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Twickenham & Richmond

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12 400

26th June 2020

Family fun on Twickenham Green Photo by Berkley Driscoll

TickerTape - News in Brief

Radnor Gardens Cafe Vandalised

At the beginning of the week the cafe in Radnor Gardens was vandalised. A table was destroyed when a BBQ was lit on it and rubbish was left behind.

Large Gathering For Teddington Funeral

Residents were concerned when they observed a large gathering at Teddington Cemetery on Friday afternoon for a funeral. A resident estimated that there were at least 100 people attending the funeral and questioned how this was allowed under current COVID-19 rules.

Hairdressers, Barbers and Nail Parlours

The council is hosting a free webinar for you with local police and regulators to help you with reopening safely. 1st July, 2-4pm. You must register to attend. Text 07976 981960 or email <u>Anglea.ivey@</u> <u>richmondandwandsworth.gov.uk</u>

Council supports Armed Forces Day

Richmond Council will be raising the flag outside the Civic Centre this Saturday to commemorate this year's Armed Forces Day (27 June).

Armed Forces Day is a chance to show support for currently serving troops, including reservists, as well as veterans, cadets and their families.

Street light improvements - back on track

Last year the Council commenced a five-year project to replace the remaining concrete lighting columns and sodium street-lights in the borough with new mild steel lighting columns and upgrade all with LED street lights. These lights will not only generate financial savings but will also save 1,000 tonnes of Co2 each year. Unfortunately, while many have already been installed, the project was put on hold due to coronavirus.

Hampton House Fire

London Fire Brigade attended a house fire in Hanworth Road, Hampton this morning, Friday 26th. Six fire engines and about forty firefighters tackled the blaze; the first floor and roof were damaged.

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Another hot sunny day, so TwickerSeal and TwickerDuck returned to Twickenham Green hoping to have a nice quiet afternoon. But it was even more packed than before and they couldn't

even get their favoured spot by the convenient sapling! Or should that be 'convenience'?

After a while they found a rather crowded spot, and settled down with an iPad to watch the council's webinar on 'Anti-Social Behaviour on Twickenham Green'. They were quite surprised at how many residents were taking part and were shocked to hear their tales of daily misery of various forms of anti-social behaviour. It quickly became apparent that what was needed were public toilets on the Green, temporary ones now, but a permanent solution going forward.

It was interesting to see how in such a short time the council's position on installing loos on the Green had gone from an emphatic and unlistening 'No, never' to 'We have costings and are seriously working on this'; just goes to show that when residents make themselves heard good things can happen. Who said a U-turn is a bad thing?

TwickerSeal had to head home to Eel Pie Island as they needed the loo; there was a pub with loos nearby, but you have to wait in the long queue of people buying gallons of beer, so best to be sensible (and not anti-social) and return home.



Borough View By Graeme Stoten

'Regal House'

Built on land formally occupied by Fortescue House in the 18th Century and then replaced by the Regal Cinema in the 1930's, Regal House is now regarded as Twickenham's landmark office building complex. It's unmistakable sixties architectural heritage has not bestowed much favour amongst local residents, but more recently a full external facelift and modern office



interior refurbishment has returned a much needed regal stance to its name and stature.



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Are We Easing Lockdown Too Soon?

There have been concerns over social distancing this week following the congregation of large crowds, large gatherings and crowded beaches.

Residents in Teddington were shocked at the large crowds that gathered on the 'beaches' by Teddington Footbridge on Thursday afternoon. Police had to disperse the young crowd, many of whom were in swimwear and sunbathing. One resident estimated that there were more than a hundred and that they were being a danger to themselves, and others, by jumping into the river from the footbridge.

Dr Hans Henri P. Kluge, the WHO Regional Director for Europe commented this week:

"For weeks I have spoken about the risk of resurgence [of COVID-19] as countries adjust measures. In several countries across Europe, this risk has now become a reality – 30 countries/territories have seen increases in new cumulative cases over the past two weeks. In 11 of these countries/territories (1), accelerated transmission has led to very significant resurgence that if left unchecked will push health systems to the brink once again in Europe."

WHO's Regional Director for the Americas, Dr Carissa F. Etienne added:

"We must be realistic about the future: all of us must adjust to a new way of life and redefine our sense of normal though we rejoice when one country successfully flattens its COVID-19 epidemic curve, the risk of re-emergence will always remain unless we flatten the curve regionally and globally."

Local Statistics

The In Your Area website gave the following statistics for COVID-19 on Friday 26 June: 417 confirmed cases in Richmond upon Thames, 532 in Kingston-upon-Thames, 776 in Hounslow. Updates are also available from the BBC on their Coronavirus UK Map.

Number of Deaths from WHO Situation Reports:

At the time of writing the World Health Organization Situation Report for Friday 26 June 2020 gave the following details for countries with high death rates: 121,645 in the USA, 53,830 in Brazil, 43,230 in the UK, 34,678 in Italy, 29,675 in France, 28,330 in Spain, 24,324 in Mexico, 15,301 in India, 10,130 in Iran, 9,726 in Belgium, 8,948 in Germany, 8,781 in the Russian Federation, 8,586 in Peru, 8,484 in Canada, 6,100 in the Netherlands, 5,230 in Sweden, 4,903 in Chile, 4,882 in Turkey, 4,648 in China, and a total of 484,236 deaths worldwide.

PART 185. HEATHAM HOUSE – TWICKENHAM

I'm sure that many local residents would have spent evenings at Heatham House in their younger years. A multi-activity centre for the younger generations for many decades. Band nights and discos

were an essential part of many a local teenager's after school or weekend activities.

I played in the five -a – side football leagues that were staged on the original tennis courts on Wednesday nights in the early sixties. A hub for teenage football, it also acted as the headquarters for the Richmond Youth football league which had three divisions in those days. I suspect that certain of our readers gave me a kick or two as I played for both Centurion Sports and Athenians football clubs in my teenage years.

Our first postcard shows Heatham House in the 1950s. The next two photos bring us up to date with the house. The third photo was taken this year.

Heatham House stands at the left of the junction of Whitton Road and London Road near Twickenham railway station and right next to the River Crane. The river runs through its three and a half acres of grounds. Little is known of its early history despite its being mentioned in both histories of Twickenham - Edward Ironside's History



and Antiquities of Twickenham and R.S.Cobbett's Memorials of Twickenham. No explanation has ever been found for its name and it is not clear exactly when the house was built although we know it was mid-eighteenth century - 1740-50 - although there have been additions and alterations since.



Glover's map of 1635 indicates that the site of Heatham House and the Cole Brewery was previously occupied by part of the garden and nursery of Vincent Pointer.

Heatham House is a listed building of architectural interest. Ironside described the house in his book published in 1797 as 'a neat house, with a pleasant garden round it, through which runs a stream of water over which is a neat bridge and under the bridge a small cascade.'

People who have lived in the house include Stephen Cole whose family were brewers in

Twickenham and whose brewery was only yards away from Heatham House on the other side of the River Crane where the old Post Office sorting and delivery depot stood. Possibly the house was built for him. Cole died in 1790; his name is still evident in the roads Cole Park Road and Cole Park. Roger Wilbraham, the Whig and associate of Charles James Fox, the statesman (1749- 1806), lived here until his death in 1829. Because of his friendship with Fox, it has come to be believed that Fox lived at Heatham House. This is not so but it is likely that he would have visited Wilbraham and therefore stayed at the house on these occasions.

www.TwickenhamTribune.com





Other residents of the house included Sir Charles Hawtrey, the actor-manager of the 1880s and 90s who died in 1923; and the Swedish artist and caricaturist Einar Norman who added a double staircase leading from the stone balcony at the back of the house. The last private owner was William Thomas Lane, the original owner of the MacFisheries shops.

In 1944, the house was purchased by Middlesex

County Council for £8,000. It had been put on the market in 1943 and several Twickenham people interested in youth work urged the Borough Council to buy the house and use it for the development of the youth service. It has been part of the Youth Service since then and was officially opened on 10th June 1950 as a youth centre. Currently the house is a Youth Activities Centre, not simply a youth club, where young people up to the age of twenty-one can pursue a wide range of practical interests including most sports as well as music and drama. In addition to this, Heatham House complements the work of other youth organisations by providing facilities for club group activities, rooms for meetings, leadership training courses and school leavers' courses.

Additions were made to Heatham House in 1969 when a new hall was opened to provide increased facilities and also in 1973 when an extension to the main hall was opened. These additions have not altered the external appearance of Heatham House and it seems likely that it will continue to be part of Twickenham for many years, looking much the same as it did when Stephen Cole lived there in the 18th century.

Today Heatham House is a fully resourced and staffed youth centre offering a packed weekly programme of universal sessions for young people in Primary School year 5 up to the age of 19 years old. Session activities include football, basketball, art, cooking, music production, pool, table-tennis, table-football, band rehearsals, musical instrument tuition, a skate - park, Tae Kwon Do and much more.

