in the Great British High Street Awards' 2018 digital category as a result of the work we have done. Throughout our work together, Save the High Street has been very supportive, full of ideas, keen to spend the time visiting the businesses in person and have showed a great appreciation of the challenges our businesses face. As such they have gained their confidence. As always the partnership will only work if businesses are receptive, but we have found that David and his team command confidence and that has really helped to get businesses on board.

None of the Restaurants, snack bars or Pubs have joined yet – but they will and then you will have offerings of AI Beer and AI Burgers perhaps and in 10 days time we have the Twickenham Festival all around us, with the start on the 7th of June with the now famous Tug of War , held outside the Eel Pie from 6.00 p.m

Summer must be here at last and we are welcoming a new Restaurant Tsaretta Spice opening in the Square on the 30th of May, this is a sister restaurant of the Meribel Establishment; www.tsaretta.com

I am sure its going to be something special, so wish us luck with our new digital enterprise – I am sure we need it

SaveTheHighStreet.org is an industry-wide movement on a mission to ensure diverse and successful high streets

A ROOM WITH A VIEW

Africa and Europe from a penthouse veranda at the Eliott Hotel, Gibraltar



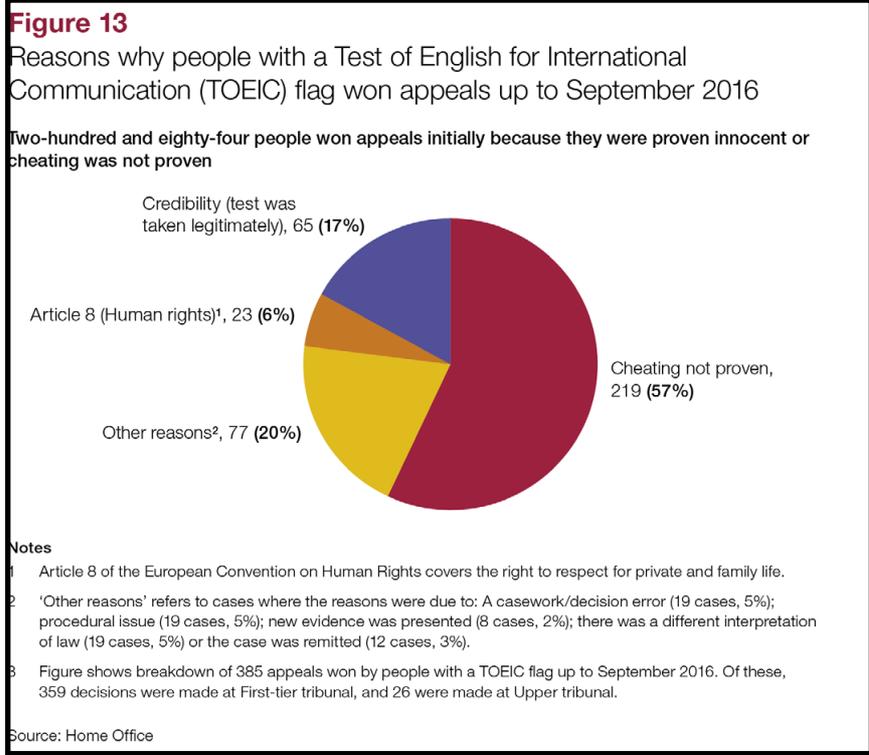
<http://worldinfozone.com/features.php?section=Gibraltar>

Investigation into the response to cheating in English language tests

The National Audit Office (NAO) has today published its investigation into the Home Office’s response to widespread cheating by international students in English language tests. Clearly widespread cheating did take place but some people may have been wrongly accused and in some cases, unfairly removed from the UK.

Evidence shows there was extensive fraud in the student visa system prior to 2014. In February 2014 BBC Panorama uncovered evidence of organised cheating in two English language test centres run on behalf of the Educational Testing Service (ETS). This included providing English-speakers to take speaking tests instead of the real candidates and staff reading out multiple choice answers for other tests. The Home Office responded vigorously, investigating colleges, test centres and students.

