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Twickenham TRIBUNE



TwickerTape TwickerSeal History Through Postcards COVID-19 Marble Hill Marvels Borough Photos Not a Lot of People Know River Crane Sanctuary Twickers Foodie Travellers Tales WIZ Tales Arts Reviews LBRUT RFU

Contributors

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'Pink' Supermoon over Twickenham Photo by Berkley Driscoll Canon EOS 80D, EF-S 18-135mm, f/11, ISO 100, 1/60, 7th April 2020

TickerTape - News in Brief

FANCY A PINT?

The pubs may be shut but Twickenham Fine Ales, the first brewery in Twickenham since the closure of Coles Brewery in 1906 is open and offering free home deliveries of their award winning ales in the Richmond and Kingston Borough areas. Beer can be bought by the bottle, the case, 5 litre cask beer and 4 pint cask beer. There is a minimum order value of $\pounds40$ to qualify for a free home delivery.

The Brewery shop in Mereway Road is also open for off sales (Closed over the Easter weekend but open again on Tuesday 14th).

Making history: life during the pandemic

Richmond Library Services are looking for residents to share their experiences of life during lockdown to help future studies on how we coped during the coronavirus pandemic. Many people will already be keeping diaries of their experiences during this time; if not, it is not too late to start. The Local Studies Library and Archive is inviting residents to share their recordings, which may include your daily routine, your struggles and your thoughts. We are living through a significant period of history and people's diaries will allow those who come to study it to see how the pandemic really affected the people's lives. Diaries are private and the Local Studies Library and Archive will respect this. The diaries will be kept secure and closed to the public until all the people mentioned in the diaries have passed away. If diary-creators are happy for their diary to be made public earlier, the Local Studies Library and Archive will simply need signed statements from the creator and everyone mentioned within the diary.

Once the crisis is over and the Local Studies Library and Archive is open again, residents will be able to post, drop-off or email their diaries to the Library. Visit the <u>Library Blog</u> for more details.

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On Tuesday night TwickerSeal got out his trusty telescope to view the Pink Supermoon. He also hoped to spot the

fabled Seal in the Moon, who is known to make appearances when there is a special full moon.

As he adjusted his focus, TwickerSeal was delighted to spot the Seal in the Moon. But wait, what was this? There was TwickerDuck waving back too! What was going on?

The next day TwickerDuck called TwickerSeal to explain. It seems that TwickerDuck was out for his daily exercise and thought he would travel somewhere away from everyone and the moon seemed like a good remote spot. He bumped into the Seal in the Moon who was most displeased and who emphasised that TwickerDuck should only exercise near his own home and not travel to other locations. He was glad that TwickerDuck maintained a minimum of 2m distance, but pointed out that travelling 384,400km somewhat compromised the whole

object. Suitably chastened, TwickerDuck promptly returned home vowing to be more careful, leaving the Seal in the Moon and the Clangers to their planned Zoom party.

PART 174 - MORE ABOUT THE DERBY ARMS AND HOLE IN THE WALL PUBS



Last week's column produced a good response from readers regarding the period when Champion Boxer Len Harvey was

the publican at the Derby Arms on the Upper Richmond Road in East Sheen in the 1950s and 60s.

Several of you knew Len as a very fair and friendly landlord. I was unsure where he went after the Derby Arms and an old friend of mine Mark Munford kindly continues the story.

"My friend's father used to drink in the Derby Arms in Richmond and remembers that Len Harvey moved to "The Hole in the Wall". The Derby arms was a very busy pub and Len wanted a quieter pub. "The Hole in the Wall" pub had just been rebuilt in the sixties and Len took it over as a



thank you from the Watney's Brewery." Thanks for that Mark.

The Hole in the Wall at 3, Park Road, Richmond was formerly called The Park Road Arms. It was re-named in 1954 I think. It closed in 2006 and Sir David Attenborough bought the property in 2009. He has extended his property which backed on to the pub and created a wildlife-friendly outdoor space, complete with an orchard, glasshouse and "bog garden" for marsh plants. He has



preserved the pubs facade.

Our first image shows a photo of the Hole in the Wall pub taken on 26th November 1986 (Courtesy Richmond Local Studies Group). The second is of the original Derby Arms taken towards the end of the 19th Century.

Back to the Derby Arms and I received some excellent info from reader Paul Velluet who is president of the Richmond Local History Society. "The postcard and photo images that were published last week showed the original, 19th century pub. This pub and its outbuildings to the rear were completely demolished in the late-1920s and the entire pub set back from the road-frontage and rebuilt on a much grander scale in the then popular and more 'respectable', red-brick, Neo-Georgian style. It was this pub that was closed in the late-1980s and converted to flats - now Harvey Court. With the closure and redevelopment of The Bull at the corner of (Lower) Sheen Lane and closure and conversion of The Black Horse at the corner of Queen's Road a number of years ago, the area between Sheen Lane and Queen's Road suffers from a real dearth of pubs."

Thanks Paul. It is also nice to know that Len Harvey was remembered when they named the new flats. I hope his family knew that. I'm afraid that going into this year, the United Kingdom had many areas of the country that suffer from a dearth of pubs. I only hope that once we get towards the end of the Coronavirus epidemic and start thinking of ways to relax the rules of Lockdown that most of our pubs will be able to re-open following their period of enforced closure.

Meanwhile, here is a challenge for you all. I have been unable to locate postcards showing the rebuilt Derby Arms (from the 1920s to the 1980s). If anyone can send me an image, even if it is a photo then please send as an attachment to my email address. We will show the images next week and credit you accordingly.

Your prize? I will come and buy you a pint or two in a pub of your choice in the Tribune's circulation area once life returns to a semblance of normality.

I am always looking for old postcards and old photograph albums etc. so if you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, please contact me on 07875 578398 or <u>alanwinter192@hotmail.com</u>

I would like to see them and I pay cash! Don't throw old postcards in the skip or recycling bins. Show them to me first! Thanks.



"I am Duchess of Malfi still..."

By John Buckingham

As the coronavirus closes our theatres, RSS director, John Buckingham, writes about his sadness at the cancellation of his production of Webster's "The Duchess of Malfi" at Twickenham's Mary Wallace Theatre, and his determination to see it still performed sometime in the future.

The Richmond Shakespeare Society's production of *The Duchess* of *Malfi* has been among the first of many theatrical casualties of Covid-19. As the show's director, I found the decision to cancel - just two weeks before our first night -especially hard. The play has been my obsession for almost forty years. I directed my first production of *The Duchess* for Teddington Theatre Club in 1986, and later made it the subject of my doctoral thesis.

My obsession is easily explained. Firstly, it's a truly great play; one in which Shakespeare's near contemporary, John Webster, took a real-life historical mystery and created a fiercely beautiful tragedy that stands comparison with Shakespeare's finest. Secondly, the play's ferocious indictment of class injustice and



toxic masculinity makes it as relevant today as at its first performance in 1614.

In the early 1500s, in defiance of both family and society, the recently widowed Giovanna, Duchess of Amalfi, secretly married her steward and bore him three children. When her family (the Neapolitan branch of the Royal House of Aragon) discovered the scandal, they quickly moved against her. In 1510, Giovanna, her children and maidservant vanished, never to be seen again. Her husband was later murdered in a Milan street.