With many of us spending more time at home at present it may be that you are using the time to tidy a few drawers or have a bit of a clear-out. If you trip over any old postcards, old envelopes with stamps on, or photograph albums that you would consider parting with, I'd be very interested in arranging to see them. Please contact me on 07875 578398 or by email at: alanwinter192@hotmail.com I am happy to pay cash for anything like that which I find of interest. So don't throw old postcards etc. in the skip or recycling bins. Show them to me first! Thanks, stay safe and well.





RFS The Best of our Recent Historic Screenings Issue 14, 26th June 2020

I'VE LOVED YOU SO LONG

A new series for those of you who are missing Richmond Film Society's screenings or, indeed, trips to the cinema generally as a result of the COVID-19 crisis. Their committee is producing a number of weekly recommendations of films screened during the last 20 years that were extremely well received by their audiences. Should the notes reproduced below entice you to try and catch-up with this recommendation, then you should be able to do so, as it is available on streaming services and for purchase as DVD/Blu-Ray discs from the online retailers as indicated below.

RFS Context: I'VE LOVED YOU SO LONG was 654th film screened by RFS on 1st December 2009. **I've Loved You so Long** was the top ranked film of Season 47, it got an approval mark of 92% from those attending. It stars France's favorite English actress **Kristin Scott Thomas**. **I've Loved You so Long** can be streamed from Amazon Prime and the discs are available from Amazon and others.

I'VE LOVED YOU SO LONG (Il y a longtemps que je t'aime)

Country: Director: Screenplay: Editor: Music: Cinematography: Running Time: Language:

Philippe Claudel Virginie Bruant Jean-Louis Aubert Jérôme Alméras 115 min., colour French

Philippe Claudel

France & Germany, 2008

Leading Players:

Kristin Scott Thomas(JulietteElsa Zylberstein(Léa)Serge Hazanavicius(Luc)Laurent Grévill(Michel)Frédéric Pierrot(CapitairClaire Johnston(La mèreCatherine Hosmalin(La consJean-Claude Arnaud(Papy Pa

(Juliette Fontaine) (Léa) (Luc) (Michel) (Capitaine Fauré) (La mère de Juliette et Léa) (La conseillère d'insertion) (Papy Paul)



A woman who's spent 15 years in prison is released into the care of her younger sister's family. Intense

French drama starring Kristin Scott Thomas. Sometimes a film's secret is so inherently part of its make-up that advance discussion is genuinely problematic. Some films such as I've Loved You So Long earn the right to be experienced with absolutely no preconceptions.

What can be detailed here is that we first meet Juliette, a haggard, flinty middle-aged woman in an ill-fitting overcoat, smoking and awaiting the arrival of her younger sister Lea. It's evidently their first meeting in a while; yet Lea brings Juliette to her family home in their bourgeois village in Nancy, Alsace-Lorraine, which she shares with her husband, lexicographer Luc, their two young adopted Vietnamese daughters and Luc's invalid father. The plan seems to be that "auntie Juliette" will live with them indefinitely, much to the two girls' surprise and the surly Luc's dismay.

Only later do we learn the reason for Juliette's 15-year absence: she's been in prison. Her past crime, for now, is tantalizingly overlooked. What writer-director Philippe Claudel wants us to focus on initially is Juliette's struggle to readjust to her new life. She has regular appointments with talkative policeman Faure; tries to get clerical hospital temp work though she clearly used to be a doctor; frequents bars, even picking up the odd man; and attracts the attention of Michel, Lea's colleague. Yet little seems to pierce her closed-off, at times hostile, defenses. Only when Juliette's shocking crime is finally revealed do we understand the tensions that still swirl about her family. Her parents subsequently disowned her and Lea is now constantly forced to either defend her sister or cover up any hints of what happened years before. The ramifications also loom large in Lea's own life - adopting, rather than bearing her own children provides one clue. While Lea and Juliette ever so slowly reconnect, the question of whether true reconciliation can win out over simmering resentment and overwhelming guilt is ever-present.

This is one of those domestic dramas that French directors like Agnés Jaoui (**Look At Me**) or Arnaud Desplechin (Kings And Queen), seem to pull off at will, never descending into soap operatics, retaining an impressive literary quality (Claudel is an acclaimed author) and usually displaying a subtle cinematic touch.

There's a genuine emotional kick here - the scene where Lea and Luc's smug friend baits Juliette about her mysterious past at a dinner party is unbearably tense - and a mordant streak of humour that prevents the dark subject matter from becoming oppressive.

Impressively for a debutant, Claudel's direction is minutely detailed, the harsh grey palette of the first half slowly mellowing once Juliette defrosts. He also delicately offers up different forms of isolation - Luc's mute father, Juliette and Lea's Alzheimer's-afflicted mother - to contrast with Juliette's alienation. But more than anything, this is an actor's film and Kristin Scott Thomas delivers the performance of her career - in French, quand meme. It's a killer role that lets her shift from haunted shell to tentative reengagement with life and it's hard to imagine another actress doing it better. Zylberstein's more emotional Lea and Grevill as the sympathetic Michel offer admirable support.

Verdict: A quietly powerful, very moving drama featuring a tour de force from Kristin Scott Thomas.

After Film 4

Zoom in on Twickenham

Strawberry Hill residents in Twickenham have been asking the Parks Department of the London Borough of Richmond upon Thames for over a year to deal with the urination and defecation problem caused by visitors to Twickenham Green - and provide public toilets.

The situation has been exacerbated by nine local outlets selling alcohol which is drunk on the Green.

Today, the Council held a Zoom meeting for affected residents living in the area, suffering from urination and defecation in their gardens.

One resident said that over fifteen calls have been responded to by the police including two 999 calls when a local man was saved from physical attack by four urinators - see the story in the Tribune News section.

Towards the end of the Zoom meeting the leader of the Council, who had recently been erroneously hailed on Twitter as solving the public toilet problem relating to COVID-19, started to admit that there was a problem which needed to be addressed.

A local resident who had been at the meeting and had been suddenly "muted" from questioning the LBRUT Leader, Gareth Roberts, later commented that she suffered daily from witnessing public urination and consequential threatening behaviour.

Another who had taken part in the Zoom meeting returned home this evening to the strong smell of urine in the driveway, discarded football paraphernalia and a crate of empty bottles.

The resident told the Tribune that it was necessary to hose down the area at least five times a day from Friday and throughput the weekend. Particularly annoying was paying over £260 a month Council Tax to the London Borough of Richmond upon Thames and with no help to clean up the mess.

The resident, who does not want to be named, said that the smell was appalling and the urine had bleached a brick path; when hosing the urine away the spray from the urine puddles sprayed on clothes and face.

He went on to say that the Parks Department of the Council had been informed of the situation many times but they had turned a blind eye, off-loading the public urination problem on to residents instead of providing toilets for the large numbers of people who visit Twickenham Green.

Another long-term resident who had only experienced this problem in the last two years, after living in her family home for thirty-seven years, was thankful that she did not have to dispose of human faeces, a disgusting situation experienced by the gardeners of the local church.

The Tribune will be following this story and hope that the London Borough of Richmond upon Thames will start to carry out their duty to residents to prevent this situation repeatedly occurring, afterall, as mentioned, residents do pay a relatively large proportion of their income to the Council.

It seems as though there is the same problem on the other side of the Borough in Richmond town where there is a village Green, similar to Twickenham Green; an article has been submitted to the Tribune about this dreadful situation.

If you suffer from this sort of problem report this to the police via 101 and send details to your councillor; the Tribune will always publicise residents' issues to try to give them support.

Richmond needs a dedicated Police Team for the Town, Green & Riverside and better toilet provision By Pamela Fleming, Councillor South Richmond Ward

Richmond attracts visitors at all times of the year, but in the summer people come from all over the world to soak up its history and culture and enjoy the Green and Riverside. Usually they are spoilt for choice with places to eat and drink, but at the moment nothing is open and since lockdown has been relaxed there are more people than usual like open spaces everywhere. Inevitably with groups consuming too much alcohol there have been flare ups of anti-social behaviour and rowdiness and a disgusting amount of urination and defecation around the whole area.

For the past eighteen months the South Richmond Ward Councillors have been campaigning for a Police base in the ward and a dedicated Richmond Town Centre/ Green/Riverside Police Team so there is the deterrence of a visible police presence with regular patrols. We have written to the Borough Commander and had meetings with senior Metropolitan Police Officers but the response is negative and it's been made pretty clear to us that even when more police are recruited Kingston would be ahead of us if Town Teams were considered.

Last year there were some vicious muggings of young people on and around the Green and following a remarkable campaign by a couple of mums called "Mothers against Muggings" a Working Group has been set up focused on making young people more aware of how to keep safe Funding has been secured for some extra police and youth worker presence around the Green from July 10th, but this is only a temporary solution and the need for the Police Town Team remains.