After the Panorama programme the Home Office began cancelling the visas of those it considered to have cheated in the Test of English for International Communication (TOEIC). It used evidence from ETS on who had cheated to do this. It suspended all ETS testing and initiated criminal investigations into test centres. It also prevented colleges associated with cheating from sponsoring international students’ visas.



It is still difficult to estimate accurately the exact scale of cheating and how many people may have been affected because of the quality of evidence used to determine who cheated and the data kept by the Home Office on the action taken against individuals.

ETS used new voice recognition technology to uncover who had cheated by having someone else sit their test. After review by human listeners and other checks, ETS identified 97% of all UK tests as “suspicious”. It classified 58% of 58,459 UK tests as “invalid” and 39% as “questionable”. The Home Office did not have the expertise to validate the results nor did it, at this

stage, get an expert opinion on the quality of the voice recognition evidence. Individuals with “questionable” results were allowed to re-sit the tests, but the Home Office started cancelling visas of those individuals given an “invalid” test.

There have been competing views of the validity of the technology. In 2015, the National Union

of Students (NUS) commissioned an expert who said the software could have made mistakes in up to 20% of cases and human listeners in up to 30% of cases.

In 2016, the Home Office sought an independent expert who said that the error rate would be significantly less than 1%. The expert had more information but still needed to make a series of assumptions about the performance of the technology and the people checking the results. The expert's evidence backs up ETS's overall assessment of widespread cheating, but neither proves definitively that an individual's test was invalid.

Most tests considered invalid by voice recognition checks did have very high marks compared to people who were cleared. 49% of invalid tests were taken by highly fluent English speakers. Some scores are not easily explained by the methods of cheating Panorama identified and have not been investigated by the Home Office. For example, thousands of people suspected of cheating had low scores in multiple choice tests, indicating they were not provided with the answers. 100 people with invalid speaking tests (0.3% of invalid results) had lower scores than the level required for study in the UK, meaning supposed proxies were actually people with limited English language ability.

It was not possible for the Home Office to directly check ETS's assessments of cheating. Some appeals challenged the handling of data by ETS and the test centres, particularly because some centres were run by criminals. People have been able to get hold of ETS voice recordings used in voice recognition checks but not the original audio recordings, although this evidence has stood up to challenge in criminal trials.

Thousands of people accused of cheating have still won the right to stay in the UK. 4,157 invalid cases have been granted leave to remain, including 477 who are now British citizens. 12,500 people appealed immigration decisions with 3,600 winning their cases. The Home Office has not tracked the reasons why people have been allowed to stay. Some have disproved allegations of cheating, others have remained on human rights grounds.

At the end of March 2019 Home Office data indicates 11,000 people who had taken TOEIC tests had left the country after the discovery of extensive cheating. Approximately 7,200 left voluntarily after April 2014, around 2,500 people were forcibly removed and almost 400 were refused re-entry to the UK. These numbers may be an underestimate.

Widespread action to close colleges also affected students who did not sit the TOEIC exams, as they had to find other courses. Some have struggled to secure new places, impacting on their visas and their ability to remain in the country. The Home Office offered help to 4,795 students and 837 students used this support.

Amyas Morse, the head of the NAO, said today:

“When the Home Office acted vigorously to exclude individuals and shut down colleges involved in the English language test cheating scandal, we think they should have taken an equally vigorous approach to protecting those who did not cheat but who were still caught up in the process, however small a proportion they might be. This did not happen.”