Forget Meghan, Harry and the House of Windsor. If today's tabloids had existed in the 16th Century, they would have had a field day with the rumours surrounding Giovanna and her Royal Family. Similarly, our present-day fascination with celebrity has created another form of 'royalty' in the film industry, at just the same time as the *#MeToo* movement has exposed the abuse of women by powerful men in that world.

Webster would have recognised these themes, as they are pre-echoed in *The Duchess of Malfi*. His play was set in an historical context that had meaning for his audience. My adaptation for RSS sought to do the same for ours. By shifting the play to the 1960s, while retaining the Italian locations of the original, I was seeking to exploit the associations and atmospherics of a recent period of history. Set against the backdrop of a film studio, I had hoped to evoke the world of powerful men, celebrity film stars, *La Dolce Vita*, the paparazzi, *film noir*, the Mafia and scandals in the Vatican.

The cast responded marvellously to the concept and we developed the ideas collectively in rehearsal. This has been one of the most supportive and creative company productions I can recall working on, and a wonderful sense of solidarity has endured through the cancellation and beyond it. We have maintained contact and are determined to try our best to realise this production on stage, at some point beyond these present dark days. Some of the cast have been sending

point beyond these present dark days. Some of the cast have been sending emails under the banner, "The Duchess Lives!" We continue to live in hope!

You can read John's 'Malfi' thesis, "The Dangerous Edge of Things" online at https://pure.royalholloway.ac.uk/portal/en/publications/the-dangerousedge-of-things(63b9e486-4948-4f3b-8429-9a3c315d8ca8).html

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Richmond Shakespeare Society



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RFS The Best of our Recent Historic Screenings Issue 3, 10th April 2020

A HIJACKING

A new series for those of you who are missing Richmond Film Society's screenings or, indeed, trips to the cinema generally as a result of the COVID-19 crisis. Their committee is producing a number of weekly recommendations of films screened during the last 20 years that were extremely well received by their audiences. Should the notes reproduced below entice you to try and catch-up with this recommendation, then you should be able to do so, as it is available on streaming services and for purchase as DVD/Blu-Ray discs from the online retailers as indicated below.

RFS Context: A HIJACKING was 710th film screened by RFS on 17th September 2013. A Hijacking was one of the two equal top ranked films of Season 51 (top equal with Untouchable), it got an approval mark of 97% from those attending. The film can be streamed from Amazon Prime and AppleTV and the discs are available from Amazon and others.

A HIJACKING (Kapringen)

• •	•	
Country:	Denmark, 2012	
Dlrector:	Tobias Lindholm	
Screenplay:	Tobias Lindholm	
Cinematography:	Magnus Nordenhof Jønck	
Editor:	Adam Nielsen	
Music:	Hildur Guðnadóttir	
Running Time:	101 min., colour	
Language:	Danish/English	

Leading Players:

Pilou Asbæk Soren Malling Dar Salim Roland Møller Gary Skjoldmose Porter Abdihakin Asgar (Mikkel Hartmann) (Peter G. Ludvigsen) (Lars Vestergaard) (Jan Sorensen) (Connor Julian) (Omar)



The cargo ship MV Rozen is heading for harbor when it is hijacked by Somali pirates in the Indian Ocean. Amongst the men on board are the ship's cook Mikkel and the engineer Jan, who along with the rest of the seamen are taken

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hostage in a cynical game of life and death. With the demand for a ransom of millions of dollars a psychological drama unfolds between the CEO of the shipping company and the Somali pirates. You couldn't get much further away from the buccaneering antics of the **Pirates of the Caribbean** than this taut tale of a modern-day maritime hijacking off the coast of India.

The not-so-good ship MV Rozen - a rusting, cargo-less tub - is sailing for port in Mumbai when it is boarded by a gang of Somali pirates bristling with AK-47s.

Seemingly oblivious to the zero value of the boat they've just seized, the highly-strung rabble put a price of \$19m on the heads of the crew, including the amiable English skipper, a tough first engineer and ship's cook (Asbaek), who is making his final voyage home to his wife and child.

Back in Denmark, bullish company chief executive Peter Ludvigsen (The Killing's Soren Malling) overrules hostage negotiator Connor (real-life former British Army security expert Gary Porter) and takes over the tense barter himself.

Out on the ocean matters are further confused by Somali kingpin Omar (Asgar) a shady intermediary, who claims he is only an interpreter at the mercy of the kidnappers yet appears a skilled mind games player. Eschewing hard boiled action for an authentically gritty approach, director Tobias Lindholm creates a fuggy atmosphere of claustrophobic dread aboard the ship are juxtaposed with the airy hi-tech steel and glass HQ of the shipping line. Malling delivers a formidable performance as the consummate corporate player caught out of his comfort zone as the weeks drag on, while Asbæk compellingly captures the terrified desperation of a captive who can see no end to his ordeal.

It's a disturbingly convincing scenario with Lindholm taking great care to convey the tedium of confinement and the bizarre Stockholm Syndrome-style pseudo-camaraderie of both captors and captured trapped aboard a seatossed tub.

Peter Sheil with the help of Sky Movies

Borough View By Graeme Stoten

'Bountiful Blossom'

Throughout our neighbourhood streets, gardens and parks, the arrival of tree blossom signals Spring is well underway and now with the limited time we are able to spend outdoors, brings an uplifting and joyful sight. Blackthorn, Apple and Cherry flourish in hues of pinks and whites and support a wide variety of wildlife. Known as 'Hanami' in



Japan as the custom of 'flower viewing', hopefully if only during a fleeting walk, we can all pay witness to this spring's glory.





COVID-19

Teresa Read

Social Distancing Over the Easter Weekend

With good weather forecast for Saturday it is important to remind ourselves of the necessity to Stay At Home – to help the NHS to manage the situation – and Save Lives.

It is understood that the police will be keeping a watchful eye. The Metropolitan Police website provides a location form where you can enter the address/postcode of any place where there might be a breach of social distancing.

Make a Report to the police - enter address on Location Form

https://www.met.police.uk/tua/tell-us-about/c19/tell-us-about-possible-breach-coronavirusmeasures/

World Health Organization: Pre-symptomatic Transmission

"Pre-symptomatic transmission: The incubation period for COVID-19, which is the time between exposure to the virus (becoming infected) and symptom onset, is on average 5-6 days, however can be up to 14 days. During this period, also known as the "pre-symptomatic" period, some infected persons can be contagious. Therefore, transmission from a pre-symptomatic case can occur before symptom onset."

Local Statistics

The In Your Area website gave the following statistics for COVID-19 on Friday 10th April: 247 confirmed cases in Richmond upon Thames, 244 in Kingston-upon-Thames, 416 in Hounslow, 624 in Ealing, 440 in Merton and 332 in Hammersmith and Fulham. Updates are also available from the BBC on their Coronavirus UK Map. *Remember that the published rates are much lower than actual rates as only people going into hospital are being tested*.

Number of Deaths from WHO Situation Reports:

At the time of writing the World Health Organization Situation Report for Friday 10th April 2020 gave the following details for countries with high death rates - the figures in brackets were last week's figures: deaths in China 3,345 (3,327), in Italy 18,281 (13,157), in Spain 15,238 (9,053), in France 12,192 (4,019), in the UK 7,978 (2,532), in the USA 14,665 (3,846), in Iran 4,110 (3,036); and a total of deaths worldwide 92,787 (45,525). (note that World Health Organization Situation Reports are one day behind).