We are of course looking at a small minority who cause trouble. Most people just want to enjoy the unique atmosphere of Richmond and have a picnic and drink and since 15th June a chance to browse the shops and quirky alleyways, but with hospitality venues closed they have nowhere to go to the toilet or wash their hands. There are no community toilets facilities around the Green & Riverside and we have been asking the Council to install some temporary toilets until pubs and cafes open. They refuse on the grounds, of cost, Government guidelines, attracting irresponsible behaviour and say people should plan their visit. But what if you need regular access to a toilet for health reasons or if you are pregnant or menstruating; surely the Council isn't saying these people are excluded from enjoying Richmond because they don't know when they will need a toilet. The government guidelines talk about "minimising " the use of portaloos, but the same document emphasises the importance of hand washing and sanitation. As to cost, the quote I got for 15 toilets for 2.5 weeks with an attendant on Friday, Saturday & Sunday was just under £5,000. A small price to pay to offer proper hygiene facilities and ensure people who need a toilet feel comfortable coming to Richmond.

LBRUT CONTINUE TO REFUSE TO PROVIDE TOILETS ON TWICKENHAM GREEN AND RICHMOND GREEN

With temperatures set to soar this week enticing even more people to visit Twickenham & Richmond it is disappointing that the LibDem Council has obstinately refused to provide temporary toilet and hand washing facilities. Instead they say they will only enforce anti-social behaviour and penalties for public urination, which of course should be happening anyway under the Anti-Social Behaviour Public Space Protection Order. Yet again the Lib are doing nothing to help residents, instead of providing facilities for those who need access to toilets, the Council Leader thinks it's fine to trivialise the problem by "liking " Twitter jokes about peeing in doorways.

The majority of people who come to shop and enjoy the green areas and riversides of Twickenham and Richmond do not behave irresponsibly, but with hospitality venues all closed they have nowhere to go to the toilet or wash their hands. There are no community toilet facilities around Richmond Green, Twickenham Green or along the riverside hotspots. This means anyone needing regular access to toilets, which can be a particular issue for some individuals including pregnant women, and those with some health issues, are effectively excluded from coming to enjoy Richmond & Twickenham because they can't be sure when they will need to use a toilet.

Cllr Pamela Fleming said "I have been battling with the Council on this because the lack of toilet provision is discriminatory. The Lib council said it was too expensive so I got a quote last week for the 2.5 weeks until pubs and cafes open. It would cost just under £5,000 for 15 portaloos with hand sanitiser and an attendant on Fridays, Saturdays and Sundays. A small price to pay to offer proper hygiene facilities and ensure people who need a toilet feel comfortable coming to our borough"

Twickenham Conservatives

SUP-YOGA & SUP-PILATES CLASSES IN TWICKENHAM - Back Again!

SUP-Yoga & SUP-Pilates classes offer a unique, dynamic and fun way to challenge your fitness on water! The sessions are taken on anchored paddleboards floating on water. The buoyancy of the water adds intensity to every movement and makes a refreshing change from usual mat classes. The classes suit all levels and abilities. EPIC SUP are running SUP-Yoga and SUP-Pilates classes from Twickenham Rowing Club, this summer. To book or for enguiries contact: coach@epicsup.org

Will The LBRuT Family Centre Be Able To Open? Excessive Drinking and Urination Outside Childrens' Respite Centre

We are all feeling the frustrations of how our lives have changed with lockdown and social distancing since COVID-19 impinged on our lives but it is particularly difficult for some; do we really know the impact on our children of an unseen virus that can get into our bodies through our eyes, nose and mouth?

I am particularly reminded of our vulnerable children, especially those – and their families – who have not had respite during this time.

The Family Centre in Popes Avenue was to open on 1st July but now there is doubt because of the frightening spectacle of drunks outside the Centre, public urination and behaviour which would be frightening to children.



If only we could get a urinal on Twickenham Green for these anti-social men who drink so much, we might all have a quieter life.

You can read a short story (My Hero is You) <u>HERE</u> which you might find of interest if you have young children who are worried about the virus (COVID-19) – and I hope that the children who should be going to the Family Centre in Popes Avenue will be able to come back on 1st July.



My Hero is You, Storybook for Children on COVID-19

Kew Road barriers to be upgraded to semipermanent cycle lanes

The recently installed water barriers on Kew Road, put in to ensure the mandatory cycle lane was protected from parking transgressions as Kew Gardens reopened, will be upgraded to a semi-permanent cycle lane, now that Richmond Council has secured funds for the changes from Transport for London (TfL).

As part of the borough's Post-COVID Transport Action Plan, the Council is upgrading the barriers to include mandatory white lines marked with 'wands' and 'orcas' to help set out a more defined cycle route under an experimental traffic order. The measures can stay in place for a maximum period of 18 months after which time the Council would need a permanent traffic order if the measures were to become permanent.

The Council has secured over £250,000 of funding to carry out these improvements and works are due to start within weeks.

Recognising that the change could have wider impacts (particularly as visitor numbers increase), the Council will shortly be consulting residents and businesses across Kew about the future operation of the existing Controlled Parking Zones (CPZs) and on the possibility of implementing a new CPZ in the area around Kew Green.

Councillor Alexander Ehmann, Chairman of the Transport and Air Quality Committee, said: *"Our plans for transport changes were one*



of the first priorities for this council as we began to exit lockdown. The fact that Richmond have received one of the largest TfL settlements for new schemes is a testament to our forward-thinking and it will mean that we can begin providing the alternative transport infrastructure that our residents now need.

"The car parking outside Kew Gardens was unsustainable for so many reasons, but crucially because it encouraged visitors to come by car. The double-whammy was that all the parking came at the cost of valuable cycle lane.

"Overall, the changes to the Kew Road have been very well received by residents and I am delighted that TfL recognised the importance of the changes through their funding support.

"The recovery from the coronavirus lockdown gives us an unprecedented opportunity to help people to make transport choices for the better. If we take the right sorts of action we can avoid ever-more congested roads, worsening air quality and compromising road safety.

"The Council await the outcome of our other funding bids. With the necessary resources, Richmond will take further strides with ambitious plans to make our communities cleaner, greener and safer."

Marble Hill Horticultural Marvels

Sweet Chestnut trees- Castanea sativa

The sweet chestnut trees are flowering in Marble Hill park at the moments and displaying their distinctive creamy coloured tassel flowers, which cover the tree and from a distance it looks to be decorated with tassels by an over overzealous person.



Sweet chestnuts are one of my favourite trees both in terms of interesting features with its long serrated leaves, creamy coloured tassels of flowers at this time of year and the incredibly characteristic tree trunks which seem to spiral upwards clad in dark brown fissured bark, not to mention the sweet chestnuts to be roasted and enjoyed in the wintertime.

The timber is very useful being similar to oak (they are in the same family) but lighter than oak and can be

used for carpentry, joinery and furniture making and responds well to being coppiced which produces poles. The nuts are not toxic to humans unlike Horse chestnut conkers and have been ground to make flour for centuries and are still used as flour in parts of southern Europe today as well as roasted to make delicious fireside snack!



Despite being a non-native to the UK they are fantastic for the native wildlife. The flowers are a source of pollen and nectar for bees, butterflies and other

pollinators, and the nuts in their spikey husks are eaten by red squirrels, mice and voles.

They can reach over 35m tall and live well beyond 700 years and is one of the more common trees in Marble Hill Park so if you are visiting the park over the next few weeks look out for the tassel flowers on the trees and take time to look at the lovely spiralling trunks on these wonderful old trees!



ENGLISH HERITAGE



More school streets to be rolled out across the borough

More school streets will be rolled out across the borough, thanks to funding secured from Transport for London.

Last month, Richmond Council used emergency powers to ensure that three local primary schools were the first in the borough to receive temporary 'School Street' status in time for the resumption of teaching in June. If successful these will be considered for permanent schemes under Experimental Traffic orders at which stage residents, parents and the school community can feedback their impressions.

Over the next few weeks schools will be identified and using an Experimental Traffic Order, measures will be put in place to ensure these 'School Streets' are implemented in the Autumn term.

School Streets ensure a safer space for children around their school, contribute to reduced local pollution and encourage parents and children to opt for sustainable travel methods, like walking and cycling.

A School Street is where a road(s) around a school are temporarily closed to all motor vehicles except those of the immediate road residents; thereby becoming a pedestrian and cycle zone during the school's opening and closing times.

The measures at the pilot schools have been successful and therefore the Council applied to TfL for £200,000 funding to roll out the programme across the borough.

As with the first three 'School Streets' the first six months of implementation will be a consultative period, where residents, parents and the school community can feedback their impressions. Should the trials be successful, the Order will be made permanent.

Cllr Alexander Ehmann the Chair of Richmond's Transport and Air Quality Committee, said: "School streets are an integral part of our plan to reopen Richmond upon Thames in a safe way for our residents and teachers. This is one of a series of actions we are taking as we encourage the return of children to our schools. Prioritising pedestrians in some roads surrounding schools during drop-off and pick-up times will help do this effectively and safely.