National Audit Office

Richmond Film Society's 57th Season of World Cinema continues at The Exchange, Twickenham

28th May, 8:00PM

Glory (Bulgaria)

Directed by Kristina Grozeva, Petar Valchanov

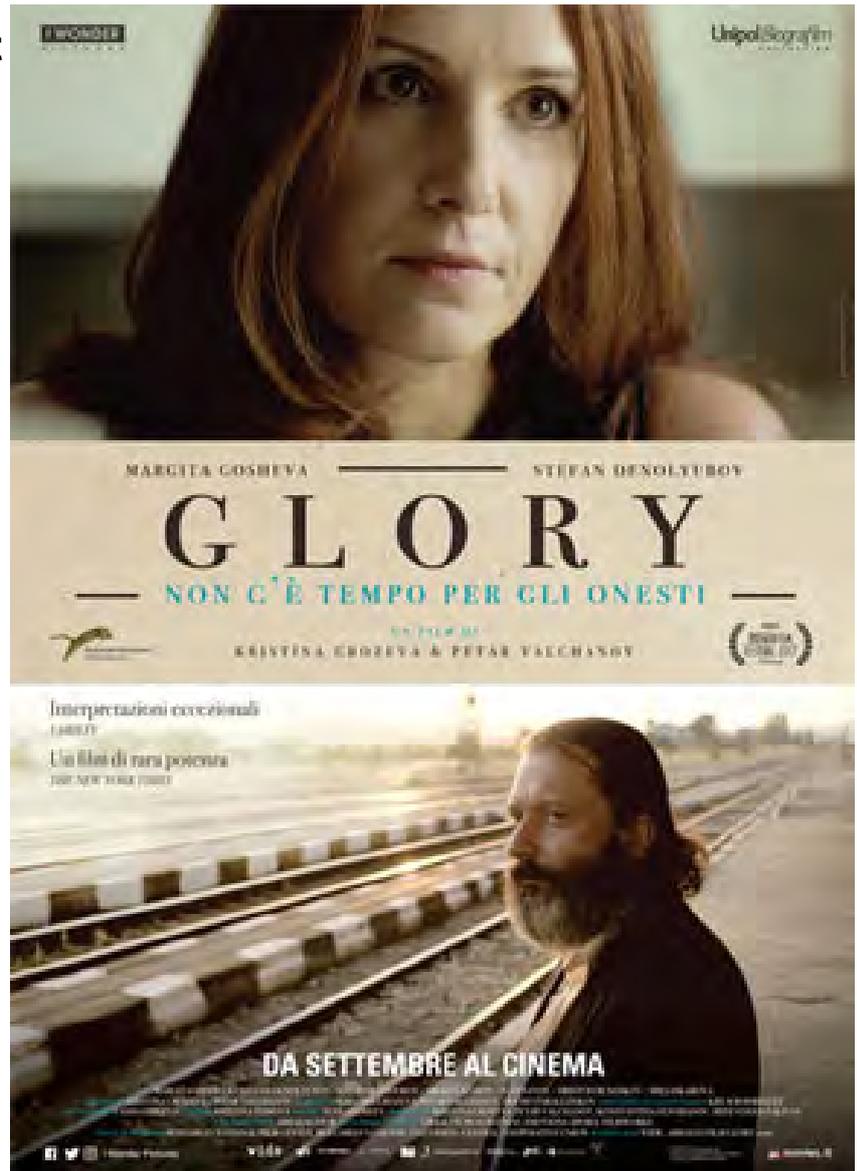
When a reclusive state-railroad worker, finds a substantial amount of cash on the tracks and hands it in, a cynical PR executive sees an opportunity to turn his good deed into a distraction from a corruption scandal involving the Minister of Transport. A tense and, at times, darkly comedic fable.

www.richmondfilmsoc.org.uk

Films are screened at 8:00pm at The Exchange, 75 London Road, Twickenham, TW1 1BE.

Members go free. Non-member tickets are £5 (full-time students £3). Tickets can be purchased on the night (cash only) or in advance from The Exchange's Box Office – in person, by telephone on 020 8240 2399 or online

www.exchangetwickenham.co.uk/events



Facilities include a very comfortable, tiered 285-seat theatre, lifts, disabled access, a bar and a café. Films are shown at 8.00pm sharp, with no trailers and no ads. On screening nights, the Bar is open from 7.00pm and the auditorium opens at 7.30pm.

Half Page

Quarter Page Landscape

Quarter Page Portrait

Eighth Page Landscape

Eighth Page

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