Statements from the World Health Organization during the week:

"We call on all countries to ensure core public health measures are fully funded, including case-finding, testing, contact tracing, collecting data, and communication and information campaigns.

We also call on countries and partners to strengthen the foundations of health systems. That means health workers must be paid their salaries, and health facilities need a reliable supply of funding to purchase essential medical supplies."_

Coronavirus: What is the risk to men over 50?

https://www.bbc.co.uk/news/health-52197594

REMEMBER:

Regular hand washing, social distancing (Stay at Home), avoiding touching eyes, nose and mouth, respiratory hygiene and seeking medical advice if you have a fever, cough and difficulty breathing.

Easter Bank Holiday recycling and waste collection one day later

Following the Easter Bank Holidays on Friday 10 April and Monday 13 April, Richmond Council will carry out general rubbish, food waste and recycling collections for domestic properties one day later than usual.

For example, Friday collections will take place on Saturday, and Monday collections on the Tuesday. The garden waste service remains suspended due to the COVID-19 pandemic. There will be no change for those receiving commercial waste and recycling collection services.



Normal domestic collection schedules for general

rubbish, food waste and recycling will resume a week later on Monday 20 April. Residents are asked to put recycling or refuse out early on collection day at the boundary of their property, i.e. where your front path or drive meets the road or pavement, but not to leave it on the streets the day before to avoid bags being ripped and to keep roads clean and tidy.

		Desidents and remainded that if the second
Normal collection day	Actual collection day	Residents are reminded that if they are self-isolating and feeling ill, to put any
Friday 10 April	Saturday 11 April	potentially infected items (like used tissues or cleaning cloths) into separate
Saturday 11 April	No Collections	plastic bags and double-bag them. These bags should then be put aside for at
Sunday 12 April	No Collections	least 72 hours (3 days) before being put into an external bin.
Monday 13 April	Tuesday 14 April	
Tuesday 14 April	Wednesday 15 April	The Household Waste and Recycling Centre at Townmead Road remains
Wednesday 15 April	Thursday 16 April	closed until further notice during the COVID-19 pandemic. Residents are
Thursday 16 April	Friday 17 April	encouraged to avoid doing any major clear-outs, DIY or gardening jobs during
Friday 17 April	Saturday 18 April	this time and to responsibly store their waste until normal services resume.

For all enquiries about collections, please telephone 020 8891 1411. Further information is available at www.richmond.gov.uk/waste_and_recycling.

Media statement from The Royal Parks ahead of Easter weekend

A Royal Parks spokesperson, said: "People may be thinking about hitting parks and beauty spots this Easter but we urge visitors to think again. We're asking people to follow The Royal Park's code to: Stay Safe, Stay Local, Stay Active and Be Kind, to keep our parks open for those who need them.

"The NHS is under enormous strain and it's crucial that people protect themselves and others by staying 2m apart and not gathering with people outside their household. Please only use the parks for exercise. No sunbathing. No picnics. And please stick to your local green spaces. "These are difficult times and people are worried or even scared. But please think of those around you. Be kind to others and courteous to parks staff and police who are trying to save lives by enforcing the Government's advice.

"We're doing everything we can to keep these vital green spaces open for everyone to support their physical and mental wellbeing. But we've got to work together to behave responsibly or we risk losing them completely."

You can read the code in full here <u>https://www.royalparks.org.uk/follow-the-royal-parks-code</u>

Gail Francis-Tiron Art

View Gail's work at www.gailfrancistiron.com and on Facebook @gailfrancistironart

This is one of my many poppy paintings called Valley of Poppies, an imaginary landscape of rich colour





HF

PARKS

ONE-WAY SYSTEM AT RICHMOND FOOTBRIDGE TO COMBAT CORONAVIRUS

As part of measures to tackle the spread of the coronavirus, a one-way system for pedestrians and cyclists crossing the Thames via Richmond Footbridge is being introduced by the Port of London Authority (PLA).

From Good Friday (10 April), access to the footbridge will be restricted to the southern (Surrey) bank only.

This means the north to south route (from Twickenham to Richmond) will be closed until further notice.

Mark Towens, the PLA's harbour master for the upper tidal Thames, said: "This is sadly a



very necessary measure. We must do all we can to support the Government's guidance to the public on limiting the risk of the coronavirus spreading.

"The narrow nature of the Richmond Footbridge's design means that it is very difficult to observe the recommended two-metre social distancing, particularly when users meet half-way across.

"We hope this one-way system will allow us to protect public health, without having to close the footbridge entirely.

"Whilst stressing the need for everyone to help saves lives and protect the NHS by staying at home as much as possible, we do recognise that exercise is needed to maintain good physical and mental health at this worrying time. But it must be done safely, in accordance with all the public health guidance.

"Whilst our staff based at the lock will be monitoring the situation closely, we clearly are going to require the goodwill of the public to make this temporary arrangement work effectively. "I have to stress that, if people flout the one-way system, we will have no other alternative but to halt all public access to the footbridge.

"It's obviously something we would prefer not to have to do. That's why we are asking for the co-operation of everyone who uses the bridge.

"We will lift the restrictions as soon as we can, in line with Government guidance."



Marble Hill Horticultural Marvels

Marble Hill House and its landscape is being revived. This week despite the epidemic, Kate our head gardener has single handedly, planted a huge array of ferns and foliage, berry bushes and hedgerow plants which is enabling the woodlands to be an area with a rich under storey to feed birds and insects. Part of this project is to ensure the four quarters are a space that is invested in and provides a rich area for a range of species of flora and forna to thrive Our amazing team of volunteers have been a huge part of getting the woodlands to where they are now. We are currently without them and are missing their strength and energy, however a number of them have been writing pieces about the plants that are being planted to keep them busy and for some to begin their job pivot to lean more towards the horticultural world. The work at Marble Hill has had a profound effect on some of our volunteers and Emma Greenwood, one of Marble Hill's garden volunteers is now hoping to study her love of plants further this September.

Emma asks us to take a closer look at some of the ferns we have been placing in the area, to understand their history and the important place they hold within the landscape of the English Garden and indeed would have held in Henrietta Howard's garden at Marble Hill when it was first planted.

Athyrium filix-femina



Lady Fern (*Athyrium filix-femina*). So named because of its similarity in appearance to the Male Fern, the Lady Fern has paler green, more graceful leaves. It prefers slightly more acid soils. The medicinal properties of Lady Fern are said to be similar but less powerful to those of the Male Fern.

Illustration from Thomas Waller Gissing, illus. John E. Sowerby, The Ferns and Fern Allies of Wakefield and its Neighbourhood (Printed and published for the author by R. Micklethwaite, 1862)

The Lady Fern became a popular favourite during the Victorian era when a craze for ferns overtook the nation. Known as pteridomania (the term was coined by Charles Kingsley in 1855), people from all walks of life became obsessed with discovering, collecting and cultivating all manner of ferns from around the world.[i] The Lady Fern was particularly favoured because of its natural variation in the wild which in turn enabled the production of a large number of cultivars; already by 1867 there were between 60 and 70 cultivated varieties available.[ii]



Illustration: Original cover of M.C. Cooke, A Fern Book for Everybody (Frederick Warne, 1867). British Library shelf mark: General Reference Collection 7030.aa.20.