"School Streets are just fantastic, because they improve road safety, air quality and provide the physical space for social distancing around our schools. Eleven more schools, following the borough's first three, is a stretching programme, but this Council believes we have to be ambitious for our youngest residents."

For more information or if you are a school that is interested in having a School Street, email: <u>transportation@richmondandwandsworth.gov.uk</u>



Not a lot of people know this!

By Sue Hamilton-Miller

Three months ago, during lock down, I set myself the task of doing further research on the stories behind the residents of Richmond House in Twickenham. The house was situated on Twickenham Embankment opposite Eel Pie Island where the old swimming pool used to be and is now the site of a possible new development. With lock down coming to an end this will be my last article. I shall write about three very different subjects all connected with the house.

Alexander Herzen, the writer and the man known as the "father of Russian socialism", lived with his family in Richmond House in 1855. He was the illegitimate son of a very rich Russian landowner. After receiving a large inheritance from his father (which he smuggled out of Russia with the help of the Rothschild family) he left Russia in 1847 accompanied by his wife Natalia, their three children, his mother, a tutor, a nanny and two female dependents "in two carriages, padded against the winter cold with fur". They move to Italy, then Paris, then Switzerland and finally in 1852 to London. Their ostensible reason for travel was to seek help for one of the children who was deaf from birth. None of them saw Russia again. His mother

and the deaf son died in an accident at sea and in 1852 his beloved wife died, having given birth to another child. The family was then joined by Malwida von Meysenbug, a Russian writer, who acted as housekeeper, governess and surrogate mother to Herzen's children. Then his old friend Nicolai Ogarev, his wife (also Natalia) and their four children joined them. Three more children that the second Natalia then had with Herzen completed the motley crew!



Herzen never stayed in one place for long and his long-suffering entourage must have patiently traipsed around London with him. I counted at least 10 different homes in as many years. He used to say that such was the uniformity of English houses that he could find any room or object blindfolded! Apart from Richmond House he also stayed locally in 3 St Helena Terrace, Richmond; Bridgefield Villas, Twickenham; Elmfield House, Teddington and finally Cholmondeley Lodge Richmond. In his memoirs he recorded that Dr Vensky, his first Russian visitor since the death of Emperor Nicholas I, "was perpetually amazed that it should be so spelt, but pronounced Chumley Lodge".

In 1864 he returned to Switzerland, and after some time went to Paris, where he died on January 21, 1870 of complications due to tuberculosis.

My second subject was also a much travelled person, though not in the way you might be expecting!

In 1836 a Lady Louth is recorded in the London Gazette as giving birth to a daughter in Richmond House. She was Anna Maria, née Roche, who married her cousin Thomas Oliver Plunkett, 12th Baron Louth, an Irish Peer and of the same family as Saint Oliver Plunkett, the last Roman Catholic martyr to be executed in England in 1681. I can't resist telling you a little about him after he died.



Plunkett was hanged, drawn and quartered at Tyburn. His body was initially buried in two tin boxes. The remains were exhumed and moved to Lamspringe in Germany. The head was brought to Rome, and from there to Armagh and eventually to Drogheda where since 1921 it has rested in St Peter's Church. Most of his body was brought to Downside Abbey in England, where the major part is located today, though some parts are still remaining in Lamspringe in Germany.

And finally I want to take you to a small redundant church in Dorset, St Peter's Church, Winterborne Came, that has several Twickenham connections, including Richmond House. Jeremy and I stumbled upon it when researching the Damer family in the Dorset Local Studies in Dorchester. You will find the church down a road marked Private that leads to Came House, 2 miles south east of Dorchester, off the A352. There is a signpost to the Church and you can park very near by. Worth a visit if you find yourself nearby on a "staycation" this summer and are into local history.

There are some Monumental inscriptions, in particular these two:

To the the Honble. Lionel Damer, third son of the first Earl of Dorchester by the Lady Caroline Sackville In the same vault are also placed those of his widow Williamsa, daughter of William Janssen esq, the fourth son of Sir Theodore Jannsen.



In the Twickenham Tribune (edition 176) I talked about Sir Theodore Jannsen (the man who made the Battersea Enamel boxes) and his niece Williamsa Damer, to whom he left Richmond House. In turn Williamsa Damer passed the house on to her Goddaughter Williamsa Budgen who continued to own it until 1866.

To Caroline, Countess of Portarlington, widow of John 1st Earl of Portarlington. She was the fifth daughter of John, Earl of Bute, K.G. By Mary Wortley, daughter of Edward Wortley Montague Esq grandson of Edward, 1st Earl of Sandwich and the Lady Mary Wortley Montague

The latter is a familiar name to historians.

The stained glass east window was placed there by *The Rt. Hon. George Dawson Damer in memory of his beloved wife Mary Georgianna Emma Seymour, who was the daughter of Lord Hugh and Lady Horatia Seymour.*

There were rumours that Mary, known as Minnie, was the daughter of Mrs Fitzherbert and King George IV. Mrs Fitzherbert, who was Minnie's guardian, regarded George Dawson as '… quite the wrong man … a fiery young cavalry officer who suffered the bad luck of being the younger son of an Irish earl (the 2nd Earl of Portarlington) – but that is another story.

As well as being sisters-in-law Mary is closely related to Anne Seymour Damer, the artist, to whom Horace Walpole left a lifetime interest in Strawberry Hill House, though she later moved to York House.

I have tried to bring all these names together under a family tree but have failed miserably to do so. All I know is that they were inter-related, sisters-in-law, cousins, first cousins once removed etc.- and all linked somehow to Horace Walpole. They can also trace their early roots back to Isabel Birkhead, the sister of Edward Birkhead, the very first owner of Richmond House in 1650 – and 200 years later there were still descendants living in Richmond House.

And not a lot of people knew that!

That's it folks. I'm now off to get a haircut and a life – in that order!

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River Crane Sanctuary



Green Damselfly finds the wild seeded Buddleia and the long grass welcomes a White butterfly

<u>Bumblebee Conservation Trust</u> is asking us to "Look before you lop! If you can, wait until at least early autumn when bumblebee season has finished before getting the strimmer out this year, as

strimming can severely damage or destroy bumblebee nests in long grass.

If you are strimming long grass, check it really thoroughly before you do, as species like the Common Carder Bee like to build their nests in areas of woven tussocky grass, often going unnoticed until the grass is strimmed and the exposed nest dies. Better still, keep lots of long grass habitat in your garden all year round to support not just bumblebees but other wildlife like slow worms, newts, hedgehogs, and butterflies!"



Unfortunately, we have seen on Instagram that hedgehogs are still getting hurt from Strimmers in our pursuit of the perfect lawn and garden. How about using the shears and doing some meditative, slow and mindful garden maintenance? Good for physical exercise and mental balance whilst getting the garden looking beautiful! Or, let your space grow a bit wilder and relax and enjoy the many visitors who will grace you with their presence and give so much joy



and entertainment without turning on the tv or 'phone. Allow some wildflowers or even 'weeds' to have room and watch what will be attracted in to feed and nest and know that you have helped species to survive by creating a habitat.

"I have a garden of my own but so with Roses overgrown, and Lilies, That you would it guess to be a little Wilderness." Andrew Marvel 1621 – 78

River Crane Sanctuary Website Instagram

www.TwickenhamTribune.com

Shout out to Friends of Ham Lands

A big thank you to the Friends of Ham Lands and their volunteers for their socially distanced litter pick last weekend.

A group of around 30 local residents and councillors got together for the group's first community event since lockdown. Together they valiantly collected and sorted bags of waste that visitors to Ham Lands and the tow path had thoughtlessly left behind. The Friends worked with the Council's contractor, Continental Landscapes, to arrange the removal of the bagged litter.

The next litter clean-up is being organised by the Ham and Petersham Association and will take place on Ham Common on Saturday 4 July at 10am. Anyone wanting to join in should meet near the pond.

And on Saturday 11 July, the Friends of Ham Lands will be meeting to pull up invasive Himalayan Balsam from alongside the towpath between Ham Street car park and Teddington Lock.



Participants should meet at Ham Street car park at 10am.

Cllr Julia Neden-Watts, Chair of the Environment and Sustainability Committee for Richmond Council, said:

"I send out a heartfelt thank you to all the volunteers who selflessly came to help pick up the litter that visitors to the area have left behind.

"The Council's collection teams are working hard to empty bins when they are full. And, on busy days, many bins are emptied several times a day. But every park visitor shares the responsibility to keep things tidy – please be prepared to take items home with you and never leave litter behind. There is no excuse for it."

Sufiyo Andersson, from the Friends of Ham Lands, added:

"It's been a long and lonely spring for many of us. And it's really nice to get together with our volunteers and do something for our community. I'm grateful to have so many people come and help with the litter clean-up. It's nice to know that people care.

"But we also need help from everybody who has picnics to clean up after themselves - and if the bins are full to take their litter home. Litter is a danger to wildlife and spoils the beauty of our nature."

