# Twickenham TRUBUNE & Richmond TRUBUNE

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**Editors**Berkley Driscoll
Teresa Read

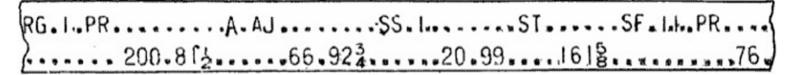






8th October 2021

TI IDA



# TickerTape - News in Brief

### Gang violently robs cyclist in Richmond Park

A masked gang, riding motorcycles and wielding a machete, attacked a cyclist and stole his bicycle. The attack happened at approx. 3pm on Thursday 7th October in Richmond Park, near the East Sheen Roundabout. The attackers rode one of the motorcycles into the cyclist, knocking him off his bicycle; he suffered cuts, bruises and a swollen hip, but luckily appears to have escaped serious injury. Richmond Police have asked anyone with information to call police on 101 quoting CAD 5103/07Oct (or to remain anonymous contact Crimestoppers on 0800 555 111).

### **Weekend Travel Information**

### District line

Saturday 9 and Sunday 10 October No service between Turnham Green and **Richmond** Use local or rail replacement bus services.

### **London Overground**

Saturday 9 October No service between South Acton and **Richmond** Use rail replacement bus service or local bus routes.

### Sunday 10 October

No service between Willesden Junction and **Richmond**Rail replacement buses will run between **Richmond** and Turnham Green, and between South Acton and Willesden Junction.

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TwickerSeal was walking along Twickenham Embankment, by Café Sunshine and the Diamond Jubilee Gardens, when he bumped into TwickerCrab who had scuttled across from Bushy Park.

TwickerCrab said how nice the Embankment was along here, with a lovely walk along the riverside beside the Pin Oaks. TwickerSeal pointed out that this stretch of the Embankment had been renovated not long ago in 2013/14 along with the road and parking.

TwickerDuck added that the council's current planning application for the riverside would see this Embankment walk ripped out and replaced with a new 'Riverside Promenade' between the river and, er, new trees. He was puzzled as there didn't seem to be much difference between the old riverside walk and the new riverside promenade, and it seemed a waste of public money to tear it out when it had been renovated not so long ago.

Ah, but TwickerSeal pointed out that they would also be taking out the hard paved road and replacing it with a, er, hard paved road. He added that the council's plans also state that "The existing Pin Oaks have not been flourishing in the wet conditions (when the river floods this lower part of the site)".

TwickerCrab remarked that the Pin Oaks appeared quite healthy (and every crab worth his salt knows that Pin Oaks are also known as Swamp Oaks as they flourish in wet conditions, including alluvial floodplain), but wondered why the council thinks this is just the spot for a town square / event space, if flooding has been identified as such an issue?

"Exactly!" exclaimed TwickerSeal ...



# Covid - 19

### By Teresa Read

### **World Health Organization**

Weekly Epidemiological Update: 8 October 2021

Globally, weekly cases have been increasing for more than a month, with over 4 million cases reported in the past week. An average of over 570 000 cases were reported each day over the past week as compared to a little over 540 000 cases reported daily the week before. This increasing trend is largely attributed to substantial increases in the Eastern Mediterranean and the Western Pacific Regions which reported a 37% and 33% increase respectively as compared to the previous week. Overall, the number of deaths reported this week decreased by 8% as compared to the previous week, with over 64 000 deaths reported. However, the Western Pacific Region and the Eastern Mediterranean Region showed a sharp increase in new deaths as compared to the previous week, 48% and 31% respectively. The cumulative number of cases reported globally is now nearly 197 million and the number of cumulative deaths has reached 4.2 million.

### Total cases to 8th October 2021

Richmond upon Thames 19,688 (18,613 last week) Kingston upon Thames 19,864 (18,781 last week) Hounslow 37,231 (35,690 last week)

Note: flu vaccinations are particularly important this year as influenza and Covid-19 are circulating at the same time. Some pharmacies provide a flu vaccination service.

#### The Red List

There are now seven countries on the UK travel red list: Panama in Central America, Venezuela, Colombia, Ecuador and Peru in South America, and Haiti and the Dominican Republic, on the island of Hispaniola in the West Indies.

Peru is towards the top of the list of countries for high numbers of deaths, although people from the UK living there have suggested that the death toll is much higher than official figures. It will also be remembered that Haiti was devastated by an earthquake in August this year (Edition 250).

World Health Organization: Countries with High Numbers of Deaths and the UK Red List. (Deaths Worldwide 4,822,472).

USA	700,773	Argentina	115,323	UK Red List	
Brazil	598,829	France	114,660	<u>Peru</u>	199,520
India	449,856	Germany	94,027	<u>Colombia</u>	126,458
Mexico	279,896	South Africa	87,981	<u>Ecuador</u>	32,661
Russian Federation	213,549	Spain	86,678	<u>Panama</u>	7,250
Indonesia	142,494	Poland	75,803	<u>Venezuela</u>	4,539
The United Kingdom	137,295	Turkey	65,373	Dominican Republic	4,056
Italy	131,157	Ukraine	57,840	<u>Haiti</u>	634



### The Tree Agency darryl parkin The Treehouse 25 King Edwards Grove Teddington, Middlesex TW11 9LY Telephone 020 8274 0107 Mobile 07960 123580 Fax 020 8274 0119 info@thetreeagency.co.uk

### The black servants

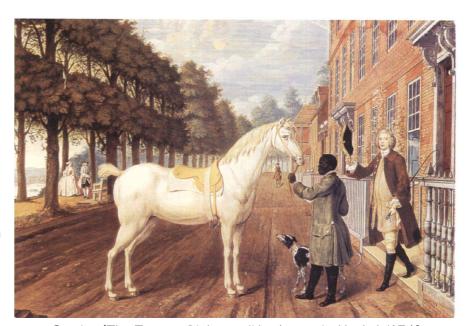
By Simon Fowler

During the eighteenth century there were between five and ten thousand black men and women living in London the western world's largest city.

It is hard to discover very much about the black presence locally as the archival record rarely gives an individual's race. A clue can sometimes be found in a person's name. It was not uncommon for men to given the name 'Caesar', perhaps an ironic reference to their enslaved status.

Cesar Picton (1755-1836), for example, was brought to England from Senegal as a gift for a local Kingston family in 1761. In adulthood he became a coal merchant and a wealthy and respected gentleman in the area.

Such success was not the case in Richmond and Twickenham. However, Ignatius Sancho - the most famous African in London during the eighteenth century - had links to the area. He was butler to the Montagu family with a house in Richmond. One of his children died in infancy in 1769 and was buried at St Mary Magdalene's. And several of his songs and dances were named after local landmarks.



Caption 'The Terrace, Richmond' by Augustin Heckel (1749) Credit Sotheby's

Most black people would have been servants employed at the great houses along the Thames. They were often brought as children from west Africa or the Caribbean. Julius Soubise grew up in the house of Kitty, Duchess of Queensbury in Petersham. The Duchess lavished money and affection on him and he became a man about town with a flamboyant lifestyle. After being accused of attacking one of his fellow servants, Julius was forced to flee to India where he became a successful riding and fencing master.

Most black servants did not have the chances that Soubise enjoyed. However, their names can occasionally be found in entries in the parish registers.

The earliest such entry in the register for St Mary's Twickenham dates from July 1671 for 'Mathew, a Black baptised at the Parke' (Twickenham Park). Other entries include in July 1697, Autang Japanza 'a black at Lady Falklands'; on 23 September 1740 'James a servant of Mr Hodges, a negroe' was baptised, and the final entry is from 21 October 1803, 'Rebeccah Waters, a negro servant of Mrs Dennis, Montpelier House' And one of the first entries in the baptismal register for St Anne's Kew, which was consecrated in 1712, was for 'Antonio, a servant of Sir Charles Eyre, an adult person.'

The Bristol slave trader Edward Colston, whose statue was thrown into the Avon last year, lived for some years in Mortlake. As Edward never married, his sister Anne kept house for him 'assisted by his two female servants Alice and "Black Mary." Another negro servant James often walked behind his master on his way to church 'bearing the books.'

# Geriatric - What's in a word?

By: TwickWatch

Is the language that we use to describe older people offensive?

In 1995, the UN Committee on Economic, Social, and Cultural Rights of Older Persons rejected the term elderly in preference for 'older persons'. Over twenty five years later, is it time for the rest of us to do the same?



How would you feel if someone referred to you, one of your family or friends, as geriatric? Whether those being mentioned are fighting fit and coherent, or poorly and whether said in jest or in all seriousness, what image does the word geriatric conjure up in your mind?

Well, more often than not, people associate it with bad stuff - bad health, bad appearance, frailty, dementia, dependency, disability, senility, irrelevance. Whether fit or unfit, it is not a good label to have describing you and surely does not aid recovery whatever your medical status.

An active friend of mine recently had an accident at home resulting in her being hospitalised in intensive care. A head injury added to the other complications but after a couple of weeks she was moved to a

geriatric ward for observation and further nursing. This caused a degree of distress and depression for this active lady, as being in a geriatric ward, she felt labelled a geriatric patient with all the negativity she perceived, rightly or wrongly. She felt patients were just "herded together" regardless of their condition.