The craze for ferns grew out of the Picturesque Movement of the late eighteenth century when wild landscapes became fashionable as artistic subjects. Writers and theorists of this time such as Richard Payne Knight and Ulvedale Price advocated the incorporation of untamed streams, jagged rocks and fallen trees in landscape design (in contrast to the more tidy landscaping of Lancelot 'Capability' Brown). Ferns were naturally at home in such situations.

The romantic spirit of the Picturesque, made complete by the graceful form of a Lady Fern, is well summed up in these lines from Walter Scott's most famous novel Waverley:

Hie away, hie away, Over bank and over brae, Where the copse-wood is the greenest, Where the fountain glistens sheenest, Where the morning lies the longest, Where the lady fern grows strongest, Where the morning dew lies longest, Where the black-cock sweetest sips it, Where the fairy latest trips it: Hie to haunts right seldom seen, Lovely, lonesome, cool, and green, Over bank and over brae, Hie away, hie away.[iii]

For more information on the Marble Hill Revived 7 million pound investment to safeguard the historic house, sort out the damp, create a new café and add to the children's play areas and open the house for 5 days for free go to ENGLISH our webpage or email MarbleHillRevived@english-heritage.org.uk

[i] Sarah Whittingham, Fern Fever (Frances Lincoln, 2012) [ii] M.C. Cooke, A Fern Book for Everybody (Frederick Warne, 1867), p.72 [iii] Walter Scott, Waverley (1814)





Not a lot of people know this!

By Sue Hamilton-Miller

Prime Ministers and Richmond House.

This week's choice of subject couldn't have been easier, though I have waited until the last minute to see that Boris's health hasn't gone pear shaped again before writing this!

Richmond House had links to not just one but two Prime Ministers, though the reader may feel I am stretching the point a bit with the first.

Edward Birkhead, the first owner of Richmond House, had a sister called Isabel whose granddaughter, (Birkhead's great-niece) Catherine, married Sir Robert Walpole, the first Prime Minister of the United Kingdom. It is believed that the term "prime minister" originated in the 18th century in the United Kingdom when members of parliament disparagingly used the title in reference to Sir Robert Walpole (whose official title was First Lord of the Treasury). Sir Robert Walpole's son was Horace Walpole, who had many links with Richmond House, which may or not appear over the coming weeks.

Our second Prime Minister is William Petty, 2nd Earl of Shelburne, later known as 1st Marquess of Lansdowne, who served as Prime Minister from 1782-1783. His mother, the Dowager Countess of Shelburne, lived in Richmond House from 1766 until her death in 1780.

Lady Shelburne seems to have been quite a character, though regarded by Horace Walpole as "very foolish". She once sent for him to admire six identical statues of the Venus Callipygus (or "Venus looking at her hind parts") that she had installed in niches around the hall at Richmond House. She had bought them all because they had been sold very cheaply and she felt she had a bargain.

In 1774 a man called John Dillon stole from her a "blunderbuss mounted with brass, value thirty shillings". For this he was found guilty and transported for seven years.

Amongst other estates Lady Shelburne owned the island of Valentia, off the coast of Ireland – an island mentioned in the shipping forecast and where the first transatlantic cable was laid between Europe and Newfoundland. A quarry on Valentia supplied slate for roofing tiles for the Houses of Parliament.



Venus Callipygus

When she died she left Richmond House to her son, the Honourable Thomas Fitzmaurice. He had spent a great deal of time with her in Richmond House, was close to her and she was fond of him. The relationship between him and his brother, the 1st Marquess of Lansdowne, was said to be difficult. Lady Shelburne is buried in a Mausoleum designed by Robert Adam in the grounds of the family home, Bowood House in Wiltshire, which is open to the public.

Nasty spring guests getting the boot from borough's trees

Specialist tree contractors will once again be treating oak trees in the borough which are being affected by the hatching of the oak processionary moth this spring.

During spring oak leaves sprout around the borough, bringing them rather nasty guests –toxic caterpillars!

The moth may affect the health of oak trees but poses a serious risk to people and animals. It feeds on the leaves of oak trees and creates nests in branches and tree trunks. The tiny hairs from the pests can cause nasty rashes, conjunctivitis type symptoms and breathing difficulties for anyone who comes into contact.

Residents are being warned not to handle the creatures or remove or disturb the nests but leave it to the Council's specialist contractors who are already on the case. Undertaking a riskbased approach, contractors will be examining and spraying oak trees from across Richmond in an effort to destroy the moths' larvae.



Cllr Martin Elengorn, Chair of the Environment, Sustainability, Culture and Sport Committee, said:

"The start of spring means the return of oak processionary moth hatchlings. Following first sighting of these hatchlings last week our specialist contractors have begun treating the recently hatched oak processionary moth caterpillars, and we ask residents to be cautious when they see these creatures in their own gardens as they are a danger to your health."

Find out more about <u>oak processionary moth</u> and how to treat a private infestation.

Never Mind Never Mind Never Mind

By: TwickWatch

Throughout the Victorian era electricity became available but remained extremely expensive and initially only affordable by the more welloff citizens, leaving gas as the popular choice for most middle-class households. The wider availability of electricity coincided with the arrival of the Arts and Crafts influence and from the Edwardian period we begin to see a proliferation of new "electroliers" replacing gas fittings - "gasoliers". The transition from gas to electric lighting can most easily be recognised in street lighting once it became supported and rolled-out by Local Councils.

Street gas-lighting had become familiar along with shops that had their own gas lamps outside in the street, to light their window displays in the evenings and in winter and to give a welcoming feel. These privatelyowned gas lamps also contributed to the general light on the streets. Gas



The use of electricity for lighting is in no way harmful – Country Life

was relatively cheap if potentially messy and troublesome. Gas street lamps gave out a circle of light which didn't spread far and in between the lamp posts was dark.

Electric street lighting was first introduced in 1878 along the Thames Embankment and near Holborn Viaduct, quickly becoming more popular and doing away with most of the gas lamps although there are still around 1,500 functioning gas lamps in London. Out of the 1,500 (English Heritage protected) gas lamps left in London, around 200 are privately owned and looked after. The rest are under the care of 4 British Gas workers called lamp attendants. These 4 attendants ride on scooters to collect their ladders, left – locked up – at handy spots. Then they scoot off to maintain and turn on their 400 lamps. Some are automatic, with a pilot light burning all day that gets a boost at night-time. Around a third of the lamps have windy clocks inside, making sure they're wound up every 14 days. More information can be found at https://lookup.london/london-gas-lighting/.

The introduction of electricity was no mean feat. Countless national and local bills went through parliament as corporations struggled to get the best deal for their taxpayers in terms of price and mitigate future required changes and advances in technology. Some corporations struggled with whether they should take charge instead of private companies, to keep any profits for the taxpayer. While corporations procrastinated

HEMINGWAY & PRITT.