The Richmond Shakespeare Society: Two More Lost Plays

At the time of The End Of The World As We Know It, the RSS was preparing to audition its next two productions, Oscar Wilde's The Importance of Being Earnest, directed by Simon Bartlett, and Be My Baby by Amanda Whittington, directed by Muriel Keech.

Wilde's comedy masterpiece was to be our outdoor Summer Show in York House Gardens, for the first time in this venue breaking our Shakespearean cycle of recent years. Constructed with immaculate precision, it's a tale of a lost baby, a missing novel and the romantic entanglements of two young men-about-town and their young ladies. In language full of nuance and glittering wit we learn the follies and foibles of Victorian society, with an array of vividly drawn characters, not least the formidable Lady Bracknell.

We were to adopt an exciting new approach this year, staging the production in the round on a stage in the centre of the Fountain Garden, bringing the surrounding audience much closer to the action and the sparkling dialogue.

RSS open-air Summer Shows have been performed annually since the 1930s, first in Richmond's Terrace Gardens, then in Marble Hill Park, and latterly in two different parts of York House Gardens. Only World Wars - and now a pandemic - can stop them. You can imagine with what heavy hearts we were forced to abandon this year's production, along with two other shows already in rehearsal when the blow fell.

Also cancelled is our September production of Be My Baby, a touching story about a group of very young women brought together in a mother-and-baby home in 1964 to await the birth of the children they will give up for adoption. They bond over their joint predicament, their days enlivened by the music of The Ronettes and other girl groups of the time. One girl, Mary, tries hard to keep her baby, but is defeated by the determination of her own mother to keep their shame a secret.

In the 1990s Amanda Whittington entered a one-act play competition run by the Soho Theatre with a monologue about a woman baking a birthday cake for a child she had given up for adoption. It didn't win, but it led to a commission from the theatre which became Be My Baby.

To research the background, Whittington met women with experience of the church-run mother and baby homes of the 1950s and 60s where illegitimate children could be born in secret and discreetly given away in private adoptions. Television programmes today show reunions of mothers with the children they were pressured into giving up to avoid "shame and scandal" and who have lived with the consequences all their lives. It was sad to have to abandon an

opportunity to present a play written by a woman, about women's lives and with fine parts for female actors - still all to too rare! Although the RSS is flourishing in lockdown with various online activities, we are desperate to resume live performance as soon as we possibly can - so watch this space!



Twickers Foodie - By Rlison Jee CURRY FAVOUR WITH EASY INDIAN

There's something rather fabulous about curries in hot weather! Maybe it is my happy childhood memories of going to the Marsa Club in Malta for a Curry Tiffin on Sunday lunchtimes, but as the temperature soars, my thoughts turn to making a good curry. Apparently the spicier it is, the better it is for cooling down. This rather strange anomaly of eating hot to stay cool has to do with the way the body reacts when you eat an extremely spicy dish. Put simply, **the heat** of the spices makes you sweat, and sweating cools you down.

Whatever the reason, a great new cookbook has recently been published by Watkins Publishing. It's Easy Indian Cookbook - by Manju Malhi published by Watkins Publishing at £14.95. It's a top quality paperback packed with my type of recipe: simple and with only a few ingredients! Manju Malhi is a teacher, writer and award-winning chef and she appears regularly on, BBC, ITV and Sky.

But don't let that simplicity fool you – the results are fabulously tasty! The opening chapter covers a veritable encyclopaedia of spices you need to have in your spice rack as well as giving an overview of the basics of Indian cuisine. There are recipes for chutneys, raita, spice mixes, breads and rice. She also covers different events and allows you to self-cater, from a romantic dinner for two, a midweek family meal, to a fully-fledged cocktail party with all the trimmings. Manju gives suggestions for the



best, most flavourful dishes, along with an extremely handy time plan, letting you know exactly when to start making a dish, how long it will take and when to start the accompanying dishes - all to maximise your time and effort! Here are a few recipes from the book which I thought perfect for this time of year. I love cardamom – I've tried the salad recipe adding a drop or two of cardamom essence too and it's fab and really easy.

MINCED LAMB WITH CUMIN AND GINGER (Keema Masala)

Serves 4 • Preparation time: 10 minutes • Cooking time: 20 minutes

3 tbsp groundnut (peanut) oil
4 garlic cloves, chopped
2 onions, chopped
2 green chillies, chopped
1 tsp ground cumin
1 tsp ground coriander
¼ tsp turmeric
¼ tsp salt
2 tsp tomato purée (paste)
500g/1lb 2oz minced (ground) lamb
5cm/2in piece root ginger, peeled and grated
¼ tsp Garam Masala
a few coriander (cilantro) leaves



- 1. HEAT the oil in a large saucepan or wok over a medium heat. Add the garlic, onions and chillies and fry, stirring frequently, for 6–8 minutes until the onions turn golden brown.
- 2.STIR in the cumin, ground coriander, turmeric, salt and tomato purée (paste), then reduce the heat and continue frying for a further 1 minute.
- 3. TIP in the lamb, increase the heat and continue frying, stirring, for 8–10 minutes, using a wooden spoon to break up the mince, until it is no longer pink.
- 4.ADD the ginger and garam masala, stir well, then sprinkle with the coriander (cilantro) leaves. Serve hot with chapatis and cucumber raitha.

CARROT SALAD (Koshimbir)

Serves 4 • Preparation time: 10 minutes, plus chilling • Cooking time: 3 minutes

- 350g/12oz carrots, peeled and coarsely grated
- 1 onion, finely chopped
- 1 green chilli, finely chopped
- 1 tomato, finely chopped
- 2 tbsp freshly squeezed lemon juice
- 1 tsp sugar
- 1/2 tsp salt
- 2 tbsp roasted peanuts, crushed (optional)
- 1 tbsp groundnut (peanut) oil
- 6 curry leaves (optional)
- 1/2 tsp brown or black mustard seeds
- 1/4 tsp turmeric
- 1.PUT the carrots, onion, chilli, tomato, lemon juice, sugar, salt and peanuts, if using, in a large bowl and mix well. Set aside.
- 2.HEAT the oil in a frying pan or skillet over a medium-high heat. Add the curry leaves, if using, and mustard seeds and fry, stirring constantly, for 30 seconds, or until they splutter. Watch carefully so the mixture does not burn.
- 3.ADD the turmeric, then drizzle the hot mixture over the salad. Stir well.
- 4. SET ASIDE until the salad cools completely, then cover the bowl with cling film (plastic wrap) and refrigerate until required. Serve chilled.

CARDAMOM ICE CREAM (Elaichi Kulfi)

Serves 4 • Preparation time: 10 minutes, plus at least 6 hours freezing time • Cooking time: 5 minutes

1/2 tsp cornflour (corn starch) 2 tbsp milk 250ml/9fl oz/1 cup evaporated milk 250ml/9fl oz/1 cup condensed milk 200ml/7fl oz/3/4 cup plus 1 tbsp extra-thick double (heavy) cream seeds from 3 green cardamom pods, crushed

- 1.PUT the cornflour (corn starch) in a small bowl and slowly stir in the milk until blended, then set aside.
- 2.POUR the evaporated milk into a saucepan and bring to the boil over a high heat. Add the condensed milk, double (heavy) cream, cardamom seeds and the cornflour mixture to the boiling evaporated milk and continue boiling, stirring constantly, for a further 1 minute.
- 3.REMOVE the pan from the heat and leave the ice cream mixture to cool slightly.



- 4. TRANSFER the mixture to a blender or food processor, or use a hand-held mixer, and blend for 2 minutes, or until smooth.
- 5. POUR the mixture into a freezerproof container with a lid and freeze for at least 6 hours, or ideally overnight, until the ice cream is set. Take the ice cream out of the freezer 10–15 minutes before serving to allow it to soften slightly. Serve 2 small scoops per person.

Follow Alison on Instagram @theseasonedgastronome



Mark Aspen

www.markaspen.wordpress.com Expressing the art of the theatre critic

SILVER LINING Sunshine After Rain Richmond Shakespeare Society, on line from 19th June

Theatres may be dark, but you cannot keep creative people locked in, and it was a beacon of hope for beleaguered theatre to see RSS's project, Sunshine After Rain. Producer Harry Medawar put out a call for members to write pieces to celebrate the summer solstice. He had so much response that there are now two further evenings to follow in July.

Monologues are the key to the "new norm" theatre production and to what can be done on-line. Actors can create their own 'sets', find something akin to costumes, and perform from their own home. It has the potential to be very effective, thought-provoking and intimate theatre.

This first evening's monologues had clearly been inspired by the experiences of lockdown.

However, befitting RSS, there were two pieces about the Bard. John Roth's *Sunshine and Rain*, a satirical take on Shakespeare as he grapples with writers' block and family, performed by Daniel Wain, who really found the humour of the piece. This contrasted nicely with Lyn Randall's perceptive piece, from Anne Hathaway's viewpoint, Mrs Shakespeare, sympathetically performed by Clare Cooper, who made good use of set possibilities.