Geriatrics actually refers to the specialist branch of medical care sometimes required for older adults where multi-medical disciplines are often required. Geriatric wards are convenient for doctors and nursing staff to combine skills required in one place and do also benefit the patients but is there a negative side and at what cost? Recovery from any medical condition needs encouragement, positivity, faith and the confidence of being cared about. Geriatricians diagnose and treat age-related health conditions, and offer counselling to help prevent and manage health issues that can arise later in life, including memory loss, falls, frailty, and incontinence but not everyone is suffering all or any of these.

Geriatric as a descriptor of a person appears to be accepted as politically correct. Seniors seems tolerable; likewise for elders. Everything else - golden years, silvered tsunami, silver surfers, geriatrics - all of that, forget about it!

In all innocence, people using the word geriatric usually believe they are simply referring to old age – to them it doesn't imply illness or poor health. For this reason, using geriatric as a way of saying that someone is physically or mentally feeble is inappropriate. Health professionals must resist the desensitisation to dehumanisation, which includes using terms which can be interpreted as derogatory when describing patients.

Treating older patients as one "generic block", albeit some are fit and coherent whilst others inevitably may be suffering dementia or facing life-threatening illness, does not I believe, assist their recovery. The word geriatric patient, inevitably has been coined implying that all patients have the same selection of debilitating illness, painting the same picture for all.

The term geriatrics derives from the Greek  $\gamma \epsilon \rho \omega \nu$  [geron] meaning "old man", and  $\iota \alpha \tau \rho \delta \varsigma$  [iatros] meaning "healer" – a [wise] person who heals. Although geriatric was once used and even today in some hospitals still is, as a noun meaning an older person, that use is now considered by most as offensive. It is also considered offensive even when used as an adjective to describe a thing (such as a machine) that's worn out or useless.

This raises a long-standing question, which has been looked at by many people across the globe without any concrete solutions. We all grow older by the day and casually call people babies, teenagers, youths, millennials, youngsters, pensioners but what to call older people that they would all find an agreeable term? Surprisingly it has proved a struggle to find the right words, acceptable by all, to describe older people in later life. Longevity and lifestyles have changed and the language hasn't kept up!



Older adults, is the term you tend to hear used most frequently. It is becoming considered politically correct. Seniors is tolerable; likewise, elders. So, what is wrong with someone being called old? I believe it is time our language-use matured. Using terms that are precise, accurate, value-free and that older adults prefer makes a good sense. The term older adult or older person is respectful and I believe should be considered the standard term. I myself am an older person having lived for relatively many years! I luckily, am not what is perceived as geriatric although the medics would happily put me in a geriatric ward.

I personally prefer "Older" over "elderly," but both are equally imprecise; > 65 is the age often used, but most people do not usually need geriatrics expertise in their care until age 70, 75, or even 80. The cliches about ageing - the thing is, they just don't relate to the way many people over 65 are living their lives these days. They're working. They're traveling. They're volunteering. They spend a lot of money. Many of the people aged 65 years or older with mental and physical health are well maintained are capable of actively participating in social activities and living independent lives.

What is the difference between Old and Elderly? Both words are used to describe an ageing population. Old originates from the Old English word "eald", meaning aged. Elderly is derived from the noun "elder", and it means "not quite an elder" - according to the origin of these two words, someone becomes old after being elderly.

While some people object to being described as old, others resent being referred to as elderly or by other euphemisms. We live in a culture obsessed with youth, so being old is commonly perceived as unfavourable. Also, people often associate both terms with being feeble, of poor health, and useless.

Is 75 Years Old Considered Elderly? In most cultures, people aged over 70 or 75 years are considered elderly. However, aging is not a disability, and many healthy, active, and independent people don't consider themselves elderly and feel uncomfortable when others treat them that way.

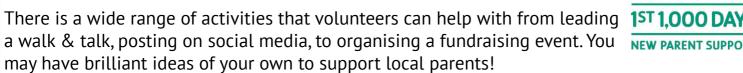
Is 80 Years Considered Elderly? A person is typically considered elderly when they reach an advanced stage of life past middle age. Today, with increased life expectancy, many people are unsure of how old is old. If you define age by chronology, 80 years old is considered elderly since this is the number of years that have elapsed since a person was born. According to a famous saying, "You are only as old as you feel," your physical and mental health status can also define the age. If you are 80 but still independent and in good mental and physical health, you may not think of yourself as elderly.

A geriatric ward or older adult healthcare – which is preferable and more dignified?

## NCT Twickenham is looking for volunteers

NCT Twickenham is looking for enthusiastic people to join its team of volunteers.

NCT is the UK's largest parent charity and each year it supports millions of new parents through their First 1,000 Days.





Jo, Volunteer Support Team, NCT, says:

"We are looking for enthusiastic volunteers who are passionate about making a difference to parents locally. Volunteering provides an excellent opportunity to use and develop your skills and experience but most importantly it is a great way of making friends and having fun." "Helping parents will give you a sense of satisfaction for your efforts - and you'll gain some useful voluntary work experience to add to your CV."

NCT volunteering is open to all and it welcomes people from different backgrounds. Volunteers do not need to be parents or women to make a difference to local mums and dads. Register your interest <a href="https://www.nct.org.uk/get-involved/volunteering">here</a> and find out more at: <a href="https://www.nct.org.uk/get-involved/volunteering">https://www.nct.org.uk/get-involved/volunteering</a>

Anyone who'd like to discuss further can contact NCT's Volunteer Support Team on volunteering@nct.org.uk

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Enquiries: ALAN WINTER 07875 578398 / alanwinter192@hotmail.com



Dear Editor,

### Teddington and part of Strawberry Hill CPZ results - majority of residents say NO

Councillor Martin Elengorn announced in his column in the TW11 Free magazine, that 21 of the 117 roads consulted, were identified as possibly suitable for inclusion as additions to the existing CPZ. When the actual voting figures were announced, once again, residents made their dislike of CPZs very clear, with only 1119 votes for a CPZ and 1539 voting NO - a 37.53% margin against, In reality, the margin against was much greater, with 5131 residents (63,37%) not voting at all, some due to apathy, but in most cases because they wanted to vote for "NO CHANGE" or for the standard 0830 - 1030am which excludes all commuters and long term parkers, whilst allowing normal economic and social activity for the rest of the day.

The voting was as follows: -.

TOTAL	8097	100%
Did not vote	5131	(63.37%)
Strongly Disagree	1233	(15.23%)
Disagree	306	(3.78%)
Neither Agree or Disagree	208	(2.57%)
Agree	321	(3.96%)
Strongly Agree	898	(11.09%)
Responses	2966	(37%)
Questionnaires issued	8097	

This was the single consultation that was envisaged when the consultation rules were changed in 2018. The changed system affectively ruled out second consultations on the same data. The recent attempt to impose a blanket CPZ over the whole of Teddington without introducing a brand new consultation is beyond comprehension, in view of the comprehensive rejection above. It is quite clear that that this second "consultation" should be deferred until COVID 19 restrictions are lifted and a full Public Meeting open to all can be arranged - by Teddington Society or the Council.

Kind regards,

Brian Holder, Leader, Teddington Society Roads & Transport Group.



Dear Sir,

### What We Should Expect From Our Councillors

According to the central government referral to the Code for the Principles of Public Life, also stated in our own London Borough of Richmond Upon Thames Council Code, there are principles which must be followed by those representing us.

The Code applies to all forms of communication and interaction, including in electronic and social media communication, posts, statements and comments.

The LBRUT Code can be found here

https://cabnet.richmond.gov.uk/documents/s91331/04.01%20Members%20Code%20of%20Conduct.pdf

Our Council code includes The Seven Principles of Public Life known as the Nolan Principles and include the following directives:

- Holders of public office should act solely in terms of the public interest.
- Holders of public office must act and take decisions impartially, fairly and on merit, using the best evidence and without discrimination or bias.
- Holders of public office are accountable to the public for their decisions and actions and must submit themselves to the scrutiny necessary to ensure this.

https://www.gov.uk/government/publications/the-7-principles-of-public-life/the-7-principles-of-public-life--2

Yours sincerely, Teresa Read, Strawberry Hill

Letters published do not necessarily reflect the views of the Twickenham & Richmond Tribune, its Publisher, its staff or its advertisers.

Letters of approximately 500 words of body text will be printed at our standard 14pt font size, which will publish as a single page.

All letters must be submitted by the end of Thursday, prior to publication the following day on Friday.

The Tribune prefers letters to include the writer's name, but will publish anonymously provided details are supplied.





**SCARY PUNCH & JUDY OUTSIDE CRUSADER TRAVEL AT 4PM. 5PM & 6PM** 

SUITABLY SCARY COCKTAILS AT TSARETTA SPICE

### FREAKY FREE HAIR PARTY

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> **CARVED PUMPKIN** COMPETITION

BY THE CHURCH STREET TRADERS

# CHURCH STREET PUMPKIN TRAIL WITH SWEET HALLOWEEN TREASURE

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AT THE BREWERY MARKET

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# Veteran expedition coming to Twickenham: Grenadier Walk of Oman route revealed

Leading military charity Walking With The Wounded ('WWTW') has revealed the final route for its 6th international expedition, The Grenadier Walk of Oman, of which The Duke of Sussex is the Expedition Patron – and will be walking through Twickenham.