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Willer, WRIGHT RR, Traves Broom, Bichucod,
O. E. NUBE, Em., 1. Beinsende Bood, Kev.
Manne, ORGING & 600, St. Bioled, Albhound,
Manne, ORGING & 600, St. Bioled, Bichmood,
Manne, BERACH & GO, St. Bioled, Bichmood, and Engene,
Manne, BERACH & GO, St. Bioled, Bichmood,
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Manne, BERACH & GON, Bichmood,
Manne, BERACH & GO, St. Bichmood,
Manne, BERACH & GO, St. Bichmood,
Manne, DISKERT & ST. WINTONG, Cherkenwell,
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Surrey Comet: Saturday 17 October 1903

about public electric lighting for streets and buildings, electrical entrepreneurs sprung up to install the newly available electricity into the houses of the more well-off. Hemingway & Pritt published a list of their most prestigious clients.

Richmond was one of the earliest corporations to show an interest of changing from gas to electric lighting. The Richmond Vestry, the governing body at the time, obtained a provisional Richmond (Surrey) Lighting Order 1883 but this was never put into operation full operation.

In 1891 the corporation agreed to transfer to the lighting company the benefits and obligations of the Provisional Order. The transfer never took place until 1893 after £120,000 had been spent. It was supposed when the agreement was made that the Corporation had the power to enter into it but this had been called into doubt in 1905, by a court case elsewhere. The court had held that a local authority had no power to enter into an agreement under the Electric Lighting Acts which made it necessary to now promote the current bill to cure a defect that nobody knew about or suspected.



Planning application dated 1892 courtesy of Richmond Local Studies

The Richmond (Surrey) Electricity Supply Bill the object of which was to confirm an agreement made in 1891 Richmond Light and Power Company [Limited] and the Richmond Corporation and ratify what had been done under that agre



Surrey House (right of picture) - Home of the Electric Light Company

done under that agreement since 1891.

A planning application for a power generating station in central Richmond was made towards the end of 1892 adjacent to the station goods yard and built on land to the rear of the current Station



Site plan - Courtesy of Richmond Local Studies

Hotel PH, convenient for coke deliveries (the passenger station being on the opposite side of the road to the current station). A large exhaust chimney was included as part of the plan and must

have been quite "a blot on the landscape". The administrative block was called "Surrey House" to the right in picture above.

In March 1901 the council objected to the Board of Trade about the Richmond Light and Power Company wanting to light the district when the council claimed they were already taking steps to obtain a provisional order for power to undertake the lighting of the district themselves. They objected on the basis of too much



Electricity Works site plan 1910

power being conferred on a private company but the objection was not upheld.

Life continued until March 1904 when an explosion occurred in the company's street boxes at Hill Rise due to the gathering of gas. The boxes were then ventilated in a manner impossible for gas to lodge in the boxes and conduits preventing further explosions.

In January 1907 local traders petitioned the council complaining of injury to them and local rate payers due having windows and pavements wet and dirty in fine weather due to steam escaping from the chimney stack of the Electric Company. The volume was such as to condense and fall like small rain over any area the wind blew it. Over the next 12 months a solution was found by drawing a water flow from the river.

By February 1908 it had been agreed electricity prices would be reduced in exchange for the company being allowed to take a bulk supply of energy from an outside company subject to Board of Trade approval. The Electric Company was always subject to very strict regular audit by Price Waterhouse on behalf of the council.

By January 1912 further unit price reductions had been agreed and a commitment made that as external power supplies were established, the future removal of the chimney was promised. When the Board of Trade asked the corporation if it agreed to the chimney removal they said "as early as possible".

The chimney remained at the outbreak of war.

WIZ Tales By Teresa Read

This week's photos from World InfoZone are of Vietnam and were kindly donated to the project in 2004 by Doctor Mark McLeod, Professor in the History Department, University of Delaware, USA.





http://worldinfozone.com/facts.php?country=Vietnam

One of the photographs was used in a schools project where children from many countries of the world learned to say "hello".

"There are many ways to say hello in Vietnamese according to the person you are saying it to. For example, to a man, it would be chao ong, to a woman, it would be chao ba, as ong means man, and ba means woman. Vietnamese is a difficult language to pronounce, especially for westerners, since it is a tonal language. A slight change in tone will change the meaning of the word."

http://worldinfozone.com/features.php?section=PartnersHello

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Do not use bonfires to dispose of garden waste

Residents are reminded of the unpleasant and harmful smoke caused by bonfires and encouraged to cut down on garden waste.

With garden waste collections currently paused to help general waste and recycling collections run as smoothly as possible during the coronavirus pandemic, residents may be tempted to have a bonfire to clear their garden waste.

However, the Council is asking residents who are keen to utilise time at home by gardening to be mindful of producing too much garden waste. You can do this by letting your garden grow, which will not only produce less garden waste but will also help turn your garden into a haven for wildlife.

For example, plants such as nettles, daisies and buttercups are important sources of food for many insects, including butterflies, so letting weeds grow is not always a bad thing. Similarly, long grass makes space for wildflowers and an array of plant and insect species. If you must cut your lawn, there is no need to collect the cuttings during spring and summer months as leaving the clippings on the lawn provide it with vital nutrients.

Residents can also produce their own compost at home using suitable kitchen and/ or garden waste. The waste will provide a supply of peat-free compost that will naturally enrich garden soil. For simple steps on how to make a compost heap, follow <u>advice from the National Trust</u>.

Cllr Alexander Ehmann, Chair of the Transport and Air Quality Committee, said:

"Not only is smoke from bonfires a nuisance for all neighbours, but it also produces carbon monoxide and toxic pollutants. These pollutants can cause a range of health impacts such as exacerbating heart and respiratory conditions, which is particularly concerning during the coronavirus pandemic.

"Thank you to everyone who is remaining patient whilst Townmead Road Re-use and Recycling Centre is closed and our garden waste collection service is paused."

Find out more about <u>domestic bonfires</u>.

Twickers Foodie - By Alison Jee SOME EASTER FOOD SUGGESTIONS TO CHEER US UP

This weekend is going to be very strange indeed. Easter under lockdown means that one can't go to church as we might normally do, and our food shop is under social distancing restrictions. I ventured to our farmers' market in Twickenham last Saturday, and was pleased to see that people were being sensible and keeping a decent distance from one another. I was also relieved to see that Paul Cooper now has counters across the two shop entrances, making things safer for him and his team, and that the queue moved swiftly.

What I do think this dreadful situation has taught us is to be more considerate for our friends and neighbours. Lots of new Facebook and WhatsApp groups have sprung up enabling us to keep a check on and help vulnerable folk – let's hope this new spirit of caring remains after this crisis is over. And I don't know about you, but I am picking up the phone and having a chat with far more people than usual at the moment, especially those who live alone.

I'm sharing a couple of recipes with you for Easter Sunday – one more suitable for a family and the other easily adapted and scaled up or down for singletons or a family. The first one is from UK Shallots and the second is from Gressingham Duck – widely available in most supermarkets and independent butchers. Both organisations have lots more recipe ideas on their websites.

SLOW COOKED SHOULDER OF LAMB WITH ROSEMARY SCENTED SHALLOTS

Serves: 6, **Prep time:** 30 minutes, **Cooking time:** 4 - 5 hours *Ask your butcher to take out the bone of the shoulder but give it to you to use in the pan when roasting the shoulder to help make the gravy.*

You'll need:

- 1 boneless shoulder of lamb
- 1 head of garlic
- 1/2 bunch of rosemary
- 2 peeled carrots
- 50ml olive oil
- Salt and pepper
- 400g whole round peeled shallots
- 20g tomato purée
- Pinch of flour
- 1 litre of chicken stock

What to Do:

Go over the joint and remove any large fat deposits or unsightly skin.