Saddest and most poignant was A Small Armful of Dresses written by Clare Farrow, telling of an elderly lady in a care home who finds the loneliness and isolation of the lockdown reminding her of the War. Touchingly read by Sue Mapp, we heard this lady dismiss a 'silly little cough' and feared that these reminiscences were indeed her last.

These are examples in a varied and creative evening, demonstrating the talents and flexibility of RSS's performers, though but the real surprise was the creativity and insight of



the writers. This was indeed theatre and the concluding music, Vaughan Evans playing I Can See Clearly Now, gave this evening a real feel that we had indeed been to a performance.

Read Alex Tustain's review at www.markaspen.com/2020/06/24/sunshine-rain

Photography by Gilbert Eaden and Andrew Nebbett. www.TwickenhamTribune.com

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www.RichmondTribune.com

June Sans Tune

No Go Arias

Chilled champagne, evening sunshine, glamorously dressed ladies, gardens full of flowers and ... the most superb opera. This is what June should be all about.

Yes, yes, we all know it rains, dilutes the champagne, hides the sun, drenches the ladies and crushes the flowers, but this is all the fun of the fair when it comes to the English penchant for creating theatre under the most unlikely circumstances.

Mark Aspen Reviews sent its incisive opera critic, Suzanne Frost, a lady whose skills were honed in the (indoor) opera houses of Germany out to the Regent's Park Open Air Theatre to risk the English summer. To our relief, she was soon entranced by the "very special magic" of the open air. The piece was the grim Grimm story <u>Hansel and Gretel</u> transformed as Engelbert Humperdinck's children's opera "sweet in its simplicity yet rich in melodies" but had their mum is guzzling baked beans while dad is "relieving himself in the bushes"!

To get back to the genteel decorum evoked by my opening, with the chilled champagne, glamorous ladies etcetera, it surely has to be the country-house opera. <u>Glyndebourne</u> is outstanding of course, but tickets are as hard to get as for an international at Twickenham. However, less than an hour's

drive down the M3 takes you to the incomparable <u>Grange Festival</u>. It's beautifully balanced choice in its yearly trio of operas, presented in its setting in the faded grandeur of a Georgian Greek-revival mansion, is always superb. Last June's programme followed the Grange Festival's successful tripartite formula of: operatic tradition, in Mozart's ever-popular <u>Le Nozze di Figaro</u>,; operatic fun, in Verdi's only comic opera <u>Falstaff</u>; and operatic beginnings in Handel's baroque masterpiece <u>Belshazzar</u>.

Alas, this June will be a famine for those who usually feast the (possible all six) senses on country-house opera, with food for the soul not returning until 2021. So let's prepare for next year. There are five options from the western side of London that are doable within a day

Read Mark Aspen's retrospective at www.markaspen.com/2020/06/26/nogo-arias

Photography by Clive Barda and Simon Annand







Mark Aspen www.markaspen.wordpress.com

WIZ Tales - Myanmar

This week I am looking at Myanmar; in 1886 the country, many will remember as Burma, became a province of British India.

The first set of photographs were from Jude Khin who was kind enough to donate them for the World InfoZone Myanmar gallery:

"Please feel free to use any of the photos from my site. For an organization like yours I'd be very honoured."



The following year my good friend Hannah Shiloach sent additional photographs of Myanmar, taken by Ma'ayan Bar-Niv.



This was a good time for cooperation on the internet. It was also the time when I was being drawn into issues at home and was invited to join the Strawberry Hill Residents Assocation (SHRA). One of the photographs from Hannah - of "girl monks" - was used for the very first advertisement (for World InfoZone) when SHRA started to put advertisements in the SHRA Bulletin.

More photographs of Myanmar can be seen at these links: http://www.worldinfozone.com/gallery.php?country=Myanmar

http://www.worldinfozone.com/features.php?section=Myanmar



www.RichmondTribune.com

St Mary's University Update

Rugby Union, like many sports is facing a number of challenges and issues in the current climate.

The Q&A will be hosted by St Mary's University Director of PR, Comms and Marketing, Richard Prescott.

St Mary's University Webinar The Rugby Union Landscape A Q&A with Sir Clive Woodward OBE

Thursday 16th July, 11am

Please join England's winning RWC 2003 Head Coach, Sir Clive Woodward OBE, for a webinar and Q&A hosted by St Mary's University Director of PR, Comms and Marketing, Richard Prescott.

Sir Clive is a visiting professor at St Mary's University and he will be taking questions on the challenges Rugby Union is currently facing and on his playing and coaching career.

The webinar will start at 11am on Thursday 16th July and will finish at 12pm. To register:

https://stmarys.zoom.us/webinar/register/WN_TXAfU3_ SSuGbqWXYAuuaWQ



St Mary's University Twickenham London

England's winning Rugby World Cup 2003 Head Coach Sir Clive Woodward OBE will be taking questions on the landscape and challenges that Rugby Union is facing on and off the pitch during a St Mary's University Webinar on Thursday, July 16th from 11am-12pm.

Sir Clive, a visiting professor at St Mary's University will also be taking questions on his playing and coaching career. Registration for the webinar is available via the link.

https://stmarys.zoom.us/webinar/register/ WN_TXAfU3_SSuGbqWXYAuuaWQ



St Mary's University Update

New data published by the Higher Education Statistic Agency (HESA) has found that St Mary's University, Twickenham has one of the top graduate employability rates in the country.

The HESA data, as reported in <u>The Times</u> and <u>The i</u>, rates St Mary's as one of the top universities in the country for employability, finding that 98% of St Mary's graduates are in employment, vocation* or further study within 15 months of graduation. "I wish our graduates all the very best as they start their careers and would like to take this opportunity to remind them they will always have a home here with us on campus to visit or even undertake further study."

St Mary's places a special emphasis on career prospects, with its dedicated Employability Services on hand to support students and graduates.

The Centre for Workplace Learning (CWL)

supports students in undertaking a work placement as part of their degree. This enables students to gain practical experience, which complements their degree studies and provides networking opportunities to help with gaining graduate employment. The



focus of the modules is on developing students' abilities to reflect on and enhance their own professional practice and to gain an in-depth understanding of the graduate working environment.

St Mary's Careers Service is

also there to support students and graduates find their perfect career. The team are on hand to help with CVs, graduate training schemes, job searches, interview and networking guidance, amongst

Speaking of the news, Vice-Chancellor Anthony McClaran said, "I am delighted to see the great outcomes our graduates are achieving. This is a clear endorsement of the quality of the education that St Mary's delivers for its students and the work of our Employability Service teams in preparing our graduates for the work environment they are entering.

much more. The team also host a range of career events on campus throughout the year, these give students and graduates to meet face-to-face with employers on campus.

*graduates who are full time carers, are retired or are travelling.



St Mary's University Twickenham London

Pedestrianisation of Church Street – Is it retail therapy? To Be or Not to Be – that is the question!

By Shona Lyons



Ever since I was born (at 22 Church Street) they have argued the pros and cons of pedestrianizing the street, there was always divided opinion. I have seen how the street blossoms when we have craft fairs, Festivals or the visiting French Market (well I would wouldn't I as I do the organising) and the traders, overtime, have come to expect them with the added footfall and the informal environment to meet their clients. Al Fresco, when the street is closed in the evening from Thursday thru Sunday in the summer months – a different atmosphere. But to pedestrianize all the time brings with it other issues, the

loss of 30 minute free parking, limited access for disabled and no delivery bays are just some of the drawbacks for convenience shoppers or for the elderly and disabled to be dropped off for a hair appointment or to the gift the other shops shops and the Public Houses too have problems.

However Covid-19 has created an opportunity for the Administration (LBRUT) to trial this for 4 months on the Premise that this will allow social distancing in a narrow street, where at present pedestrians many with Prams and young children compete with cars/vans and Cyclists. And of course, if it worked for the good of all it might balance well with the Riverside project – perhaps!?



Of course it is not going to work unless we all get behind it and that is both the shoppers and community, the traders – especially the hospitality venues, Cafes, Restaurants and Pubs – What we need, to give it a fair chance is for us all to promote the positives rather than the negatives and this may help the economy of the street.



What is better for the community easy access or a pretty quiet environment to enjoy a meal and browse in the pavement stalls of the traders' shops, where Mums and their prams are safe from cars and vans? Pedestrianisation is a different environment and it allows traders to make their premises more welcoming & and accessible to people with mobility problems

Have you say, what do you think???

READY – STEADY – GO

Staycation- Air Bridges- Lockdown - Quarantining – Test and Tracing By Bruce Lyons

We'll it's been another hectic roller coaster of a week!

It is really a maze out there! Since March the entire travel industry has been devastated. On a daily basis we hear of so many of our friends closing down, merging, furloughing staff or making half the work force redundant.