The team were due to cross the Omani desert, however, due to the global pandemic, they are now going to cross the UK, walking the equivalent distance of 10 marathons in 12 days, to raise funds and awareness for Walking With The Wounded's employment, mental health, care coordination and volunteering programmes supporting veterans and their families to get back on their feet and contribute in their communities once more.





Overview of the route

Starting on Pen-Y-Fan in Wales, the 6-man team will walk through Hereford (home of the Special Air Service 'SAS') and Cheltenham, before arriving at the start of the infamous Thames path- a long distance walking trail that follows the river Thames from its source in the Cotswolds before arriving in the heart of London and finishing at the Omani Embassy in London, in Belgravia. The team will be supported by a Grenadier vehicle for parts of the route. Due to various physical injuries, some

team members will only be able to walk part of the route – overcoming their individual situations to achieve what they can.

WWTW's CEO, Fergus Williams, said: "Although the expedition is now taking place in the UK, the team are walking the same 400km distance, which is no easy feat. We are looking forward to supporting them as they put their hard work to the test and walk to demonstrate that those who serve or served can overcome adversity."

Prince Harry, The Duke of Sussex, said, "The team at Walking With The Wounded understand that it's not about where you walk — it's about walking together with a common purpose and shared mission. These men and women know what service is, they've seen and overcome adversity, and they won't let obstacles get in their way. They are paragons of inspiration for communities everywhere. We wish them good luck and good weather."

# Stay Safe From Fraud

by Mac McInerny, Heatham Alliance community group and Neighbourhood Watch



### Bank card payment and cash machines are favourite targets for fraudsters

A few years ago there were reports of motorists being approached in the borough's car parks by a foreign visitor seeking help with the payment machine.

The 'visitor' was actually a fraudster who watched the victim entering their PIN number, stole their card and withdrew money from the bank account.

In Wandsworth the criminals impersonated parking wardens and one victim had £3,000 stolen from her current account.

Richmond Council published an alert to residents last January after a spike in card robberies in their car parks. Fraudsters were tampering with parking payment machines, their victims' bank cards were 'swallowed', the criminals later returned to collect the cards and thousands of pounds were lost from people's bank accounts.

Further cases were reported in Kew, Twickenham and Teddington, but they could happen anywhere.

Motorists are reminded that Pay and Display machines are designed to allow cards to be inserted only part of the way, so it impossible for the machine to swallow bank cards. If your card 'disappears' into the machine, you have been victim of fraud and should contact your bank immediately.

- Never enter your PIN into any cash or payment machine in view of anyone else.
- If you can, use contactless payments or cash at parking machines or use RingGo.
- If you suspect you might have fallen victim to a bank card scam, contact your bank immediately to cancel your card and put a stop on fraudulent transactions from your account.

STAY SAFE FROM FRAUD

# **Bushy Park Crabs**

Residents have been astonished to see crabs in Bushy Park. A spokesman for The Royal Parks said "There have been a small number of mitten crabs in the park for a number of years but fortunately these numbers are successfully managed by herons which feed on them, keeping them at consistent low levels."

Photo by <u>@julie\_twickers</u>



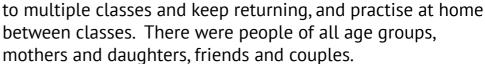
# AWAKEN YOUR LATENT CREATIVE TALENT WITH A WATERCOLOUR CLASS

By Alison Jee

I've followed @ipoojakapoor watercolours on Instagram and been bowled over by Pooja's lovely style of painting. To be honest, I was highly envious of her ability to produce such beautiful creative work with such relative ease! So I bit the bullet, and decided to attend one of her workshops.

These are held either on zoom (she has customers all over the world and with corporate customers booking them as teambuilding) or, if you are able to attend one, at various locations in and around London. I went to Old Amersham on a wet Sunday, where Pooja was running a session at Hawkyns, Atul Kochhar's restaurant at The Crown Hotel.

Pooja can provide all the materials required if needed. I soon discovered that she has a loyal band of followers who've been



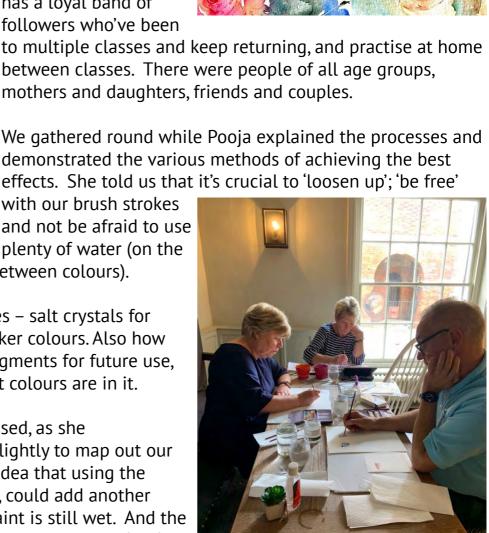
We gathered round while Pooja explained the processes and

with our brush strokes and not be afraid to use plenty of water (on the

paper and to clean one's brushes between colours).

We were shown how to use textures – salt crystals for example - to add interest with darker colours. Also how best to use our palette and save pigments for future use, reawaken the colours and see what colours are in it.

"It's all about having fun," she stressed, as she demonstrated how to use a pencil lightly to map out our painting before starting. I had no idea that using the end of my brush, or a cocktail stick, could add another dimension to my work while the paint is still wet. And the knack of spattering paint to add interest was completely new to me.



Pooja suggested our first attempt should be lupins – a perfect subject with lots of vibrant colours and opportunities to experiment with different brush techniques. Off we went to our tables (which we had laid out on arrival) and set about our own attempts at replicating her techniques.

Reader, it was a revelation! Some of the other people were old hands at this watercolour lark, having been taught by Pooja before, but in no time at all, we had all produced very passable attempts at foxgloves as demonstrated earlier. While we were painting, Pooja came round and gave tips – in my case, it was "put some water outside the paint area and then touch it to let the colours seep". This seemed alien to me, as my previous art attempts were neat and tidy, but I took her advice and was delighted to find that it really enhanced and 'loosened' my picture.

We stopped for a snack lunch that was included in the workshop price, before another tutorial where we were shown how to paint Black-eyed Susans and add textures to their dome-shaped central cones of tiny disc florets.

Pooja explained that we wouldn't achieve the same results again: that's the beauty of watercolour painting. My attempt was, I have to admit, surprisingly pleasing, and I've vowed to invest in a decent set of watercolours and brushes to experiment further. I hadn't really painted anything since my school days, but having enjoyed the satisfaction of creating and the relaxation it provided, I'll be busily experimenting.

I can't recommend Pooja's workshops highly enough – she has lots more information about them on her website thepetalsstudio.co.uk and there are more scheduled in central London most weekends till the end of the year, and very reasonably priced. You could also buy a voucher – what a fabulous present!

More info and dates of future workshops is on the link <a href="here">here</a>







# Richmond Local History Society talk Monday 11th October

Our President, **Paul Velluet**, who is a practising architect and an architectural historian, is our speaker on Monday 11 October (8:00 pm - 9:15 pm). Paul will talk on Arts and Crafts Richmond: Architecture and design in the early years of the twentieth century.

Paul's talk will be held in the Fellowship Hall at Duke Street Church (on the lower ground floor, accessed via the church's car park on Quadrant Road), and will also be streamed via Zoom.



Paul Velluet, the Society's President

The Arts and Crafts Movement, one of the most significant movements in design and architecture in Britain in the late 19th and early 20th centuries, drew upon the vernacular tradition and celebrated the continuing relevance and value of the work of the individual craftsman.

Although relatively small in number, surviving examples of Arts and Crafts buildings, structures, stained-glass, metalwork and schemes of interior design and furnishing in Richmond deserve attention and assessment.

In his talk, Paul will identify and examine this work and its value to the town of Richmond today.

Find details on how to book or access the Zoom stream **HERE** 





# Give rutting deer respect and space, urges The Royal Parks

The Royal Parks charity is urging visitors to Bushy and Richmond Parks to be extra vigilant and keep a minimum distance of 50metres away during the annual deer rut.

This advice follows the publication of a video, taken by a member of the public, that shows photographers, many with long lenses, dangerously close to stags in Bushy Park, London. In the footage one resting stag with sharp antlers, is so disturbed by the photographers' proximity, that it suddenly stands up and moves away.

The rutting (breeding) season is underway, in which male deer compete for breeding rights from now until November. Red stags and fallow bucks, flooded with testosterone and adrenaline, roar and clash antlers in a bid to fight off rivals and attract as many hinds and does as possible.

Phil Edwards, Bushy Park Manager commented on the video said: "Of course it's disrespectful



Photographers-too-close-to-rutting-deer Credit Sue-Lindenberg-Oct-2019

to get this close to wild animals, however what I really struggle to understand is why these photographers are taking such obvious risks with their own safety. These animals are wild and therefore unpredictable, and during the rut stags and bucks are pumped full of testosterone. Furthermore, they can weigh upwards of 25 stone and travel up to 30mph, so getting hit by one is the equivalent of being mown down by a motorbike.

"Richmond and Bushy Parks are very special because the wild deer roam freely, and animal lovers can observe them behaving naturally from a distance. What's not a pretty picture is seeing these majestic animals followed, cornered, sometimes even enticed so that people can get the 'perfect' shot of them. Keep Wildlife Wild by leaving them alone, and just give them a bit of respect."