Stab the joint several times over with the tip of a small sharp knife and insert one ½ clove of garlic per incision. Also stick in a little sprig of rosemary per incision to enhance the flavour.

Place the shoulder on the lamb bones with the 2 carrots cut just in half, drizzle over the olive oil and season with sea salt and pepper.

Place in the oven at 160c for 4-5 hours, covering with a sheet of foil for the first 3 hours. With one hour to go, throw in the peeled shallots and remove the foil.

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When the lamb is cooked and the shallots are also cooked, remove everything from the tray and allow to rest somewhere warm.

Add the tomato purée and flour to the cooking tray and place back on the stove to cook slightly. Then add the stock and bring to the boil.

Strain through a very fine sieve into a clean pan and bring back to the boil, season if required.

Carve the lamb onto a warm serving dish, place the shallots around and put the gravy in to a sauceboat. Serve with green vegetables and some potatoes.

DUCK BREAST, ROAST SQUASH & PEARL BARLEY RISOTTO

SERVES 2. PREP 15 MINS, COOK 45 MINS

Ingredients

- Pack of 2 Gressingham duck breasts
- Half a red onion, sliced
- 350g diced butternut squash
- 125g pearl barley, cooked in boiling water for 40 mins then drained
- 2 cloves garlic, crushed
- 1 glass white wine
- 1 chicken stock cube
- 2 tbsp olive oil
- 50g butter
- half a red chilli, de-seeded and finely sliced
- 4 sage leaves, finely sliced

Method

- 1.Score the fat on the duck breasts with a sharp knife
- 2.Heat a pan, sprinkle in fine layer of salt (no oil) then add the duck breasts skin side down and turn down the heat and let the fat slowly render out until the skin is golden and crispy.
- 3.Fry the butternut squash in the olive oil on a low heat until it starts to soften, then add the sliced onion and garlic and cook for a further 5 mins on a low heat till this too softens.
- 4.When the skin is crispy, drain the excess fat, and place in the oven at 180 deg C and cook for 6 mins.
- 5.Add the white wine and chicken stock to the squash, onion and garlic and bring to boil, then add the cooked pearl barley and heat through until the liquid has reduced.
- 6.In a separate pan, heat the butter, sage and chilli till melted
- 7. Season the squash risotto to taste and then serve. Carve the duck breast and place on top then drizzle with the sage and chilli butter.

For pudding, you could try making a Hot Cross Bun bread and butter pudding – ideal if you have any buns that have been left to get stale (which doesn't happen in our house!). It would work well with some of the rather strange and sickly new flavours that companies keep introducing – or if you have the M&S chilli and cheese ones, try making a savoury version with extra cheese and serving it with a salad for brunch or lunch on Bank Holiday Monday. Whatever you do this weekend... Happy Easter!



The origins of Church Street's Virtual Easter Bunny's Egg Hunt!

By Shona Lyons



Virtual Treasure Hunt! www.twickenhamthetown.org.uk

The Easter Hare originated amongst German Lutherans, the hare being the judge of who was good or bad. The hare would bring coloured Easter eggs and candy to the children and usually place them in their bonnets that had made especially for Easter. This custom was first recorded in 1682 in Franck Von Franckenau's book Paschalibus. In Medieval England it was also common practise or children to go from house to house begging for eggs as a special treat before the fast of Lent. Another relevant tradition was that of the German Protestants who would eat coloured eggs as part of their Easter Celebrations and later also included the decorating of eggs into their celebrations. These traditions migrated to the USA with the arrival there in the 18th Century of Protestant Germans.

So this year not to be out done by the Germans, The Lutherans or the Protestants we thought we would have our own Easter Bunny Egg Hunt. There was no religious significance for us. It was just an idea of having something

fun for the children to do at our Easter Fair (now cancelled because of the Covid 19 Virus) Simon Cassini, artist extraordinaire of Eel Pie Island fame, designed us some great Easter Bunny pics which the shops were going to put in their windows and we has an Easter Egg Treasure Hunt form which they could collect from some of the shops on the day and go about answering the questions on the bunny's journey to find his and their eggs.

At first we thought we wouldn't be using them at all with the shops now being closed but then last week we thought that would be a real shame and decided amongst ourselves to have a virtual hunt and also managed to put some of the pics up at some of the shops.

We are not having the form because it's too complicated because of the lock down etc. but all that needs to be done is to name that 12 businesses that the bunny visits in Church Street and email your answers to newsletter@crusadertravel.com. The first 5 first correct answers will receive a voucher for Sweet Memories in Church Street compliments of the Church Street Association.

Here are the pics! (On the next page)

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THE FUTURE SPEAKS

The Young Writers' Festival takes place each spring. The event is a one-off performance of the shortlisted work of nominees for awards for Arts Richmond's *Young Writers' Competition* short pieces of literary work, prose or poetry, written by school-age authors.

At this year's <u>Young Writers' Festival 2020</u>, Simone de Almeida, the winner in the School Years 7 to 9 category, was declared Junior Laureate.

Requiem by Simone de Almeida

Though our attention is now rightly focused on one clear and present crisis, other global emergencies remain ongoing – and the poem *Requiem* by twelve-year-old Simone de Almeida, a prize-winner in Arts Richmond's *Young Writers* competition, is a salutary reminder of the changing climate.

It's a poem that contrasts big abstracts – 'fragmentary quandaries' – with urgent particulars – 'ice melting', but which still manages to turn an image of despair into one of hope with

the suggestion of frozen hearts warming together. In the connection they make before 'falling apart', it even finds an unexpected resonance in the lockdown, when environmental activists are having to take to their keyboards rather than the streets to get their message out.

The grown-up world 'promises' and 'smiles' is seen through as 'counterfeit', and shown simply as a children's pastime, 'Hide and seek'. The narrator is therefore able to turn dismissive accusations back on the accuser, pithily responding, in contrast to the clear-sightedness of the young, with 'We are the future/But you cannot perceive it yet'

Read Matthew Grierson's full critique at <u>www.markaspen.com/2020/04/07/requiem</u>, where you can also find the full text of Simone's poem.

Photography by Joe Stockwell and Victor Walker

www.TwickenhamTribune.com

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Mark Aspen
www.markaspen.wordpress.com
Expression the art of the theatre critic

Stay Home, Stay Safe & Save the NHS By Shona Lyons.

This week Bruce isn't writing his usual article about travel in the Tribune because both he and his wife (my mum) were struck by Covid. It happened more than 3 weeks ago on the 21st when they were ordered to stay at home by Boris.

They came home and went to bed and didn't get up again more or less for the last 3 weeks! I think they must have caught it at work as we had quite a few people breezing in exhibiting symptoms but there was no social distancing requirements then and we were all sitting very closely together with these potential clients looking at hotels and cottages etc. together on our screens.

They have had the cough which has come and gone in varying degrees and also an incredible weakness and exhaustion! For 2 weeks they were barely eating a thing and it is just been in the last few days that it seems we have turned a corner and they are again eating small but nutritious meals, salads and I am also trying to get them to drink fresh juices. Bruce couldn't even speak for 2 weeks. It's been quite frightening but they had remote calls with the doctor several times and we decided not to call 111 as we felt we could get over it here, with rest and good nutrition to build up their immune systems.