What is curious, however, is the insatiable appetite out there for people to travel, experience different societies, cuisines, cultures & travel the world. I thought that Covid and the shutdown would create a thundering silence and dampen the appetite for overseas travel, not so, so they are all watching documentaries or David Attenborough & just waiting for their next adventure as soon as "lockdown" permits.



With itchy feet just waiting for "safe travel" to resume, fortunately for me the lockdown will bring a better informed public knowing exactly where they would like to travel, there's always a silver lining !! So now, as the Travel World gears up to the coming "new Normal" the more creative suppliers having been devising tasters for the adventurers. Wendy Wu, the celebrated China and Japan travel organiser is offering till 30th June on the winter 2020/21 season £500 per person off most departures or, alternatively a business upgrade free on the return journey. They also throw in a free 12 month subscription for either; Netflix/Amazon Prime or Audible Star Clippers offer a 20% reduction on all their Sailings across their three Sailing Liners worldwide till end June

Others like TITAN, the coach company famous for their free pickup from your home and they have an excellent repertory of 5 day trips to mention just a few; Jurassic Coast, Norfolk, North Wales and more. So, what's next, Britain is opening up? Hotels, Campsites ,

cottages from the 4th of July it is OK to go .and there is a terrific build up surge to enjoy the beauty of England and the warm Weather (so far), so hurry it may be hard to find the perfect base for your mini adventurers and of course Coco, the dog.

In the Mediterranean we must all wait, with baited breath, for Next Monday's announcement by the Government when they will release the details of their reciprocal arrangements they have made with our "Holiday Partners", overseas. But those that think they know, reckon the countries will include; Greece, France, Spain, Germany and maybe Portugal, it is reckoned that travel between UK and these countries will be exempt from Quarantining, however there will be new disciplines to observe – most likely during the travel, let's hope they will not be too irksome but it will anyway be for our own safety. One thing for sure



the most popular vacations will be Villas and Sailing as that way you avoid the crowds, whilst enjoying the environment, and often avoiding the more populated regions Prices are likely to be best in Greece, but more than likely Prices will be good, as it is essential to get the season back on track.

You can see some of the offers on <u>www.crusadertravel.com</u> or just send a precis of your needs to <u>info@crusadertravel.com</u>

www.TwickenhamTribune.com

FOOTBALL FOCUS By James Dowden

BRENTFORD FC

Bees leave it late to win west London derby Fulham 0 – 2 Brentford

Late goals from Said Benrahma and Emilio Marcondes gave Brentford a boost to Brentford's feint hopes of automatic promotion to the Premier League in their first game back in over 100 days.

Prior to kick off in had been announced that the individual who had tested positive for Covid 19 during the week was French attacker Bryan Mbeumo and so Brentford started the behind closed doors game without a key member of their potent 'BMW' attacking trident.



The Bees started brightly, showing no signs of fatigue after such a long hiatus, and the first chance of note arrived to the visitors. Benrahma picked up the ball and drove in from the right-hand touchline, before laying the ball into the path of Tariqe Fosu. Unfortunately for the Bees Fosu slipped as he released his shot, although Marek Rodák was still forced into a good save down to his right-hand side.

Fulham though went the closest of the two sides in the first half to breaking the deadlock and Brentford were thankful to the woodwork for preserving their clean sheet. Some incisive passing on the edge of the penalty area between Tom Cairney and Neeskens Kebano saw Bobby Decordova-Reid find space, but his powerfully drive cannoned off the crossbar with David Raya beaten.

For a second time in the game a Brentford player slipped at the crucial moment when taking a shot. This time it was Josh DaSilva on the right-hand flank having received the ball from Benrahma, with Rodák able to get down low and tip the ball around the post for a corner kick.

With the floodlights switched on into the second half Joe Bryan swung in a dangerous cross for the hosts which Championship top scorer Aleksandar Mitrović headed powerfully on target, but Raya produced an excellent instinctive save from close range.

The Bees though in large parts dominated for vast spells in the second half and were duly rewarded for their effort through Benrahma's 11th goal on the season on 88 minutes. Christian Nørgaard supplied the crucial pass behind the Fulham defensive line to Marcondes whose enticing cross was fired into the box, and after being initially missed by Ollie Watkins, was stabbed home into the back of the net at the back post to give the visitors the lead with just minutes remaining.



As the clocked ticked into injury time the Whites were awarded a last gasp corner which produced a heart in the mouth moment for the Bees defence as the ball dropped to Mitrovic. However, the Serbian's shot was deflected and Brentford broke away on the counterattack. Benrahma this time turned provider as his over the top through ball found Marcondes, who cut inside and finished clinically to seal the three points for Brentford.

Speaking after the victory Thomas Frank praised his Algerian forward, "Said is a top player in this division and an extremely important player for our team," Frank said.

"And we know if we want to have a chance to achieve what we're dreaming about, he and some of our top players need top form.

"I think Said played a fine game but a tough game. He was a little bit not top sharp on his touches and decision making. But we still know he can make a difference.

"I was very satisfied with his goal today, because he just managed to be patient, stay away from the ball and work that last line in the box and that's something we've constantly been working with him on."

UP NEXT FOR BRENTFORD

Opponent: West Bromwich Albion (H) Friday 26th June 19:45 Griffin Park Competition: Championship Opponent record: P38 W19 D15 L5 GF64 GA37 (1st in the Championship) Top scorer: Hal Robson-Kanu (10) Manager: Slaven Bilić

Pre-match quotes to the Tribune: "I think if we are on top then West Brom will struggle and if West Brom is on top of that game with their quality and we are running after the ball then you hate it. I think we will last longer in spells without the ball because that's one of the mental parts of out game. With the squad I think we've been drilling into the players also, we've been sharp and disciplined without the ball because I think we see that there is an opportunity to score goals actually when we don't have the ball because we can break like the wind."

Previous game: A spirited away performance from Brentford gave the Bees an impressive draw against table-topping West Brom to kick start the festive season of football. At a ground Brentford had never tasted victory on and with the hosts enjoying an impressive twelve match unbeaten record the Bees took the lead just before the interval through an arrowing header from Henrik Dalsgaard. West Brom hit back in first half stoppage time through Darnell Furlong after a Matty Phillips corner. Both sides had chances in the second half but West Brom came closest with David Raya producing a crucial save late on to deny Hal Robson-Kanu from close range.

Interesting fact: At an altitude of 551 feet above sea level, the Hawthorns is the highest of all 92 Premier League and Football League grounds.

Come on you Bees!

Meet London's emperors and hawkers:

London Wildlife Trust publishes the first guide to the capital's flying dragons



Following four years of extensive surveys carried out by staff and trained volunteers, the first guide to the dragonflies of London has now been published by London Wildlife Trust, launched during National Insect Week 2020.

'Today I saw a demoiselle... Dragonflies and damselflies of London' celebrates and marks the completion of Water for Wildlife, a project which improved several important sites for dragonflies and damselflies.

The guide introduces these magnificent but under-appreciated insects, providing the reader with fascinating information on their life cycle and ecology, and exploring 23 species of damselflies and dragonflies (or Odonata as they are called collectively) known to be present in London.

These include willow emerald damselfly, beautiful demoiselle, emperor dragonfly, and migrant hawker. While many can be found in parks and gardens across the city, the guide highlights some of the best sites in London to spot dragonflies, such as Wanstead Flats, Woodberry Wetlands, Keston Common and Richmond Park.

The data collected for the guide includes that held by Greenspace Information for Greater London (GiGL, the environmental records centre for London) and that provided by local experts, landowners and the general public.

Dragonfly identification courses, delivered by the London Wildlife Trust, attracted more than 300 participants, and over 160 volunteers carried out surveys on their local patches, covering more than 130 sites. Together with Dragonfly Detectives, the Trust's online public survey portal, this resulted in over 8000 new records, significantly bolstering our knowledge of how these insects are using London's wetlands and rivers.

Due to extensive conservation work carried out over the last few decades – including that delivered by London Wildlife Trust as part of the Water for Wildlife project – London's rivers are now cleaner than they once were. The new guide will also highlight the dragonflies which are likely to move into the capital soon. Furthermore, the climate is changing, allowing such insects better suited to warmer climate to establish themselves in our local green spaces.

Petra Sovic Davies, Water for Wildlife Project Manager says:

"We are very excited to introduce this guide illustrating a fantastic variety of freshwater habitats that the capital has to offer, as well as surprising diversity of dragonfly species that can be found in urban setting. We hope that getting to know these large colourful insects will encourage readers to get involved in helping capital's wild spaces. The guide provides useful tips on how to do just that, from collecting data, joining volunteer workdays, to building a dragonfly-friendly pond."

'Today I saw a demoiselle... Dragonflies and damselflies of London' is available for download <u>HERE</u> and a limited number of hard copies available <u>HERE</u>.



The new guide, surveys and other Water for Wildlife projects were supported by generous funding from Esmee Fairbairn Foundation and Thames Water.