During the rut, The Royal Parks is urging people to take responsibility for their own safety by:

- Keeping a minimum distance of 50 metres away. The more space the better, especially during rutting season. If visitors want a better view, they should bring binoculars
- Keeping dogs on leads or walking them elsewhere
- Abiding by the <u>British Deer Society's Code of Conduct.</u>
- Never getting in between two rutting deer

Over the years, there have been incidents where visitors have suffered injuries from rutting deer that could have been avoided. In 2018, a young girl who was being photographed next to a rutting stag was injured in Bushy Park, and in the previous year a visitor was hospitalised after suffering injuries from a male deer in Richmond Park. All incidents almost exclusively happen when people get closer than the recommended 50 metres.

Charles Smith-Jones, Technical Adviser for the <u>British Deer Society</u> said: "No matter how relaxed park deer may seem about human presence, never forget that they are wild animals. Please give them plenty of space and enjoy the spectacle of the rut from a sensible distance. This is not just to avoid disturbing them at this important part of the deer year but is very much for your own safety as well."

To read more about the deer rut in Bushy and Richmond Parks, and how you can keep yourself out of the action read: : 12 things you should know about the deer rutting season - Richmond Park; Bushy Park - The Royal Parks

# Tribune Snippets

# Strawberry Hill

### **Strawberry Hill Flower Festival**

the Strawberry Hill Flower Festival is open at Strawberry Hill House! The floral artists, growers & makers have done an incredible job getting their stunning displays ready. We can't wait to welcome visitors to experience the festival! Friday 8 – Sunday 10 October, 11am – 4pm

Find more details **HERE** 

# **Teddington**

### The Teddington Fiverfest begins this weekend

Starting this Saturday 9 October, the Teddington Fiverfest will see local independent traders offering a selection of £5 offers to shoppers.

Check out the Teddington Fiverfest listings with 24 local independent traders offering £5 special buy items.

Fiverfest will run for two weeks and ends on Saturday 23 October. Get out and support your local independent retailers!

View the full list of traders taking part **HERE** 

# Whitton

### Whitton Community Big Band gear up for first gig following launch

The Whitton Community Big Band are a relaxed and friendly community band which plays swing, Latin jazz, funk and rock in a Big Band format.

The band has a wide array of instruments and players including the trumpet, sax, trombone, clarinet, flute, tuba, piano, guitar, bass, vibes and percussion. All players and instruments are welcome to join.

Players should know their way around their instrument at a level of grade 3 or upwards and be able to read music. With the Big Band you can experience playing swing, Latin jazz/funk and rock within an ensemble. There are no limits on musician numbers.

The band rehearse on a Thursday at Whitton Community Centre from 7 to 9pm. There is a cost of £5 per rehearsal.

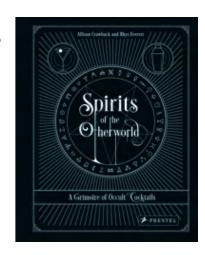
Contact the group via their <u>Facebook</u> page for more information or if you would like to join the group.

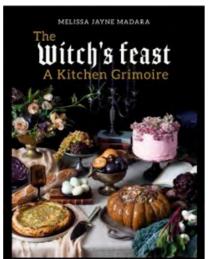
# Twickers Foodie - By Alison Jee

### SOME EARLY HALLOWEEN PREPARATION FOR FOODIES

Well, it's that awful time of the year again soon, when those ghouls and ghosts appear everywhere: in fact Halloween themed items have been in the shops already for quite some time. I've done some research for you into the more unusual and, of course, the easier options...

How about a Halloween cocktail book? There's recently been a very unusual one published called *Spirits of the Otherworld*: A Grimoire of Occult Cocktails and Drinking Rituals, by Allison Crawbuck and Rhys Everett. Here, alcohol meets alchemy in a fun, yet darkly fascinating collection of cocktail recipes for every mood and whim. For example, if vodka's your tipple, there's the Devil's Daughter, paying tribune to our most famous prophetess, Mother Shipton. It's an intriguing mix of mixology and magic. £14.99 hardback, published by Prestel.





Another interesting tome for this time of year is *The Witch's Feast*, by Melissa Jayne Madara. This is published later this month, in time for Halloween. At £25 it's hardback and is 'an indispensable companion to kitchen witchcraft, revealing the history and art of magical cooking.' Madara herself is a witch, herbalist and chef, and for anyone interested in the occult and the zodiac, it's packed with traditional recipes, devotional meals to the planets, seasonal feasts to celebrate solstices and equinoxes... as well as some practical spell work. It's really fascinating and packed with fabulous recipes: from celebrating a Gemini birthday with lemongrass pavlova, to enjoying the vibrancy of the spring equinox with a herb quiche and jasmine tea shortbread. Everyone can embrace their 'inner witch'

Here's a recipe from the book – you need an ice cream machine or be prepared to keep taking the container out of the freezer to stir it.

### **Blood Orange sorbet with Fernet-Branca**

- \* 700ml (24fl oz) freshly squeezed blood orange juice
- \* 150g (5½oz) honey, agave syrup or light corn syrup
- \* 25ml (1fl oz) vodka
- \* Fernet-Branca (or another amaro), for topping

Ahead of making the sorbet, freeze or otherwise prepare your ice cream machine as per the manufacturer's instructions.

In a small saucepan over medium heat, warm your blood orange juice to a simmer. Stir in your honey or syrup and whisk until dissolved. Remove from the heat and stir in your vodka. Place the syrup into your ice cream machine and run until the sorbet is prepared, about 1-2 hours depending on your ice cream maker. When ready, store in the freezer until serving time.



At serving time place a scoop of your sorbet in each glass, top each with 2 tablespoons of Fernet and serve immediately.

For the less ambitious, and those without much time on their hands, the shops are full of all sorts of Halloween paraphernalia. **Tesco** has a good range of products: if you are creative, you can channel your inner



monster with the Tesco Decorate Your Own Haunted Graveyard Biscuit Kit, complete with tombstones and bats for just £4.50. Alternatively, for those who'd rather opt for pumpkins as their blank canvas, Tesco has the Design Your Own Gingerbread Pumpkins Kit for kids to design their perfect pumpkin this Halloween.



Also available is this excellent value pack of nine Halloween Chocolate Fairy cakes at just £1.80. Six of the sponges are topped with orange vanilla fondant icing and a pumpkin sugar decoration, while three are topped with chocolate fondant icing and sugar sprinkles.



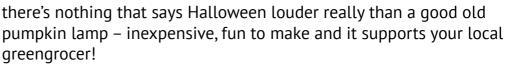
And **M&S** has given poor old Colin the Caterpillar a spooky makeover. The **Spooks in a Jar with Colin** has layers of chocolate sponge, chocolate sauce and lots more, topped with a Colin's skull face. This limited edition product is in stores now, at £4

And if you're wanting to send a Halloween gift to someone, M&S has a great range of online offers such as a Halloween Trick or Treat Gift bag at £30 that'll cover all bases with a range of tasty treats

to get one's fangs into. Or a Halloween Letterbox treat at £20, and if you really want to go to town there's a massive kit with everything needed to make Halloween 'petrifyingly perfect' for all the family. It has pumpkin carving kits, 'decorate your own' trick or treat buckets, ghoulish gingerbread biscuit kit, Halloween masks and more for £50



And don't forget to support your local independent stores. Lots of small bakeries will have their own Halloween biscuits and cakes and



Bobbing apples too, is a time honoured Halloween activity: The game's played by filling a tub or large basin with water, and putting apples in. Because apples are less dense than water, they will float on the surface. Players then try to catch one with their teeth.

Another fun game is to float some apple 'eyeballs' in cranberry juice. Use a small melon-baller to create apple balls, then carve a small

hole just big enough to wedge a raisin into it. and float them in a bowl of tomato juice (or Bloody Mary for the grown ups!). For the more artistic, carve a witches finger out of an apple wedge, leaving the skin on where the nail would be, or slide a slice of almond in to replicate a fingernail. Enjoy your ghoulish activities!



### Halloween in Church Street 2021

By Shona Lyons

The last time we had a full blown Halloween Party in Church Street was in 2019 and it was amazing to see how the Twickenham Community & as many adults as kids dressed up in elaborate Halloween costumes with full makeup and came to the street to enjoy themselves at the pubs, restaurants & shops whilst the kids had fun with the spooky balloon modelling, face painting, Punch and Judy etc.



2020 we did attempt something small but were severely restricted

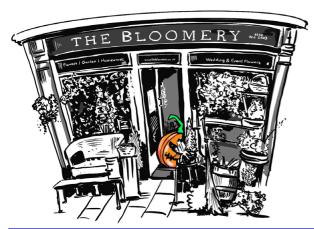


stock and I know that Miss Pretty definitely has all kinds of witches' potions and spells for sale!

Many traders will be carving Pumpkins for the Traders Carved Pumpkin Competition and most have already signed up to get their free Church Street Association Pumpkin and the sound of sharpening knives fills the air! They will display their carved and lit pumpkins outside their shops and this year we have the honour of the Mayor, Geoff Acton with his consort Jackie, coming to judge their exalted efforts.