It was also scary because of all the problems Covid has caused to the business. We are closed right now with no new business obviously but trying hard every day to maintain the bookings that we have, negotiate with suppliers for refunds, reschedule and postpone trips, get credit notes for trips and deposits etc. all the time working as much as possible remotely.

Most if our clients have been understanding and kind but a few have made this situation which has affected us all, my responsibility. It isn't that Covid 19 has affected everyone except the travel agents and that the travel agents for no fault of their own, no bad business practice, no mistakes etc. are now responsible for this catastrophe and need to find the money immediately out of nowhere for these curtailed trips. We have had other catastrophic situation with clients stranded abroad, and us working until midnight on a Sunday trying to get them home – then the next day getting a demand for a refund for their flights etc. Not even a thank you. And all the time not even knowing if I would eventually have to call for an ambulance and say goodbye to both Hedda and Bruce who I was trying to look after as well as the business.

It's really strange and to me with all the humanity that is shown to front line workers, I have often cried at the lack of humanity shown to us. Most of this can be sorted out quite amicably and also travel insurance should be the first and most obvious port of call. It is an unprecedented situation that ATOL was not created for.

The whole travel business went into free fall with airlines not answering calls, refusing refunds, suppliers not available to speak too, for weeks and weeks. Slowly channels of communication have been getting back to semi normal, but what's normal in this Virus War, in a locked down world, with airlines grounded and borders closed? Am I to blame? Are my parents to blame? Are not we and our business not a victim of this catastrophe like everyone else?

Anyway, the good thing is that we all live together and I was able to help my parents as much as I could. They stayed in bed sick and I brought things to them and gradually coaxed them back to health. They stayed home and so far, they are still safe and together & so far I think we have saved the NHS and managed not to call the ambulance.

Here are some pictures of things Bruce and I have planted and my view from Eel Pie Island, the lovely weather and beautiful spring flowers and bird song, the only solace available to me in these last few weeks.

















TRAVELLER'S TALES 69 GREETINGS FROM GREECE



Doug Goodman recalls some of his favourite Greek destinations

My first visit to Greece was almost 50 years ago. We arrived in Heraklion, Crete's capital, after an overnight crossing from Piraeus on the ferry Sofia. There was music and dancing on deck with conscripts having a party before starting military service. We found a room in a tiny village by the sea which cost about £15 per night with breakfast. The room, in the village's only taverna, overlooked a farmyard with donkeys and very noisy chickens. It was basic with an open air cold shower and no one speaking English. As an introduction to the Greek way of life it was wonderful. The only telephone was below the room so we could hear every conversation whenever the taverna's owner shouted for someone to take a call. Our host Nikos invited us for a fishing trip on his tiny boat: he took us far out to sea at dusk to spread a mile of nets. At dawn we returned with only a few red mullet to show from the night's expedition. Years later when we made a return visit the little village was surrounded by package hotels managed by the former owner of the taverna.



Cretan Fisherman



Rhodes Old Town



Halkidiki. Beautiful Beaches

Crete is Greece's largest island: some 160 miles from east to west and between 7 and 35 miles wide with spectacular mountains and 650 miles of coastline. The main holiday resorts are Rethymnon with its minarets, Chania with restaurants set around a harbour and Mallia. Heraklion, the capital, has the famed Minoan ruins at Knossos. The Gorge of Samaria offers a strenuous trek of five hours from the plain of Omalos at 4000 feet down to the sea through a gorge 12 feet wide and 1000 feet high. When you finally reach Agia Roumeli on the Libyan Sea a boat to Hora Sfakion and a bus to Chania complete a very demanding day's outing. Wear boots,

take food and water and beware of a strong sun. Fifteen miles from Rethymnon is the UNESCO Site of Ravisher, in1866, in the monastery a thousand local inhabitants sheltered from the attacking Turkish army. To avoid capture the defenders blew up the monastery killing almost everyone. Arkadi has become a symbol of the struggle for independence from the Turks which was eventually achieved in 1898. Throughout Crete there's much Turkish influence in the architecture, food and music.



Kefalonia. Myrtos Beach



Kefalonia. Fiscardo



Wine from Kefalonia

ISLANDS

Greece has up to 6000 islands with less than 250 inhabited. Visiting those islands, only accessible by boat and many without motor transport, is the great pleasure when exploring Greece. When a ferry arrives you'll see locals with notices saying rooms to rent. The larger Ionian Islands of Corfu, Levkas, Kefalonia and Zante have airports while Paxos and Ithaca are reached by ferry. Centuries of Venetian domination protected the islands from Ottoman rule and today you'll find much Italian influence in buildings and food. My favourite is Kefalonia, a largely unspoilt island with wild horses on its high mountains, fertile plains and fascinating history. In 1953 an earthquake of 7.3 magnitude destroyed almost every building and raised the island by two feet. The first rescue ship to arrive was HMS Daring from The Royal Navy and through the help the crew provided the Kefalonians have great fondness for UK visitors. The population never recovered after the devastation because so many people left for Australia and the USA. I once remarked that there were so many American visitors on Kefalonia only to be told that they were Greeks who emigrated in 1953 to The States and return for holidays. From the town of Sami, where Captain Corelli's Mandolin was filmed, you can take a short ferry ride to the beautiful island of Ithaka. In Fiskardo you'll find the yachting fraternity and on the narrow mountain road you'll see Myrtos Beach, claiming to be of of the world's best. Underground Lake Mellisani with clear blue reflections and the Caves at Drogorati are well worth a visit and while in the centre of the island stop at the shrine of St. Gerasimos. Nearby is the Robola wine cooperative where you can sample one of Greece's most delicious wines,

The Island of Rhodes, eleven miles from the Turkish coast, is a very popular holiday spot: it became the home of the Knights of St. John from 1310 to 1522 after the Crusades in The Holy Land. Built like a mediaeval European city, the castle endured a siege of six months by Sulieman the Magnificent before the Knights were allowed to depart for Sicily. Rhodes Town is a World Heritage Site and attracts vast numbers of visitors.



Rhodes Castle



Kefalonia Lake Melissani



Sponges



Mt. Athos. Karyes the Capital

BIG CITIES AND MT. ATHOS.

Athens is noisy and crowded but must be visited for its architectural treasures. Drinking ouzo with a sticky cake in The Plaka, sampling fish in the port of Piraeus and exploring the antique and souvenir markets in Monasteraki are the delights of the capital. Greece's second city, Thessaloniki in the north, is my favourite. Its food markets, lively night life in the Ladadika area and long walks along the sea front make it an ideal place for a long weekend break. And Thessaloniki is the gateway to Halkidiki. The Holomondas Mountains form a backdrop to the region's three peninsulas which point south into The Aegean: Kassandra, Sithonia and Athos. The first two have magnificent sandy beaches and protected wildlife areas and a mix of large hotel complexes and small village tavernas. Water sports at Sani and hiking on Sithonia are very popular. The eastern-most peninsula, Athos, is home to some 2000 monks who inhabit 20 ancient monasteries and tiny dwellings. A strict meat and dairy-free existence combined with hard work and prayer ensures a tough but dedicated life. Tourists cannot enter the Monastic Republic and only male visitors with special permission and a visa known as a Diamoniterion issued by the ecclesiastical authorities can board the boat for Daphne at Ouranoupolis. Mt.Athos is the one Greek destination you will not find in a holiday brochure but Greece has so much to offer that you're really spoilt for choice.