Hannah Armstrong, Communications Officer, Esmée Fairbairn Foundation, says:

"The Water for Wildlife project addresses several of Esmée Fairbairn Foundation's key environmental aims

including community engagement, a sense of pride, ownership and stewardship for those communities, and furthering knowledge of vital lesser known species and the wonder that dragonflies bring.

"We are excited to support this new guide that we hope will inspire and empower residents and visitors to discover, enjoy and play a hands-on role in championing and protecting their local water bodies, now and in the future."

Claudia Innes, Community Projects Executive at Thames Water, adds:

"We are delighted to have partnered up with the London Wildlife Trust for this project. At the heart of our business is a commitment to make more of a difference to the environment and communities within which we all live and work. The Water for Wildlife initiative successfully achieves this through its focus on community engagement, learning and the conservation of

biodiversity. This exceptional guide is the result of four years of hard work by the Trust and its volunteers and we are extremely proud to have been a part of it"

Find out more about the Water for Wildlife project at: https://www.wildlondon.org.uk/water-for-wildlife



UK SKYLINE TO #LIGHTITBLUE FOR NHS BIRTHDAY

- Iconic landmarks including the Royal Albert Hall, Blackpool Tower and Wembley Arch will be illuminated in blue as part of tributes to NHS staff
- Birthday weekend will pay tribute to staff as well as public and organisations who have helped the NHS during COVID-19 pandemic
- #LightItBlue campaign organised by events and entertainment industry at start of lockdown to celebrate country's healthcare heroes and key workers

The UK skyline will once again turn into a beacon of blue as landmarks across the country will be illuminated on Saturday 4 July, the eve of the NHS anniversary. Places include the National Gallery, White Hart Lane, Ashton Gate Stadium, Bai360 in Brighton and Balmoral Hotel in Edinburgh.

The #LightItBlue illuminations will pay tribute not only NHS staff but to those that have helped the organisation during its most challenging period since its 1948 inception.

#LightItBlue was created by the events and entertainment industry to show a united display of gratitude for those risking their own health to look after Britons who are ill with COVID-19.

The initiative began on Thursday 26 March when over 100 of the UK's most famous castles, cathedrals, bridges, city halls, sports stadiums and giant LED screens were illuminated in blue to coincide with the nationwide applause for the NHS and frontline care workers. Since then, eminent landmarks across the world including Windsor Castle, Niagara Falls, Komazawa Park Olympics Memorial Tower and the Prince's Palace of Monaco have taken part.

Gary White, Team Leader of the #MakeItBlue Collective said: "When the events and entertainment industry initially found itself without work due to COVID-10, we wanted to harness our collective skills to thank both the NHS and key workers during this pandemic. We're delighted to have been asked to support NHS staff by turning the UK skyline blue in what promises to be a great expression of national unity."

Prerana Issar, Chief People Officer for NHS England, said: "The support the NHS has received from the public during this pandemic has been truly overwhelming, and the Light It Blue campaign is a great way to celebrate the 1.5 million NHS staff and volunteers who have worked tirelessly during the past few months to help patients and their families."

All organisations involved in the #LightItBlue campaign are acting on a pro bono basis.



St John Ambulance offers first aid advice as temperatures are set to rise

With temperatures expected to rise above 30C across the country this week, St John Ambulance is sharing some simple, but life saving first aid tips to help keep communities safe in the sun.

Knowing how to spot the symptoms of and treat common heat-related conditions such as fainting, sunburn and dehydration can be vital to help people look after themselves and others, as well as helping to prevent avoidable trips to hospital at a time when NHS resources are under additional pressure.

Dr Lynn Thomas, Medical Director at St John Ambulance said: "Extreme heat can be very dangerous, particularly for the very young and old, and we would encourage everyone to check on their elderly relatives and neighbours especially those who may be shielding. It is important everyone looks after themselves this week by keeping out of the sun or covering up, wearing sunscreen and drinking plenty of water.

"You could end up in the sun for longer than expected on what would normally be a quick journey, such as queuing to enter the supermarket, so you should be prepared to look after yourself and others. Heat exhaustion and heatstroke are two of the most serious problems that can develop when the mercury soars but by being prepared you can spot the early warning signs, such as headache and dizziness.

"Knowing what action to take, could mean you might be the difference between life and death in an emergency in your community."

Volunteers from St John will be supporting the NHS during the hot weather this week by crewing ambulances, helping in hospitals and on a wide range of community projects as part of the charity's biggest deployment during peacetime, to meet the challenge of the COVID-19 crisis.

Fainting

Fainting is when someone briefly becomes unresponsive, often causing them to fall to the ground. It happens because for a moment, there is not enough blood flowing to the brain.

People may faint as a reaction to pain, exhaustion, hunger, or emotional stress. It is also common for people to faint after they have been standing or sitting still for a long period of time, especially if they're feeling hot.

What to look for:

- 1. There may be a brief loss of response, often causing them to fall to the ground.
- 2. They may have a slow pulse.
- 3. They may have pale, cold skin and sweating.

How to treat someone who has fainted:

1. Advise them to lie down.

- 2. Kneel down beside them and raise their legs on your shoulders. Watch their face for signs of recovery.
- 3. Make sure they get plenty of fresh air and ask other people to stand back.
- 4. Reassure them and help them to sit up slowly, when they feel better.
- 5. If they stay unresponsive, open their airway, check their breathing and prepare to treat someone who is unresponsive.

Dehydration

Dehydration happens when someone loses more fluid than they take in, especially if it's really hot and sweaty outside, so make sure you're sipping lots of water at regular intervals.

How to spot dehydration:

There are four key things to look for if someone is suffering from dehydration:

- 1. They may complain of headaches and light headedness
- 2. Dry mouth, eyes and lips
- 3. Pass only small amounts of dark urine
- 4. Have muscle cramps

How to treat dehydration:

- 1. Help them to sit down and give them plenty of water to drink.
- 2. Giving them an oral rehydration solution to drink will help replace salt and other minerals which they've lost you can buy this in sachets from any pharmacy.
- 3. If they have any painful cramps, encourage them to rest, help them stretch and massage their muscles that hurt.
- 4. Keep checking how they're feeling if they still feel unwell once they're rehydrated then encourage them to see a healthcare professional straight away.

If left untreated, someone with dehydration can develop heat exhaustion, which is more serious, so it's important to make sure they rehydrate themselves as soon as possible.

Heat exhaustion

Long periods in the sun can take its toll after a while and can lead to heat exhaustion. Heat exhaustion is caused by a loss of salt and water from the body, usually through excessive sweating. It develops slowly and usually happens to people who aren't used hot, humid weather.

How to spot heat exhaustion:

There are six key things that you may lead you to suspect that someone has heat exhaustion:

- 1. Headache
- 2. Dizziness and confusion
- 3. Loss of appetite and feeling sick
- 4. Sweating with pale clammy skin
- 5. Cramps in the arms, legs and stomach
- 6. Fast, weakening pulse and shallow breathing

How to treat heat exhaustion:

- 1. Help them to lie down in a cool place and raise their legs.
- 2. Give them lots of water to drink or isotonic sports drinks.

- 3. Check their breathing, pulse and responsiveness.
- 4. Suggest they get medical advice. Call 999/112 if you are concerned.

Heatstroke

Heatstroke is even more serious than heat exhaustion and can be life-threatening.

How to spot heatstroke:

There are the six key things to look out for:

- 1. Headache, dizziness and discomfort
- 2. Restlessness and confusion
- 3. Hot flushed and dry skin
- 4. A fast deterioration in the level of response
- 5. A full bounding pulse
- 6. Body temperature above 40°C (104°F)

How to treat heatstroke:

- 1. Move them to a cool place and remove their outer clothing.
- 2. Call 999/112.
- 3. Wrap them in a cool, wet sheet and keep pouring cold water over the sheet until their temperature falls to at least 37.5°C (measured under the armpit). If a wet sheet isn't available, then fan the individual or sponge them down with cold water to keep them cool.
- 4. Once their temperature seems to have gone back to normal, replace the wet sheet with a dry sheet.
- 5. While waiting for help to arrive, keep checking their temperature, as well as their breathing, pulse and level of response.
- 6. If they start getting hot again, repeat the cooling process to lower their temperature.

Sunburn_

Whether you're out in the park, or relaxing on the beach, it's important to avoid too much exposure to the sun by covering up with clothing, staying in the shade and applying high factor sunscreen. Most sunburn is mild, but in severe cases the skin can become damaged, turn lobster red and blister. They may also develop heat exhaustion.

What to look for:

- 1. Reddened skin
- 2. Pain in the area of the burn
- 3. There may be blistering

How to treat sunburn:

- 1. Cover the skin with light clothing and move them out of the sun.
- 2. Give them cold water to sip.
- 3. Cool the skin with cool water for 10 minutes.
- 4. Apply calamine lotion to soothe mild sunburn
- 5. If there are blisters, advise that they see a healthcare professional.
- 6. Treat any symptoms of heat exhaustion or heatstroke and get medical help.



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