New shops in the street like the hideaway boutique hair salon Piper Violet will be having a freaky free hair party, with scary hair, horror makeup and creepy cakes! The Brewery Market in particular love this event as it is their birthday! And this year it is their third birthday to be exact so they are celebrating with special goody bags, treats and tattoos. The fox this time round is under new management and also is getting onto the spirit with a pumpkin carving night on the 17th of October, a Ghoulish jazz night on the 28th and a Fright Fest from the 29th until the 31st with DJs and Live entertainment all weekend.



We are also having a really nice Pumpkin Trail with lots of the shops involved. We will have trail sheets on the day and the idea is to go from shop to shop that are displaying a spooky pumpkin picture and answer the clue on the trail relating to that shop, pub, office or restaurant & move on until all the clues are answered and you have reached the final sweet Halloween treasure stop! This year as in previous years the very talented Simon Cassini Eel Pie Island Artist is again making the pictures for us.

There will also be craft stalls in the street selling all kinds of wares from cup-cakes and cookies to candles and craft beer to crepes, Street food, hot chai, jewellery & arts and crafts.

# TIBULL HUCHORED



# Der fliegende Holländer: Preview Normansfield Theatre, Teddington from 22<sup>nd</sup> October

Opera critic Thomas Forsythe discusses Rose Opera's forthcoming production of Wagner's *Der fliegende* Holländer (The Flying Dutchman) with Artistic Director, Tamara Ravenhill and its Designer, Alan Bain

TF: May I say how much I enjoyed the Rose Opera Gala 2021 back in June. No Wagner there though, so why did you choose Der fliegende Holländer for this autumn?

TR: Thank you. Rose Opera aims to explore the challenging grand opera repertoire in an accessible and affordable way. We would like to show that some "difficult" pieces can be presented to wider audiences by smaller groups, yet in a compelling fashion. Der fliegende Holländer is not often performed: it was last seen at the Royal Opera in 2015.

Here is an opera known for its grand TF: theatrical spectacle, and the original stage directions mention ghost ships and Senta and the Dutchman flying upwards. Doesn't this make it a bit impracticable for a small scale realisation?

AB: Wagner's stage direction is almost cinematographic. If he made it as a film, would be very spectacular with a vast special effects budget! However, this is not Hollywood and we have to be realistic. The sea remains central and,



yes, we have a ship (but no flying). We have tackled the costume challenges by relocating the action to a more familiar location!

TF: The double choruses required must have provided a challenge. I recall that Longborough used a recording for the chorus of Dutch sailors. How has Rose opera approached this problem?

TR: Although we are a small opera company, we are extremely fortunate to have the amazing Alethea Tabor who has worked hard with the chorus in text, language and music. One benefit of more unusual repertoire is that singers travel from far and wide to join us.

TF: If one isn't a Wagner fan, why would you go and see it?

TR: It is a gripping story which tells itself through wonderful lyrical music. There is a powerful sense in human voices riding on an orchestra of forty, telling a story of redemption. Plus, it has quite a bit of the supernatural, and we are approaching Halloween!

I hope to be at Normansfield Theatre during the weekend of 22<sup>nd</sup> October to see Rose Opera's TF: Der fliegende Holländer. Tamara and Alan, thank you.

Read the full interview at <a href="https://www.markaspen.com/2021/10/03/fly-dutch-prev">www.markaspen.com/2021/10/03/fly-dutch-prev</a>

Photography by Alan Bain

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# **Dirty Dancing** by Eleanor Bergstein

Karl Sydow at Richmond Theatre until 9th October, then on tour until 18th December

Dirty Dancing opened its tour at Richmond, so I took my maiden aunt. No, just kidding! But the lady I was with remarked "We gals thought the bare-chested scything in Poldark was pretty sensational, until now, when Johnny Castle takes his shirt off". Michael O'Reilly plays the heart-throb lead and *Dirty Dancing* has quite an aficionado following, ladies of all ages, who know just what to expect.



This is the atmosphere for the fast-paced, high-energy show that opens Richmond Theatre's own programme, after eighty weeks of Covid closure, dark days now blown away by the light and sound and life of a dynamic musical.



As the star-dust settles from the chest-echoing start of the show, the scene is set in a lakeside holiday-park in the Appalachians. There is a generational change of direction in the summer of 1963 in the USA. At Kellerman's, while the older generation share recollections and exasperation, the younger generation exchange aspirations and perspiration, as they dance their way to a coming of age.

Dancing and romance are the main sources of entertainment at the resort, and the owner Max Kellerman turns a blind eye while his young waiters and dancers become gigolos for the older lady guests. The alpha plus of these dancers is Johnny Castle. Kellerman's, though, is popular with families, who come with no knowledge of its sleazy side. Some of the older couples, however, are only too aware.

The dancing in *Dirty Dancing* is sensual, athletic, energetic, suggestive and hot; the dancers superbly supple and sinuous. It is, well ... dirty!

Arriving innocently on holiday into this emotional powder-keg are Dr

Jake Houseman, his wife and

daughters, daddy's girl teenager "Baby" and Lisa. The inevitable happens, Baby (Kira Malou) falls for Castle and big sister Lisa falls for Robbie, a Yale medical student working as a waiter. These characters have a long emotional journey over those three short holiday weeks ......

Read Mark Aspen's review at www.markaspen.com/2021/10/07/dirty-dance

Photography by Mark Senior

# DESTECTIN (USARD (UMED

# Mark Aspen www.markaspen.wordpress.com Expressing the art of the theatre critic

# The Browning Version

by Terence Rattigan
The Questors, at the Questors Studio, Ealing until 9th October

Watching the perceptive and penetrating *The Browning Version* with our 21st century mind-set, it is almost impossible to believe that Kenneth Tynan once dismissed Terence Rattigan as one of a slew of Non-Controversial Western Playwrights. This perfectly carved cameo of a one-act play exposes themes of gender, repression, and desperate compromise.

Simon Taylor as Andrew Crocker-Harris carries the emotional weight of the evening in his portrait of a



man who has built a façade only to see it become a prison. We see him pinned between the casual cruelty of his wife Millie (Caroline Ash) and the careless condescension of Dr Frobisher, the Headmaster (Robert Gordan Clark). Although the play takes place in real time, the slings and arrows of two decades of life are revealed. The younger, more confident master, Hunter (James Burgess) is **Ægisthus** to Crocker Harris> Agamemnon, but Rattigan is bold enough to conjure a different ending.

Quinn Goodliffe plays the student Taplow with the blend of easy charm and burgeoning awkwardness of a boy on the verge of manhood. Rattigan's writing and Goodliffe's performance give us a plangent contrast between the boy Taplow, alight with sensitivity and spontaneity, and the man he might become.

Rattigan is masterful at showing the devastating consequences of believing the stories we invent about one-another, and about ourselves. The newlywed couple (a sparking Jordan Fowler as Mrs Gilbert and Oscar Gill as Peter Gilbert) are already referring to each other in stereotypical roles in a tragic foreshadowing of the estrangement of the Crocker-Harrises from each other and from themselves.



The pivotal scene between Crocker-Harris and Gilbert is directed beautifully by Francis Lloyd, elevating a moment that could have played as exposition in less skilled hands. Oscar Gill's deeply embodied characterisation of the sympathetic stranger lends a believable sense of unburdening to Taylor's emotional speeches. Rattigan has written a surprisingly prescient play in which acceptance is the terrain where change can finally grow.

Read Emma Byrne's review at <a href="https://www.markaspen.com/2021/10/02/brown-versn">www.markaspen.com/2021/10/02/brown-versn</a>

Photography by Jane Arnold-Forster

# ANGERS DANCE ON DINHEADS

# Mark Aspen www.markaspen.wordpress.com Expressing the art of the theatre critic

# We Are As Gods

James Cousins Company at the Battersea Arts Centre until 10th October

James Cousins has for some time been a rising star, an interesting choreographer to keep an eye on. We Are as Gods, his takeover of BAC, is his first large-scale immersive experience, intended as a celebration of dance and life after eighteen months of lockdown. There is a cast of seventy dancers, scattered around the many halls, stairs and secret passages of Battersea Arts Centre, moving in and out of performance moments. The setting makes it a novel experience.





Amongst the audience chatter, slowly something begins. White clad apparitions appear on the grand staircase, with gold lips and eyelashes, angelic in their appearance, with tufts of white tulle angel's wings, white trainers with gold shoelaces recalling the winged feet of the god Hermes. They stare quietly into space, faces lost in reverie, a finger here and there pointing towards the heavens. As you follow their silent command and ascent the staircase, you have to seek them out, scattered across the galleries and many hidden spaces, decorated with disco balls and ancient Greek statues. There's an atmosphere of opulent

decadence that contrasts nicely with the dilapidated walls and crumbling paint

We create our own individual night, getting lost in the maze of the huge building, discovering surprises from basement to rooftop. When one performance ends, following a persuasive smile finds your next adventure. I am assured that you really can't miss anything. However, that is hard to believe when you just discover another hidden room decorated as a 1920's cabaret, or a dingy basement bedroom where two dancers artfully peel each other out of their sequinned pants ... then into a small courtyard where you suddenly find yourself under the stars, surprised that it is drizzling!



Read Suzanne Frost's review at <a href="https://www.markaspen.com/2021/10/08/we-qods">www.markaspen.com/2021/10/08/we-qods</a>

Photography by Camilla Greenwell

### Travel news

By Bruce Lyons



On Wednesday October the 6th The Govt shredded the RED list and what was left was further shredded today and now there are only 7 REDs left. Even as this goes to press, we are told to expect further changes to the "test to release" requirements bit they are not sure when they will change NOR how, but maybe it will be clearer by the October School break.