River Crane Sanctuary





The Iroquois Prayer of the Native American community of tribes who were the original inhabitants of land which is now New York

"We return thanks to our mother, the earth, which sustains us. We return thanks to the rivers and streams, which supply us with water

We return thanks to all herbs, which furnish medicines for the cure of our diseases. We return thanks to the corn, and to her sisters, the beans and squash, which give us life. We return

thanks to the bushes and trees, which provide us with fruit. We return thanks to the wind which, moving the air, has banished diseases. We return thanks to the moon and stars, which have given us their light when the sun was gone. We return thanks to our grandfather He-no, who has given to us his rain. We return thanks to the sun, that he has looked upon the earth with a beneficent eye. Lastly, we return thanks to the Great Spirit, in whom is embodied all goodness and who directs all things for the good of his children."





Easter Bunny said 'hello' and a photo we took earlier in the Lake District for a Japanese Tourist who wanted one of her toy Peter Rabbit to be in the location where Beatrix Potter imagined him.

Forest Bathing – Shinrin-yoku – was discovered to reduce cortisol levels and therefore seemed to have physiological as well as the psychological benefits of communing with nature in woodlands. We are less stressed and happier when we give time to connecting with our ancient roots! Photos and videos of nature also offer these calming effects so we are glad to share on <u>River Crane Sanctuary</u> and <u>Instagram</u>

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Hospice pledges "Compassionate Care Continues" amid crisis

Amidst the crisis which the UK is facing as a result of the coronavirus outbreak. Princess Alice Hospice is committed to continuing to deliver outstanding end of life care - as we know our services are needed more than ever at this time

Despite the blow of enforced closure of its entire retail chain, and cancellation of fundraising events, the Hospice has launched Compassionate Care Continues – both a pledge to patients and staff and an appeal for support.

While the Hospice is keeping its head above water for the short term – down to robust financial planning which made allowances for a sudden crisis, a shortfall of 25% of its fundraising and shops income is the very least that will hit its bank balance. In reality it could be much worse and if the restrictions remain in place for a longer period it certainly will be.

News this week that the Chancellor has pledged money to help frontline charities - including Hospices, to the tune of £200m a quarter - has been welcomed. We are awaiting details about when this will be allocated.

Meanwhile, the physical and emotional toll on Hospice staff and patients' families is increasing.

But the Esher-based charity's assertion that "Compassionate Care Continues" is the rallying cry to supporters to enable the Hospice to ride out the storm.

Deputy Medical Director at Princess Alice Hospice, Dr Jennifer Todd, said: "These are extremely difficult times. In all my years as a doctor, I've experienced nothing like it. But, every day, I see my colleagues go above and beyond, to provide the best possible care they can to every single one of our patients, whether at the Hospice or in their homes.

The Hospice faces multiple challenges:

- A huge increase in patient referrals which have shot up by 47% since the beginning of March.
- The growing need for additional emotional and practical support many patients face the added trauma of having to self-isolate from their families.
- A higher demand for bereavement services especially as families face the heart-breaking prospect of social distancing at loved ones' funerals.
- Most worryingly, Princess Alice Hospice faces losing 25% of its income this financial year forced to close its high street shops and cancel all fundraising events.

With limited NHS funding, 78% of income must be raised through voluntary donations and fundraising; the current crisis has swept away major income streams.

Dr Todd added: "My colleagues and I have been working all the hours we can, frequently 12 hour shifts on consecutive days with limited time to rest in between. Many of us have changed our personal plans at short notice, to ensure we always have cover when team members are unwell or need to self-isolate.

"And let's not forget that every hour they give doesn't just help our patients. They're also doing a wonderful job reducing the burden on local NHS hospitals, who are struggling to cope with the number of people who need their care."

"But to keep going – to keep providing the exceptional care for which Princess Alice Hospice is renowned – we urgently need help. That's why we've launched our Compassionate Care Continues appeal, to raise funds to support our staff and get us through this difficult time."

How can you help?

£65 could pay for an hour of vital support and advice for seven patients and their carers, using Zoom video software to communicate with them in their homes.

£100 could pay for 40 tubs of alcohol wipes, to prevent infection here at the hospice itself. £265 could pay for 40 protective gowns and 40 boxes of gloves – enabling our staff at the Hospice to continue to care for patients.

To donate visit <u>www.pah.org.uk/CCC</u>

To see all about the campaign, visit https://www.pah.org.uk/latest-news/our-latest-campaigns/ Princess Alic Hospice compassionate-care-continues/

FOOTBALL FOCUS By James Dowden

BRENTFORD FC

Bees claim point against Grecians Brentford 1 – 1 Exeter City

11/4/09

Preview

As there is currently an absence of football the Tribune takes at look at retro matches that took place this week in Brentford's history. Today we take a look

at a home encounter for Brentford at Griffin Park as they host Exeter City. to the Ricoh Arena as the Bees pushed for promotion from League One. Brentford come into the game in 2nd with their opponents just behind in 4th as both sides battle for automatic promotion from League Two.

Key Moments

Exeter had taken the lead when Stuart Fleetwood ran on to a through ball and rounded the keeper before slotting in. Billy Clarke had a chance to equalise from the penalty spot but saw his effort saved by keeper Paul Jones. Clarke eventually atoned for his miss when David Hunt squared the ball to him at the far post and he sidefooted home for a valuable point.

Half-time Brentford teaser

How many goals did Ian Holloway score for Brentford?

- A) 1
- B) 11
- C) 2
- D) 3

Brentford starting Lineup

B Hamer K Osborne A Bennett D Powell (Yellow carded) R Dickson J Halls (Subbed off 66')

Substitutes

G Poole (Subbed on 66') S Williams (Subbed on 58')

Referee: Roger East Attendance: 8,234

Stay safe Bees fans!

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D Spencer (Subbed off 58') B Clarke (Goal 90') S Brown

M Phillips S Newton

G Smith

D Hunt

M Williams





HAMPTON & RICHMOND BOROUGH

Moussa at the Double for emphatic Beavers victory Canvey Island 0 – 4 Hampton 11/4/14

Pre-match teaser

Who did Jamal Lowe scored against on his England C team debut?

- A) Lithuania
- B) Slovakia
- C) Estonia
- D) Poland

Key moments



Moussa Diarra scored the opening goal of the game for the Beavers in Essex via a powerful header from a Ryan Newman corner. In the second half the Beavers made a dominating start and went two goals up within five minutes following the interval. A familiar combination for Hampton as Newman once again crossed, this time from a free kick, to Diarra for another headed goal. Hampton further extended their lead in the 67th minute through club legend Charlie. Moone. With 15 minutes to goal Jerome Federico grabbed a fourth for Hampton to complete a crushing defeat of Canvey.

Hampton starting lineup

S Brown T Murphy M Onyemah M Diarra (Goal 38' 50') K Murphy

Substitutes

T Collins K Serbony

Attendance: 315

Stay safe Beavers fans!

Teaser Answers

Brentford = B Hampton = C R Newman J Federico (Goal 75' Subbed off 78') D Sinclair D Culley C Moone (Goal 66') B Kiernan

J Richmond G Wells (Subbed on 78') J Rose



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