You may say it is all chaos but let's be generous and say they are only trying to keep us safe!

However, before you all rush off (I should be so lucky!!) to the four corners of the universe you better know there is a catch. Not every country is ready yet to receive tourists and even though the Government says it is ok to go from their (UK) standpoint they do not discipline (well they can't really) what other countries decide – and some of them are either totally – YOU CANNOT COME YET or make what appears to be draconian rules to observe.

This week we have had a flurry of, can I go to Borneo, or Australia or ....... Well, dear reader check the small print –but there are good signs that things should continue to improve, one of the biggest problems is the low rate of vaccinated people in many countries and of course those host countries don't want an uncontrollable situation, especially as their Medical Support maybe far inferior to that which we enjoy in Britain.



So, if your relative lives in say Malaysia put your journey off and take a break instead to say Austria – you haven't been there? It's wonderful in the Autumn they say. No matter, I'm going off to see my Grandson (the oldest) get married – and I can tell you that was not plain sailing – far from it – and I have had my booster !!- I may even have to isolate and goodness knows what else. It is all a sort of challenge and I think that is how we should all approach it – Get there – stay safe and follow the rules.

Just now a lot of people are travelling with quite a bit of trepidation, but that is mainly caused by the speed of the

changes. Don't be daunted just sit down with a cup of coffee or your favourite tipple and study the small print (the devil is in the detail)

My view is that as the weeks go by things will become simpler, we may get left for a while with disciplines and protocols that we have to follow – but be sure of one thing we are far luckier than many of our neighbours and it does seem that the authorities have got the Virus under control.

By Christmas I am sure it will all be simpler and travel will once again become plain sailing And as for Advice – Don't Rush off and book the trip to Borneo – Australia or New Zealand before you know they want you!

Last week I wrote about the USA and giving the go ahead to travel from Early November – whilst no date is announced yet – what I can tell you is the Embassy has now opened the Digital ESTA (visa) line, so we could see a date within days

If you want us to make a booking, we will help you follow the travel updates. Just give us a call or op into Crusader Travel at 58 Church Street.

# TRAVELLER'S TALES 107 A CORNER OF EAST SUSSEX

### Doug Goodman takes a late summer break near Hastings

Four days of non-stop sunshine provided a very welcome short break and the chance to see some of the attractions in East Sussex and Kent. When my friend Nick offered us the use of the caravan he had booked in Coghurst Hall Holiday Park near Hastings, I didn't know what to expect. Images of a wooden caravan parked in a muddy field with a wash house some distance away came to mind. How wrong! It was a mobile home set in a park with a lake. A folder of information was provided at reception and a map helped to locate our home. It was spotless, well fitted and ideal for two people, although with three bedrooms it could accommodate six. A large living area with plenty of seating and a big screen TV were next to the kitchen. We found a fridge, freezer, cutlery, crockery, glasses and plenty of storage space. The beds were made up and even loo rolls provided . The morning after arrival a member of staff came to enquire if everything was satisfactory and arranged for a light bulb to be replaced within twenty minutes. The park had a shop, amusement arcade, a bar and restaurant. Vouchers for free drinks and certain items on the menu were in our welcome pack. I was impressed.

Near Robertsbridge, on our way from Twickenham, we stopped at the National Trust's Bodiam Castle. Stunningly beautiful and like something out of a film-set was my first impression. Bodiam Castle was built in 1385 by Sir Edward Dalyngrigge with permission of Richard 11 to offer defence against a French invasion during the Hundred Years War. Constructed not only as a castle but also as a home with inner courtyards to allow living and working space.



**Bodiam Castle** 



Holiday Park



Fish Net Huts



Beach at Hastings

### SIGHTSEEING IN SUSSEX

Hastings was only a short drive from Coghurst Hall through some very narrow country lanes. The old part of the town is the main attraction with its rows of tall wooden shacks built long ago to store fishing nets. Hastings once was a major spot for landing fish but as it had no port its fishing boats were registered in nearby Rye. The local catches provide some of the best fish and chip meals you could wish for. The new town with a pier is about a mile along the coast with a little train to make the journey easy. A museum covers the history of Hastings and its fishing fleet while the Ship Wreck Museum describes many of the tragedies experience by local boats. Two funicular lifts take you to the top of the cliffs for superb views.

On 14th October 1066 the Norman invasion took place. William Duke of Normandy defeated the Anglo-Saxon King Harold Godwinson at a spot now commemorated at Battle Abbey. The remains of the abbey are impressive and panels all over the site describe the conflict and the subsequent construction of the abbey.

The town of Rye is easily reached from the holiday park and worth spending a day exploring its ancient cobbled streets. In medieval times it was an important centre for trade and commerce and a member of the Cinque Ports Confederation. The heritage centre is a good place to start your visit. Here, the town's history is illustrated and there's a model of how Rye would have looked in the mid-19th century. Ypres Tower served as a castle. court house, private home and a gaol. You can visit the cells and climb to the top of the tower for a view over an area which was once one of the most important harbours in the country. The Mermaid Inn traces its origin to 1158 and gave us a very enjoyable lunch. Onto Dungeness through bird sanctuaries, lakes and vast expanses of shingle. The nuclear power station and two lighthouses dominate the spit of land in this area. Derek Jarman's black and yellow cottage looks inviting after being rescued for the nation but living in such a wilderness must have been tough. For an exciting train journey there's the Romney, Hythe and Dymchurch miniature railway covering 15 miles from Dungeness to Hythe.



Battle Abbey



Site of the 1066 Battle



Rye Town Entrance



Rye Mermaid Inn

### A SPECTACULAR GARDEN

Great Dixter was almost on the route home and it's a garden we had always wanted to see. The house was built in the mid-15th century, restored and enlarged by Lutyens to provide a home for the Lloyd family. Christopher Lloyd devoted his life's work in creating a beautiful, experimental and constantly-changing garden. The long border is a mass of colour while paths through the main gardens are dominated by a huge variety of giant plants and shrubs. If you decide to buy plants from the nurseries expert advice is on hand.

In East Sussex there are so many National Trust, English Heritage and private properties to visit with beautiful gardens. Plenty of vineyards exist in the area too and now that more planting of vines is taking place as the climate warms, we can expect to be drinking a lot more English wine.



Dungeness House of Derek Jarman



Romney Hythe and Dymchurch Railway



Great Dixter Gardens

### WIZ Tales - Poland

Teresa Read

The Republic of Poland is one of the largest countries of Europe.

Polish legend tells of three brothers, Lech, Czech and Rus, who travelled Eastern Europe founding countries. Lech is said to be the founder of Poland.

Bialowiesk Forest, on the World Heritage List, is Poland's oldest National Park.

Poland's Wieliczka Salt Mine is on the UNESCO World Cultural and Natural Heritage List. The mine, which has been worked since the thirteenth century, displays many beautiful sculptures which have been carved in salt by miners.

A number of buildings in Poland are inscribed on the World Heritage List. Inscriptions include the Castle of the Teutonic Order in Malbork, the Churches of Peace in Jawor and Swidnica, the Wooden Churches of Southern Little Poland, the Medieval Town of Torun, the Old City of Zamosc, the Centennial Hall of Wroclaw, Cracow's Historic Centre and the Historic Centre of Warsaw.













Country information and more photographs of Poland <a href="https://worldinfozone.com/gallery.php?country=Poland">https://worldinfozone.com/gallery.php?country=Poland</a>

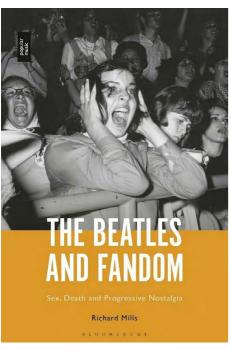
Thanks to the Economic and Commercial Department of the Polish Embassy and Polska Organizacja Turystyczna for the photographs

# St Mary's University

# St Mary's Beatles Expert to Launch Latest Book at Richmond Literature Festival

Senior lecturer in Literature and Popular Culture at St Mary's University, Twickenham, Dr Richard Mills is due to celebrate the launch of his latest book The Beatles and Fandom: Sex, Death and Progressive Nostalgia as part of the <u>Richmond Literature Festival</u>.

The event will be held at The Exchange, Twickenham on the 10th of November at 7:30pm and will consist of an interview between author Richard Mills and Dr Holly Tessler the Course Lead of The Beatles: Music Industry and Heritage MA at the University of Liverpool. General admission tickets cost £10 and £8 for concessions.



Mills has delivered an intrinsic study on how the stages of fandom move and process. Amy Hughes, Beatles Freak Reviews

Speaking of the event, Richard Mills said "I am very flattered and excited to taking part in such a prestigious literary festival. Come and

see Holly and I discuss an alternative history of the Beatles phenomenon: a fans' history of the Beatles that runs concurrently with the popular story we all know."

You can read the full book review on the <u>Beatles</u> <u>Freak Reviews website</u> and book your tickets for the launch on <u>The Exchange website</u>.

### St Mary's University Launches Edinburgh Campus

St Mary's University, Twickenham, has formally launched its new Edinburgh campus in a boost for Catholic education in Scotland.

Guests, students, and staff attended Mass

and a reception at the Gillis Centre last night (Wednesday) where courses begin today.

In his homily, Archbishop Cushley said, "We ask the Lord to bless this new venture abundantly.

"If it is the Lord's will, we will have begun something that will, in the fulness of time, bring greater strength to Catholic education in our land, and to the greater glory of God."

After Mass, students got the chance to see the newly refurbished classrooms and chat with course leaders and St Mary's staff.



Guests included Bishop Joseph Toal (Motherwell Diocese) and Bishop Richard Moth (Arundel & Brighton Diocese), St Mary's Chair of Governors at, as well as headteachers from local schools.

Bishop Moth said, "This is an important moment in the life of St Mary's and, we pray, in the life of Catholic Education in Scotland.

"It's a wonderful step forward to work with the Archdiocese in assisting the growth of theological study."

St Mary's Vice-Chancellor Anthony McClaran said, "From the beginning there was an absolute understanding and a commitment between St Mary's and the Archdiocese that we would see this venture come to light.

"That's why it's wonderful to see it happening this evening as we launch St Mary's University here in Edinburgh."

To find out more visit <a href="mailto:stmarys.ac.uk/Edinburgh">stmarys.ac.uk/Edinburgh</a>

University

London

Twickenham

# FOOTBALL FOCUS

By James Dowden

# **BRENTFORD FC**



# Wissa strikes late on to seal all three points West Ham United 1-2 Brentford

Yoane Wissa volleyed in a late winner deep into injury time to give Brentford all three points at the London Stadium and ensured that the Bees' impressive start to life in the Premier League continued. Bryan Mbeumo had initially opened the scoring for the away side midway through the first half, but the Bees looked to have been pegged back late on when Jarod Bowen also volleyed in. However, Wissa was the quickest to react inside the box after a late free kick had been sent into the box and he produced a composed finish to win it at the death.



In an entertaining and attacking game both teams produced chances and it was the away side who went the closest early on. Mbeumo had a couple of the chances, with the Frenchman picking up the ball on the edge of the box following a corner and seeing his shot clip the crossbar on its way over with Łukasz Fabiański rooted to the spot.

Mbeumo then found himself on the end of a cross from the left by Rico Henry but from inside the six-yard box he couldn't direct his header on target and the attempt drifted wide.

At the other end West Ham United's first chance of note also came with a headed effort. This time it was a corner from Bowen picked out the head of Kurt Zouma but like his compatriot Mbeumo he was unable to find the target, his header hitting the outside of the side netting.

Mbeumo however wasn't to be denied and with 20 minutes played in the first half he opened the scoring. In a slightly deeper position Ivan Toney picked up the ball and played the pass through to Sergi Canós. Canós did well to get a strike off across goal that Fabiański palmed out to his side and following in was Mbeumo to stab home. Initially there was a pause in the celebration as there was a wait for goal line technology, but Mbeumo was soon after turning away to celebrate in sunshine.

Saïd Benrahma was in action competitively against his former for the first time and the Algerian's first sight of goal came shortly before half-time. The attack found himself with time on the ball and space on the edge of the area and curled a strike that had former teammate David Raya scrambling across his goal.

After the interval he went even close from a similarly central position from outside the area, this time from a free kick, which Raya had to tip the ball over on its way over the crossbar.

Benrahma had grown into the game and slid in a perfectly weighted pass for Bowen to get onto, but once more Raya was on head, spreading himself to make the block and preserve the

lead.

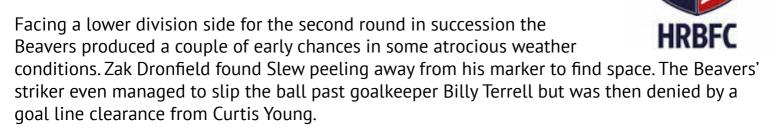
The lead lasted until late on but West Ham Unite scored what looked to be an equaliser with ten minutes to play. A corner from Aaron Creswell was initially headed out by Ethan Pinnock but Bowen volleyed in the loose ball to appear to give the home side a share of the points.

Brentford showed great character and resilience to go again once more and dramatically late on. A free kick from Mathias Jensen was curled into the box and after Pontus Jansson's initial header was kept out by Fabiański, Wissa popped up to slam home the rebound into the bottom corner and keep the Bees unbeaten away from the Premier League so far this season.

# Hampton & Richmond Borough

# Beavers progress through in FA Cup Hampton & Richmond Borough 3 – 1 Wimborne Town

Hampton & Richmond Borough progressed through to the Fourth Qualifying Round of the FA Cup for the third time in four seasons as second-half goals from Sam Deadfield, Jorome Slew and David Fisher, the exact same goal scorers from the previous round, gave them a victory at the Beveree Stadium against Wimborne Town.



Soon after Jake Gray then delivered an excellent corner kick that Charlie Wassmer got a powerful header to, only to see Terrell make a fine individual save and tip the ball onto the woodwork and away to safety.

Alan Julian was making his 600th career appearance in football but was not hugely troubled by the lower league visiting side and comfortably held on to a strike with the outside of the foot from Morgan.

The Beavers started quickly after half-time and just three minutes into the second half they had taken the lead through a penalty. A long free kick from Kyron Farrell was flicked on by Dean Inman into the path of Ruaridh Donaldson who was fouled just as he went to shoot. Deadfield then calmly stepped up to dispatch the penalty and set the Beavers on their way.

The Beavers then doubled their lead through Slew. Ryan Gondoh was the instigator as his shot from outside the area couldn't be held by Terrell and Deadfield nipped in ahead of the keeper to slide the ball across goal for the simplest of finishes for Slew.

The tie was the effectively sealed with a third goal from Fisher. A corner from Gray was met by

the head of Wassmer and in the goalmouth scramble that followed Fisher emerged to poke the ball home and give the Beavers breathing space.

There was a late consolation goal for the away side as Morgan squeezed a shot in at the near post to deny Julian a clean sheet. In the end it proved immaterial as the Beavers move to within a game of the coveted First Round Proper and a potential date with a Football League side.

### **Anderson leaves Beavers**

Hampton & Richmond Borough have announced the departure of Myles Anderson by mutual consent.

In a statement on the club website the Beavers said "We can confirm that Myles Anderson has left the club by mutual consent.

Myles signed on for the Beavers at the start of the season after impressing on loan in the previous campaign. We thank Myles for his attitude and application over the course of this season and wish him well for the foreseeable future."

### Beavers drawn away in FA Cup

Hampton & Richmond Borough will play away against Ebbsfleet United following the conclusion of the draw for the Fourth Qualifying Round of the FA Cup.

The Beavers will travel to Stonebridge Rd on Saturday 16th October for the right to play in the First Round Proper, where teams from League One and League Two enter.

This marks the third season in four that the Beavers have reached this stage of the competition and they have progressed through two rounds of qualifying to reach this stage, beating Walton Casuals 3-0 and Wimborne Town 3-1.

The two sides have already played each other in the National League South this season with the Beavers running out comfortable 3-0 winners at the Beveree Stadium.

### **UP NEXT FOR HAMPTON**

Opponent: Chelmsford City (H) 9th October 15:00 Beveree Stadium

Nickname: The Clarets

Competition: National League South - Matchday 8

Manager: Robbie Simpson

Interesting fact: In 1977 Chelmsford City were one of six clubs to represent England in the Anglo-Italian Cup

## Bring on crunchy leaves, cosy jumpers, hot chocolate, and crisp mornings as autumn closes in with its golden glory!

Soak up the fiery hues of autumn trees and celebrate the season in the Royal Parks with art fairs, historical walks, Halloween themed events, nature play, high teas and more.

For a full list of events taking place in the Royal Parks visit our What's on page.

#### 1. Get cultural at Frieze art fairs in The Regent's Park

Indulge in some of the best works from leading and emerging contemporary artists during Frieze London.

The event will feature performance-based installations, debates, panel discussions and keynote lectures. And coinciding with Frieze London is Frieze Masters, bringing together 130 galleries specialising in pre-21st century art.

You can also visit the Frieze Sculpture Park, set in the English Gardens in The Regent's Park, free until Sunday 31 October.

You can find an informative audio quide to this year's sculptures here.

When: 13 – 17 October Where: The Regent's Park



### 2. Spook it up with our bone-chilling Halloween events

Treat the family to a feast of FREE hair-raising activities this October Half-term from ghostly storytelling, creepy crafts, eerie nature trails, potent potions to fang-tastic bug hunting.

We have activities running every day during the school half-term week in a variety of locations:

- Monday 25 October Mission: Invertebrate Roadshow, Brompton Cemetery
- Tuesday 26 to Thursday 28 October Discovery Days, Hyde Park
- Friday 29 October Mission: Invertebrate Roadshow, Brompton Cemetery

For those who do not scare easily, join our **Dead After Dark: The Queen's Gardens ghost** walk.

Brave the gruesome tales of buried secrets and nightmarish hauntings in St James's Park and The Green Park on this magical yet eerie night walk. We will bring to life

enchanting stories of walking statues, sentient trees, secret tunnels, headless women, shapeshifting rats and more.

When: Thursday 21 October Where: St. James's Park, The Green Park

**Buy ghost walk tickets** 

### 3. Cheer on runners at the Royal Parks Half Marathon

We are excited to welcome the Royal Parks Half Marathon, presented by Royal Bank of Canada back to the parks on Sunday 10 October.

We look forward to welcoming thousands of runners on race day who will start their 13.1 miles on The Mall. Welsh rugby player Gareth Thomas is starting the race on behalf of the charity. The race will finish in Hyde Park where friends and family are invited to join their runners to celebrate at the Finish Festival.

The race made the bold step of removing all water stations from the racecourse, asking all participants to be selfsufficient with their hydration. With this change, we'll eliminate 165,000 plastic bottles from the course and 70,000 compostable cups while also reducing vehicle movements and travel that was previously necessary to recycle and compost this waste.

Find a spot along the route to cheer on participants and celebrate the beauty of the Royal Parks here.

When: Sunday 10 October Where: Kensington Gardens, Hyde Park, The Green Park, St. James's Park

#### 4. Discover the hidden history of Hyde Park and its secret pet cemetery

For centuries, this famous space covering 350 acres has provided royals and members of the public with a green oasis to escape the hustle and bustle of the city.

Join our guided walk that brings the park's history and culture to life with stories from Tyburn Tree, The Great Exhibition, Rotten Row and Peter Pan.

In the lead up to Halloween you will also have a special chance to explore the rarely-opened Victorian Pet Cemetery in Hyde Park dating back to the 1800's with over 300 tiny headstones marking beloved pets.

When: Friday 15 October Where: Hyde Park

#### 5. Fire up the kids' imaginations in Greenwich and The Regent's Park

From dressing up to making up games, from constructing cardboard space-ships to knocking down towers of teddy bears

- Our Play in the Park team will ensure that the possibilities are endless.



Our **free** play sessions run from April to October complimented by events and mini play projects inspired by the parks.

Bring your family along to one of our fun and creative play days in and around The Regent's Park, Gloucester Gate and Greenwich Park playgrounds.

Find out more about nature play and it's benefits here.

Newly refurbished **Gloucester Gate Playground**, The Regents Park

Sign up for Wednesday 6 October play session Sign up for Wednesday 20 October play session

**Greenwich Park Playground** 

Sign up for Friday 15 October play session



#### 6. Get Fit for Free with Our Parks

Have you ever heard of the phrase "Summer bodies are made in winter"? Although it may be colder and darker and you feel your motivation slipping, there are still plenty of perks for staying fit in Autumn, for example how amazing does it feel to have the crisp autumn air cooling you down after an intense workout or run?

Another exciting bit of motivation for staying fit in Autumn is 'Our Parks', a brand-new initiative allowing you to participate in quality group exercise classes, outdoors in one of your favourite parks all for free.

When: Free classes on various days of the week Where: <u>Kensington Gardens</u>, <u>The Regent's Park</u>, <u>Richmond Park</u> Find out more

### 7. Get ready for Winter Wonderland

Although it is not quite winter yet, why not be prepared for the much-loved mid-November wonderland spectacular and get your tickets now?

Yes, you heard correctly – Winter Wonderland is back this year and better than ever! The UK's most iconic festive event is back with a wondrous list of attractions, new themes and returning favourites including the UK's largest outdoor Ice Rink, new Magical Ice Kingdom and Bar Ice experiences, new Zippos Christmas Circus and Cirque Berserk shows, the Giant Wheel, and more.

When: Friday 19 November - Monday 3 January 2022 Where: Hyde Park

#### 8. Go bird spotting on a walking trail

Walking is a wonderful way to experience the changing seasons as well as the exotic and native birds on migration over autumn.

Our parks have miles of paths for you to explore as well as a wealth of different bird species.

The seven-mile-long <u>Diana Princess of Wales Memorial Walk</u> passes through St James's Park, Green Park, Hyde Park and Kensington Gardens and if you live further out of London then Bushy Park's five <u>self-guided walks</u> are a perfect mixture of woods, gardens, ponds and grassland for you and the variety of birdlife to enjoy. With help from our <u>bird spotter sheets</u>, you can have a go at identifying some of the wonderful creatures in your favourite Royal Park on your next walk or join the <u>Friends of</u>

Greenwich Park as they go for their monthly bird watching ramble.



# 9. Visit the world-famous Meridian line and Royal Observatory in Greenwich Park There's so much to explore at Royal Observatory Greenwich, from historic objects, to cutting edge astronomy.

This autumn you can look forward to starry-eyed events where you and your family can take a voyage across the solar system and explore its many moons or have an evening with the stars with the rare chance to look through the 130-year-old Great Equatorial Telescope in return of this popular live planetarium event.

When: Open daily, 10am to 5pm Where: Greenwich Park

**Find out more** 

#### 10. Treat yourself to an elegant breakfast or decadent afternoon tea

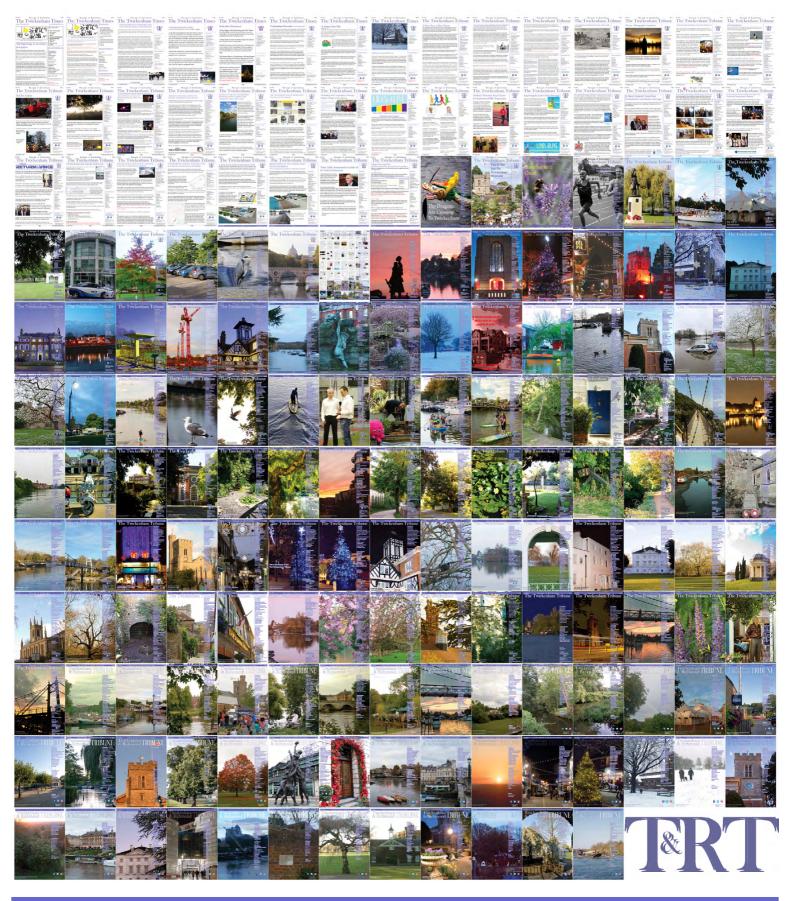
When it comes to food and drink in the Royal Parks, you are spoilt for choice. There is something for every occasion from the convenient ever-necessary cup of coffee and croissant to a lush fancy day out with champagne, scones, and all.

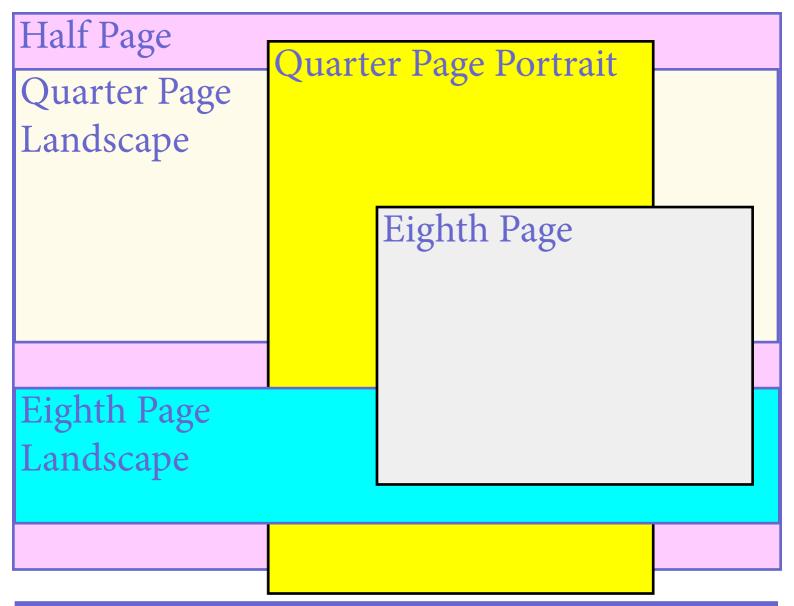
If feeling like a royal floats your boat then visit <u>The Orangery</u>, located next to Kensington Palace. The beautiful airy space has huge windows allowing for an unrestricted view of the autumnal trees while you enjoy a lavish breakfast.

Richmond Park's <u>Pembroke Lodge</u> is another must if you are looking for that picture perfect afternoon tea. The magnificent listed Georgian Mansion is set in 13 acres of landscaped grounds, situated at the highest point in Richmond Park, boasting spectacular views over the Thames Valley in autumn.



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#### Published by:

Twickenham & Richmond Tribune (in association with World InfoZone Limited)

Registered in England & Wales Reg No 10549345

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